



INTER-FAITH COUNCIL FOR SOCIAL SERVICE

Fall 2016 | Volume 37, Number 2

## About the IFC

In 1963, a group of seven local women united their volunteer efforts to address the conditions of poverty in Chapel Hill and Carrboro. The Inter-Faith Council was created “to discover unmet needs and to respond through the coordinated efforts of volunteers.”

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Inter-Faith Council  
for Social Service  
110 W. Main Street, #D  
Carrboro, NC 27510

# When Community Comes Together



From June 13 to August 26, in 54 days,  
**Food for the Summer  
served 48,145 MEALS**

Of all meals served, 24,512 meals were lunches and snacks delivered by a Food for the Summer volunteer.

# Inter-Faith Council for Social Service

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*Honorary Life Board Member*, Robert Seymour

## INTER-FAITH COUNCIL PROGRAMS AND SERVICES

### IFC @ SECU Community House: Housing for Homeless Men

1315 Martin Luther King Blvd  
Chapel Hill, NC 27514  
Phone: 919-967-1086

IFC @ SECU Community House is a community of residents, staff, and volunteers working cooperatively. The Community House is a three-stage housing program designed to assist homeless men transitioning from homelessness to living independently in the community. Community House offers medical, dental, and mental health treatment; social worker support; job coaching; and referrals to community agencies; as well as referrals for substance abuse education and counseling. The new Community House serves breakfast and dinner for residents. Volunteers currently work as job coaches, social workers who provide case management, in data entry, doing mental health evaluations, as administrative assistants, as receptionists, and for Orange Literacy doing literacy tutoring and writing workshops.

### HOMESTART:

Residential Facility for Homeless Women and Children  
Phone: 919-932-6025

HomeStart provides 24-hour emergency and longer-term housing and services to homeless women and children. HomeStart's mission is to provide "a safe, structured home for homeless women and children, helping them to access community resources and offering everyone ongoing support to break the cycle of poverty and homelessness."

Volunteers at HomeStart perform maintenance; act as receptionists; provide clerical assistance; do mental health intakes; process belongings; stock bedrooms; receive, process, organize, and store donations; purchase and prepare meals; are kitchen assistants, evening floaters, and part of recreation groups; work in the garden; and, as part of Orange Literacy, lead writing workshops.

### FOODFIRST:

#### Community Kitchen

100 W. Rosemary Street,  
Chapel Hill, NC 27516  
Phone: 919-967-0643

The Community Kitchen serves two hot meals a day, 365 days a year, free of charge for anyone who is hungry. It provides about 80,000 meals to hungry persons every year. Nearly all of the food is donated, and volunteers/volunteer groups prepare and serve meals, clean up afterward, and help pick up, receive, sort, and store food.

### FOODFIRST:

#### Food Pantry

110 W. Main Street  
Carrboro, NC 27510  
Phone: 919-929-6380

The Food Pantry provides around 1,100 bags of groceries to those in need every month. Households in Chapel Hill or Carrboro, or adults who work in those communities, may become members of the Pantry and receive groceries once a month.

Volunteers act as receptionists and give, pick up, unload, and organize food as well as stock shelves.

### CRISIS INTERVENTION: Homelessness Prevention and Meeting Basic Needs

110 W. Main Street  
Carrboro, NC 27510  
Phone: 919-929-6380

The Crisis Intervention program serves anyone who lives or works in Chapel Hill or Carrboro and who is facing economic uncertainty, illness, or hardship by providing food, clothing, rent, utility assistance, transportation, information, and referrals.

### ROBERT NIXON CLINIC (Services Provided by Piedmont Health Services, Sponsored by UNC Health Care):

IFC @ SECU Community House  
1315 Martin Luther King, Jr. Blvd.  
Chapel Hill, NC 27514

With the opening of the new IFC @ SECU Community House, Piedmont Health Services is providing medical and dental services at no cost to residents of both shelters. The pharmacy at Carrboro Community Health Center fills prescriptions written by clinic providers. The clinic operates on

Tuesdays and Thursdays from 4 p.m. to 9 p.m. and is staffed by PHS employees. There are three exam rooms and two dental chairs in the medical clinic. Lab work and immunizations are provided. Volunteer psychologists conduct mental health assessments.

### SUPPORT CIRCLES:

Phone: 919-929-6380 ext.16

Support Circles provide support to individuals and families who are experiencing — or at risk of — homelessness and who are transitioning into permanent housing. In 2012 the Support Circles program began as a completely volunteer-led program with two support circles. Currently five support circles can be sustained at any given time throughout the year. IFC is happy to report that the families who have completed the Support Circles program since 2012 are all still housed.

From moving to transportation, goal setting to problem solving, volunteer Support Circle teams provide material, practical, financial, and relational support.

