

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

30 WAYS IN 30 DAYS

September is Hunger Action Month and Second Harvest Foodbank is asking everyone to speak out against hunger in their southwestern Wisconsin community.

Follow this calendar for daily ways to make a difference giving funds, food, time and voice. Visit SecondHarvestMadison.org to take action against hunger all year!

1 Stat-urday!
1 in 6 children struggle with hunger in Wisconsin.

2 Request to begin receiving the foodbank e-newsletter. Sign up @ SHFBMadison.org/Connect

3 Labor Day: Host a food drive at your Labor Day Party!

4 Print this calendar and post it on your office refrigerator.

5 Go to a Food Fight restaurant (FoodFightInc.com) for lunch and order off the Harvest menu. \$1 of every Harvest menu item benefits Second Harvest.

6 Volunteer at your local food pantry.

7 Come out and see us! Take a tour, email Tours@shfbmadison.org

8 Stat-urday!
Second Harvest meets nearly one million requests for help each year.

9 Grandparents Day!
Send a donation to Second Harvest in their honor.

10 Like us on Facebook and donate your status to help us end hunger.

11 Follow us on Twitter (@SecondHarvestSW).

12 Plan to join us tomorrow night at **Octopi Brewery** (1131 Uniek Dr, Waunakee) for the launch of The Giving Brewery beer. Proceeds benefit Second Harvest.

13 Go Orange Day!
Wear orange (symbolic color for hunger), take your photo and post it to Facebook.com/NBC15Madison using #Orange4SHFB.

14 Watch us on YouTube (search for Second Harvest Foodbank of Southern Wisconsin).

15 Badger Game!
Collect donations at your tailgate for Second Harvest!

16 Follow us on Instagram: @secondharvestsw

17 Take a photo of an empty plate and post it on Facebook. Caption, "What we CAN do to end hunger"

18 Organize a jeans day at work. \$5 to dress down.

19 Donate your old towels to help us keep our warehouse clean!

20 Volunteer!
Contact Pam at volunteerservices@shfbmadison.org to set up a time to help.

21 Host a virtual food drive (SHFBMadison.org/VFD) in honor of World Gratitude Day.

22 Stat-urday!
1 in 10 people in southwestern Wisconsin struggle with hunger.

23 Make SHFB your charity of choice on Amazon Smile.

24 Make a coffee at home this week and donate your savings to Second Harvest.

25 Get the school involved! Help host a food drive at your nearest elementary school.

26 Young Professional? Join NRSSH! Learn more at SHFBMadison.org/NRSSH

27 Write a letter to the newspaper editor or a blog post about hunger.

28 Become a monthly donor.

29 Stat-urday!
\$1 = 3 meals

30 Hunger doesn't end here. Get involved! Visit SHFBMadison.org to learn more!

