

# 30 WAYS IN 30 DAYS

September is Hunger Action Month and Second Harvest Foodbank is asking everyone to speak out against hunger in their southwestern Wisconsin community.

Follow this calendar for daily ways to make a difference giving funds, food, time and voice. Visit [SecondHarvestMadison.org](http://SecondHarvestMadison.org) to take action against hunger all year!

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY



**1 Badger Game!**  
Collect donations at your tailgate for Second Harvest!

**2 Stat-urday!**  
1 in 6 children struggle with hunger in Wisconsin.

**3** Request to begin receiving the foodbank e-newsletter. Sign up @ SHFBMadison.org/Connect

**4** Labor Day: Host a food drive at your Labor Day Party!

**5** Print this calendar and post it on your office refrigerator.

**6** Purchase your ticket to Field and Folly! Our first annual young professionals event!

**7** Copy this calendar and share it with a friend.

**8** Come out and see us! Take a tour, email [Tours@shfbmadison.org](mailto:Tours@shfbmadison.org)

**9 Stat-urday!**  
Second Harvest meets nearly one million requests for help each year.

**10 Grandparents Day!**  
Send a donation to Second Harvest in their honor.

**11** Like us on Facebook and donate your status to help us end hunger.

**12** Follow us on Twitter (@SecondHarvestSW).

**13** Write a letter to the newspaper editor or a blog post about hunger.

**14 Go Orange Day!**  
Wear orange (symbolic color for hunger), take your photo and post it to Facebook.com/NBC15Madison using #Orange4SHFB.

**15** Watch us on YouTube (search for Second Harvest Foodbank of Southern Wisconsin).

**16 Stat-urday!**  
1 in 9 people in southwestern Wisconsin struggle with hunger.

**17** Organize a spaghetti supper food drive.

**18** Take a photo of an empty plate and post it on Facebook. Caption, "What can we do?"

**19** Organize a jeans day at work. \$5 to dress down.

**20** Donate your old towels to help us keep our warehouse clean!

**21 Volunteer!**  
Contact Pam at [volunteerservices@shfbmadison.org](mailto:volunteerservices@shfbmadison.org) to set up a time to help.

**22** Host a virtual food drive ([SHFBMadison.org/VFFD](http://SHFBMadison.org/VFFD))

**23 Stat-urday!**  
\$1 = 3 meals

**24** Make SHFB your charity of choice on Amazon Smile.

**25** Make a coffee at home this week and donate your savings to Second Harvest.

**26** Get the school involved! Help host a food drive at your nearest elementary school.

**27** Visit your local Chipotle restaurant today! A portion of proceeds will be donated back to Second Harvest!

**28** Field and Folly! Join us for our 1st annual Young Professionals Event!

**29** Become a monthly donor.

**30** Hunger doesn't end here. Get involved! Visit [SHFBMadison.org](http://SHFBMadison.org) to learn more!