



Penny Pilgram George
President

William W. George
Vice President

Jeffrey Pilgram George
Trustee

Jonathan Roulette George
Trustee

Diane B. Neimann
Executive Director

OUR MISSION

is to foster human development—spiritual, intellectual, physical and psychological—and to enhance the work of people and organizations devoted to exemplary service in the community.

OUR GUIDING PHILOSOPHY

is to invest in values, ethics and character formation; to support the efforts of those who are successfully making a difference in people's lives; and to help build the communities in which we live. We believe in sharing the blessings which have been bestowed on us and in celebrating the spiritual reciprocity between donors and receivers working collaboratively to make the world a better place.

The George Family Foundation
1818 Oliver Avenue South
Minneapolis, Minnesota 55405
612 377-8400 phone
612 377-8407 fax
www.fpadvisors.com
general@fpadvisors.com
© COPYRIGHT 2003

TABLE OF CONTENTS

Letter from the President	2
Our Interests	4
2002 Summary of Grants Paid	4
<i>Educational Opportunity</i>	5
<i>Integrative Medicine</i>	7
<i>Youth Development</i>	8
<i>Overcoming Barriers</i>	9
<i>Sustaining and Miscellaneous Grants</i>	10
<i>Spirituality</i>	10
<i>Environment</i>	11
<i>International</i>	12
Financial Summary	13
Application Instructions	14

LETTER FROM THE PRESIDENT



Margaret Mead is quoted as having said, "Never doubt that a small group of thoughtful, committed people can change the world. Indeed, it is the only thing that ever has." One of the principles of our work as a foundation is to get behind people who are making a difference in the community. Their fine work is described in more detail in this Annual Report.

As is evidenced in the foundation's grantmaking history, a key aspect of our work is the advancement of integrative medicine, especially the attempt to link body, mind and spirit to promote healthier lives. This year's grantmaking includes a major gift to Abbott

Northwestern Hospital, which has made its mission to create a total healing environment, with Integrative Medicine as the standard of care for both inpatient and outpatient care. The George Center for Health and Healing at this premier Twin Cities hospital will serve as a living laboratory for the creation and refinement of new models of care within each center of excellence and will also be a healing space in which outpatient services and consultation will take place. This is the first community based hospital in the country to commit to a relationship-centered care model that includes complementary healing modalities as standard inpatient care.

Another example of promoting healthier lives is our multi-year grant to the University of Minnesota Academic Health Center, which has enabled the Center for Spirituality and Healing to inaugurate a program called *The Inner Life of Healers*. This seminar and retreat based program offers practicing health care professionals an opportunity to rediscover the ideals that first drew them into medicine and to counteract burnout by building a sense of community among fellow seekers. Based on the work of Parker Palmer, the program also helps medical students understand how to care for themselves as they enter an increasingly stressful and demanding career.

And finally, the work of the Philanthropic Collaborative for Integrative Medicine, an operating foundation that our foundation helped create in order to permit funders to work together strategically to change medicine, has made a great deal of progress in the past year. Information on the Collaborative is available at www.pcintegrativemedicine.org.

Our commitment to helping selected colleges and universities provide scholarships to talented scholars with limited means continues and represents 12% of the year's grantmaking. We read carefully each letter of appreciation we receive from the George Scholars.

Spirituality continues to be a key focus area, and this year we are particularly excited about the success of a multi-year grant made to Minnesota Public Radio to develop *First Person: Speaking of Faith*. Intelligent and reflective host Krista Tippett deals sensitively and openly with topics of faith in everyday life, from fundamentalism to depression to how children view God. The program has moved to a weekly format and is now being distributed nationally to enthusiastic audiences.

In the following pages we present the organizations we have supported over the past year. All of them are led by individuals and teams who are working hard, and sometimes at great sacrifice financially, to make the community a better place. We feel privileged to be in a position to help support and partner with them.

Sincerely,

Penny George
President

OUR INTERESTS

Educational Opportunity

Fellowships for individuals with potential to positively impact society and to gain a deeper understanding of the world and its diverse cultures.

