

## MOST NEEDED DONATIONS



### FUNDS

- **Collect Cash/Checks** – please convert cash to a cashier’s check
- **Host a Virtual Food Drive:** [SecondHarvestMadison.org/VFD](https://SecondHarvestMadison.org/VFD)

**For every \$1 donated, Second Harvest Foodbank can provide up to 3 meals.** Strong local food industry donor relationships and avenues to obtain quality, nutritious food at reduced prices enable a dollar to go much further in our hands than the common market.

### NON-PERISHABLE FOOD



#### **MEATS, FISH AND PROTEIN**

Canned tuna, ham or chicken, beef stew, chili, peanut butter, canned/dried beans



#### **FRUITS AND VEGETABLES**

100% fruit juice, canned fruits and vegetables, instant potatoes (boxed/ dehydrated)



#### **COMPLETE MEALS**

Pasta and sauce, Ramen, hearty soups, boxed meals, Tuna/Hamburger Helper, mac & cheese, pancake mix and syrup



#### **GRAINS**

Cornmeal, rice, flour, cereal, crackers, bread, tortillas (shelf-stable)



### NON-FOOD GROCERY ITEMS



#### **PERSONAL CARE ITEMS**

Baby wipes, diapers (disposable), feminine hygiene products, toilet paper, razors, bar soap, deodorant, facial tissue, shampoo, shaving cream, toothbrushes and toothpaste



#### **CLEANING SUPPLIES**

Laundry detergent, liquid dish soap, hand soap, paper towels, plastic food storage bags, kitchen and bathroom cleaners