Integrative Medicine

Programs and initiatives that promote an integrated approach to healing mind, body, heart and spirit.

Youth Development

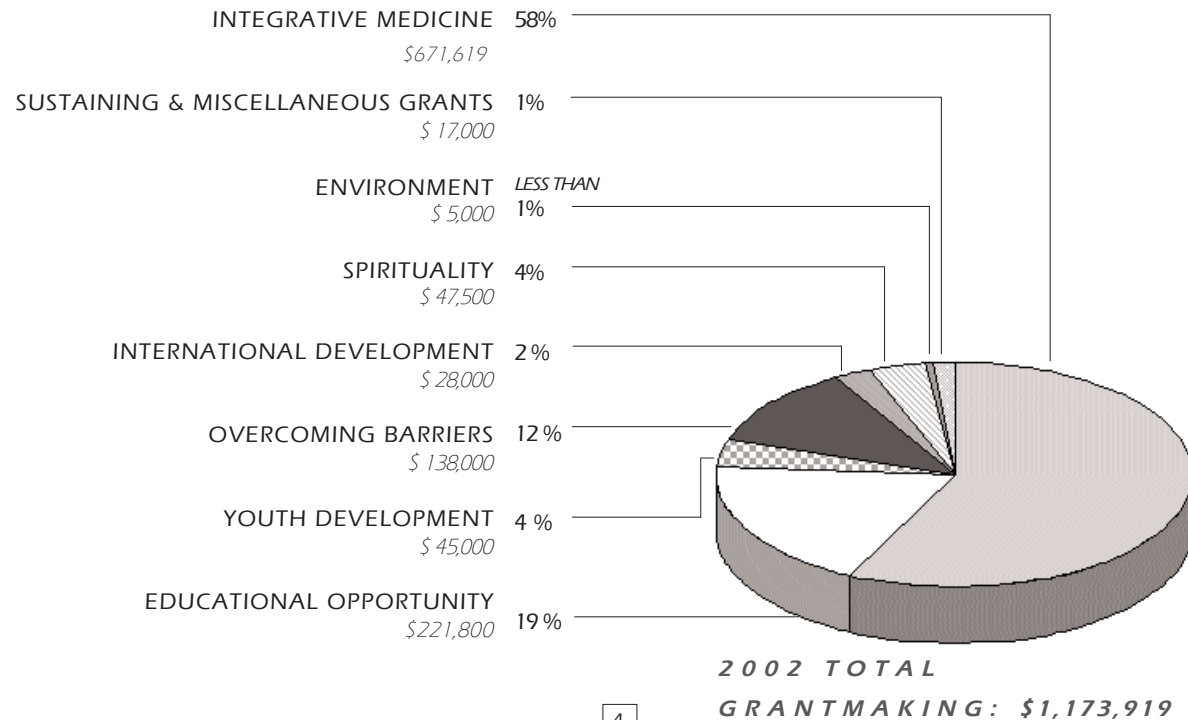
Programs focused on leadership development and mentoring.

Overcoming Barriers

Programs that help women and people of color overcome societal barriers and realize their full potential.

Spirituality

Programs which enrich the spiritual lives of individuals, families and communities.



As part of the Page Education Foundation Big Buddy mentoring program, both mentors and students experience unique and rewarding relationships. Pictured here is mentor Vang Tou Xiong, a student from Southwest State University and his student, Rayu.

EDUCATION & EDUCATIONAL OPPORTUNITIES

The Bakken Library and Museum	\$10,000
<i>In partial fulfillment of a \$50,000 pledge in support of this center for education about the role of electricity and magnetism in the life sciences and medicine.</i>	
Georgia Tech Foundation	\$50,000
<i>In partial fulfillment of a \$250,000 pledge toward the William W. George Professorship in Health Systems; providing funding for faculty, research projects, travel, equipment, student research assistants and administrative support.</i>	
Harvest Preparatory School	\$5,000
<i>In general operating support for this inner-city school.</i>	
Leland-Johnson Common Vision Program	\$5,000
<i>In support of efforts to build positive interfaith and interracial relationships between African-American and Jewish-American youth.</i>	
Minnesota Humanities Commission	\$5,000
<i>In fulfillment of a \$15,000 pledge to support the Minnesota Core Knowledge Center's work and professional development seminars for its K-12 teachers.</i>	
Education Foundation	\$5,000
<i>In support of scholarships to students of color who pursue post-secondary education within Minnesota.</i>	
Redeemer Missionary Baptist Church	\$1,800
<i>In support of the Redeemer Scholarship Fund for an African medical student at the University of Minnesota.</i>	
Total Education and Educational Opportunities	\$81,800

GEORGE FELLOWS PROGRAM

The purpose of the George Fellows Program is to encourage promising students as they pursue advanced degrees. Preference is given to students who demonstrate exceptional academic potential and financial need. The majority of these fellowships go to minority students and international students from developing countries.

Amherst College	\$15,000
<i>In partial fulfillment of a \$150,000 pledge for the George International Scholarships.</i>	
Carleton College	\$15,000
<i>In partial fulfillment of a \$150,000 pledge for the George International Scholarships.</i>	
Georgia Institute of Technology	\$10,000
<i>In partial fulfillment of a \$100,000 pledge for the George Fellows Fund in Industrial Systems and Engineering.</i>	
Georgia Institute of Technology	\$20,000
<i>In partial fulfillment of a \$200,000 pledge for the George Fellows Fund in Bioengineering and Bioscience.</i>	
Hamm Clinic	\$20,000
<i>In partial fulfillment of a \$60,000 pledge for minority doctoral-level psychology students.</i>	
Harvard Business School	\$30,000
<i>In partial fulfillment of a \$280,000 pledge for the George International Scholarships.</i>	
Macalester College	\$15,000
<i>In partial fulfillment of a \$145,000 pledge for the George International Scholarships.</i>	
University of St. Thomas	\$15,000
<i>In partial fulfillment of a \$45,000 pledge for exceptional minority master's and doctoral-level students pursuing degrees in the mental health field.</i>	
Total George Fellows Program	\$140,000

GRAND TOTAL EDUCATION AND EDUCATIONAL OPPORTUNITIES **\$221,800**

INTEGRATIVE MEDICINE

Abbott Northwestern Hospital	\$100,000
<i>In partial fulfillment of a \$1 million pledge supporting the George Center for Health and Healing.</i>	
Center for Mind-Body Medicine	\$50,000
<i>In support of the professional training program, CancerGuides.</i>	
Center for Spirituality and Healing	\$100,000
<i>In partial fulfillment of a \$300,000 pledge to the University of Minnesota Health Center for "The Inner Life of Healers", a spiritual growth program for health students and practitioners.</i>	
Duke Center for Integrative Medicine	\$100,000
<i>In partial fulfillment of a \$500,000 pledge supporting DCIM's Longitudinal Educational Curriculum for Integrative Healing.</i>	
North Hawaii Community Hospital	\$25,000
<i>In support of Dr. Jeanne Achterberg's program, "Cancer Aftercare: The Transformation of a Life".</i>	
Pathways	\$2,500
<i>In support of the work of this health crisis resource center.</i>	
Philanthropic Collaborative for Integrative Medicine	\$200,000
<i>In partial fulfillment of a \$1.1 million pledge in support of this organization's mission to advance the field of integrative medicine.</i>	
Scripps Center for Integrative Medicine	\$50,000
<i>In fulfillment of a \$100,000 pledge in support of Scripps' efforts at comprehensive planning for development of a financially feasible model for integrative medicine.</i>	
Women's Cancer Resource Center	\$44,119
<i>In support of a part-time Cancer Guide to assist women diagnosed with cancer in designing an individualized treatment plan.</i>	
Total Integrative Medicine	\$671,619

YOUTH DEVELOPMENT

Greater Minneapolis Council of Churches <i>In partial fulfillment of a \$10,000 pledge in support of GMCC's Discovery Learning Centers.</i>	\$5,000
Sigma Chi Foundation <i>In fulfillment of a \$100,000 pledge to support Sigma Chi's Horizons Leadership Project.</i>	\$25,000
Youth Farm and Market Project <i>In support of YFMP's efforts to create an urban environment within which youth can flourish physically, socially, and emotionally by growing and selling organic produce.</i>	\$5,000
The Youth Foundation <i>In support of programs that provide resources and educational opportunities to the underserved youth of Lake and Eagle counties in Colorado.</i>	\$5,000
YWCA of Minneapolis <i>In fulfillment of a \$25,000 pledge in support of YWCA's Community and Urban Sports Center serving inner-city youth.</i>	\$5,000
Total Youth Development	\$45,000

Insert Youth Farm Market Pic here



Graduates of Twin Cities Rise are trained for skilled jobs that pay a living wage and full benefits.

OVERCOMING BARRIERS

Institute for New Americans <i>In support of a management, governance and strategic study for this organization that serves immigrants and refugees.</i>	\$8,000
Planned Parenthood of Minnesota/South Dakota <i>In fulfillment of a \$15,000 pledge for general operating support.</i>	\$5,000
Redeemer Restoration Project <i>In support of activities for this inner-city church serving the community.</i>	\$5,000
Summit Academy/OIC <i>In partial fulfillment of a \$100,000 pledge for YouthBuild, a program for at-risk inner-city youth.</i>	\$50,000
Twin Cities RISE! <i>In partial fulfillment of a \$100,000 pledge toward scholarships for participants in skills training and programming related to job acquisition for hard-to-employ adults.</i>	\$50,000
WATCH <i>In fulfillment of a \$45,000 pledge to support improvements in the criminal justice system's handling of cases of domestic violence and sexual assault.</i>	\$15,000
WomenVenture <i>In support of the Intergenerational Program providing a support system for mothers and daughters.</i>	\$5,000
Total Overcoming Barriers	\$138,000

SUSTAINING AND MISCELLANEOUS

Abbott Northwestern Hospital <i>In support of the Associates Drive.</i>	\$1,000
Duke University <i>In support of Duke University's 2002 Annual Fund.</i>	\$5,000
The Guthrie Theater <i>In support of the Guthrie's 2002 Annual Fund.</i>	\$2,500
Vocal Essence <i>Sustaining grant for choral arts programming.</i>	\$2,500
The Saint Paul Chamber Orchestra <i>In fulfillment of a \$7,500 pledge in support of the CONNECT Education Program which partners with Twin Cities' public schools.</i>	\$2,500
United Theological Seminary <i>General operating support.</i>	\$1,000
The World Choral Symposium VI <i>In support of the Sixth World Symposium on Choral Music, led by Philip Brunelle.</i>	\$2,500
Total Sustaining	\$17,000

SPIRITUALITY

Faith Communities Project <i>In support of programming that builds the capacity of pastors and church leaders to minister effectively in the inner-city.</i>	\$7,500
Minnesota Public Radio <i>In fulfillment of a \$40,000 pledge for Krista Tippett's national program, "First Person: Speaking of Faith".</i>	\$20,000
Spiritual Opportunities for Life <i>In fulfillment of a \$20,000 pledge for general operating support for this new interfaith educational center.</i>	\$10,000

The David Institute for Spiritual and Leadership Development <i>In fulfillment of a \$30,000 pledge to support "Sustaining the Soul that Serves", a personal and spiritual renewal program for those at risk of burnout from serving others.</i>	\$10,000
Total Spirituality	\$47,500

ENVIRONMENT

Eagle Valley Land Trust <i>General operating support for this Colorado land conservation organization.</i>	\$5,000
Total Environment	\$5,000

INTERNATIONAL



Children's HeartLink brings both immediate relief and long-term solutions through their life-saving treatments and valuable training in developing countries.

CARE	\$3,000
<i>To support CARE's international relief and development efforts.</i>	
Children's HeartLink	\$5,000
<i>In support of Children's HeartLink's work to build medical capacity for children with heart problems in developing countries.</i>	
Common Hope (formerly The Godchild Project)	\$5,000
<i>In support of care to children and families in an impoverished Guatemalan community.</i>	
Minnesota International Center	\$5,000
<i>General operating support.</i>	
Opportunity International	\$5,000
<i>General operating support for micro-lending programs in developing countries.</i>	
World Childhood Foundation	\$5,000
<i>General operating support for this international organization serving children.</i>	
Total International	\$28,000

**Total Grants Paid 2002
\$1,173,919**

FINANCIAL SUMMARY

STATEMENT OF HOLDINGS

December 31, 2001 and 2002

	MARKET		COST	
	2002	2001	2002	2001
ASSETS:				
Investments:				
Stocks	\$ 21,490,127	\$ 25,315,732	\$ 17,350,991	\$ 16,889,063
Note Receivable	\$ —	\$ 100,000	\$ —	\$ 100,000
Cash and Cash Equivalents	\$ 125,518	\$ 1,258,753	\$ 125,518	\$ 1,258,753
Total Investments	<u>\$ 21,615,645</u>	<u>\$ 26,674,485</u>	<u>\$ 17,476,509</u>	<u>\$ 18,247,816</u>
Principal arising from cash transactions			<u>\$ 17,476,509</u>	<u>\$ 18,247,816</u>

STATEMENT OF RECEIPTS AND DISBURSEMENTS

Years ended December 31, 2002 and 2001

	2002	2001
RECEIPTS:		
Dividends	\$ 166,243	\$ 157,784
Interest	\$ 11,862	\$ 45,410
Net gain/loss on disposition of investments	\$ (12,911)	\$ (5,637)
Contributions	\$ 462,041	\$ 759,502
Other Income	\$ 19,273	\$ —
Total Receipts	<u>\$ 646,509</u>	<u>\$ 957,060</u>
DISBURSEMENTS:		
Excise tax on net investment income	\$ 1,607	\$ 5,000
General and administrative expenses	\$ 24,601	\$ 31,198
Program expense	\$ 184,761	\$ 272,737
Professional fees	\$ 245,351	\$ 222,182
Charitable contributions	<u>\$ 1,173,919</u>	<u>\$ 1,176,790</u>
Total Disbursements	<u>\$ 1,630,239</u>	<u>\$ 1,707,907</u>
Net decrease in principal for the year	\$ (983,730)	\$ (750,847)
Adjustment to principal	\$ 212,423	\$ (440,729)
Principal at beginning of year	<u>\$ 18,247,816</u>	<u>\$ 19,439,392</u>
Principal at end of year	<u>\$ 17,476,509</u>	<u>\$ 18,247,816</u>

APPLYING TO THE GEORGE FAMILY FOUNDATION

Applicants are encouraged to submit a letter of inquiry or to discuss their request with staff before submitting an application.

One copy of the proposal should be submitted which includes the following:

- Complete George Family Foundation Grant Application Cover Page.
- Brief description of mission, history, background and capabilities of organization.
- Purpose of project or program: *What will be accomplished?*
- Statement of need: *What problems will be addressed and solved?*
- Relevance: *How does the project relate to the interests of the Foundation?*
- Implementation: *How will the project be carried out? Workplan? Timelines?*
- Collaboration: *How will the applicant work with others? What are major sources of support?*
- Future Funding: *How will the program be sustained in the future?*
- Staff: *What are the capabilities of those responsible for the project?*
- Evaluation Plan: *How will results be evaluated?*
- George Family Foundation Support: *How will this grant be used?*

Please attach the following additional information:

- Copy of IRS letter certifying your 501(c)(3) tax-exempt status.
- Copy of organization's budget for current fiscal year.
- Copy of latest audit of financial statement.
- Listing of Board of Directors and affiliations.
- Listing of current funders.

Proposals should be received by May 30 or October 30

1818 Oliver Avenue South

Minneapolis, Minnesota 55405

612 377-8400 *phone*

612 377-8407 *fax*



We are grateful to be in a position to share with others some of what we have been given, and committed to growing individually and collectively through the activities of the foundation.

values

ethics

character

spiritual
reciprocity



building
communities

sharing the
blessings

making a
difference

working
collaboratively