### IFC Fiscal Years 2012-2016

- Bags of Food Distributed: 80, 573
- Meals Served: 329, 890
- Holiday Meals: 4,348
- Bed Nights for Men: 83,879
- Bed Nights for Women and Children: 66,043
- Distributed by Crisis Unit: \$780,672
- Volunteer Hours: 205,235

The UNC Hospital sponsored Robert Nixon Clinic transitioned over to our partner Piedmont Health Services last year when the new facility opened. That change makes it hard to compare the numbers on an apple to apple basis. But a two-month comparison of last fiscal year versus this year shows increases across the board. Last year's two-month numbers precede this year's two-month numbers.

- Medical visits: 28 vs. 102
- Mental health visits: 4 vs. 29
- Prescriptions written and dispensed: 86 vs. 267
- Last year no dental services were provided except Dr. Keith Taylor, DDS, saw patients on a need basis at no cost. This year 42 dental patients were seen in the first two months.

## IFC Full- and Part-Time Staff Roster

**Co-Directors:** John Dorward and Kristin Lavergne

**Director of Operations:**  
Kristin Lavergne

**Finance Director:** Frances Jackson

**Residential Services Director:**  
Stephani Kilpatrick

**Executive Assistant:**  
Elizabeth Garfunkel

**Project Manager:**  
Allan Rosen

**Facilities Coordinator:**  
Wesley Norwood

**Support Circles Coordinator:**  
Shannon Gigliotti

**Client Services Representatives:**  
Valeria Hernandez,  
Gricelidy Marrero

**Community Kitchen Coordinator:**  
Bill Culton

**Community House Kitchen  
Coordinator:** Sean O'Hare

**Social Workers:** Megan Raymond,  
Rex Mercer, Gwynne Pomeroy

**PHS Nurse Manager:** Teresa Rogers

**Kitchen Staff:** Brian Neader, James  
Dunn, Jasper Washington

**Residential Staff:** Abigail Owens,  
Algin Wiley, Anna Kenion, Bernestine  
Austin, Charlotte Horton, Cherisa  
Zafft, Chris Horton, Debra Vestal,  
Greg Watrous, Sylvester Bethea, Jo  
Coe, Kevin Noonan, Kris Quick,  
Raney Norwood, Rhonda Lee,  
Shanesha Farrington

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## Donna Cecil Bradley

Excerpted from John Dorward's eulogy for Donna



"Donna Bradley was many things, and chief among those things was something very special to me," John Dorward said in his eulogy. "Donna was, in many ways, the reason I love what the IFC stands for and what we do every day.

"When Donna came to us at HomeStart, she was pretty badly broken physically, but there was nothing wrong with her spirit. She went to work cleaning and cooking and doing anything she could to help out. Eventually we put her to work for us, and she never looked back.

"Many of you worked with Donna at some point during the almost nine years she spent as our Community Kitchen Coordinator. When we hired Donna for the job, we asked her how long she thought she might want to do it. She told me she planned to stay until she could no longer do the job.

"While on our way to UNC for a radiation treatment, she pointed out that she had held up her end of the bargain. Nine years in that job is incredible, as the work is hard and unrelenting every single day. Just ask the Shelter Managers who filled in for Donna when she was off. Our part-time managers will normally fight for extra shifts, but no one wanted a full week of Donna's shifts.

"Donna had standards, and it really didn't matter who you were, they did not vary. She was a good soul who battled back from adversity that would have killed most of us, and she created a good life that ended way too soon."

*Thank you, Donna Cecil Bradley. You will be missed, and we will always be grateful for all that you gave us.*

## A Letter from John Dorward and Kristin Lavergne

As most of you have heard by now, our Executive Director has chosen to step away from his position to help care for his father after his recent heart surgery. While we are sorry to lose Michael after so short a time, we understand that family comes first and things can change quickly.

While the Board, in conjunction with a search firm, is searching for a new director, Kristin Lavergne and John Dorward are serving as co-directors. The Board, especially the President and Vice President, are also stepping up their presence and time commitments to the agency during this transition. Our intent is to make certain the agency continues to run smoothly and serves the people who rely on us for support.

If anyone has concerns or questions related to these changes, we welcome you to be in direct contact with either of us. These types of changes can often create some level of confusion or things that fall through the cracks. Please reach out to us if you encounter such an item.

We continue to move forward on many other fronts. The Board decided this summer that the FoodFirst project would be best sited at our current downtown Carrboro location at 110 West Main Street. We are close to having a final decision from the Board on the building design. Our architect and our engineers are working on the drawings and documents needed to complete our application to the Town, which we hope to submit by the end of this year. We are also working on getting the capital campaign up and functional, hopefully towards the end of this year.

We have now completed our first year in the new IFC @ SECU Community House, and the results have been heartening. The new program has transitioned well into the surrounding neighborhood with no complaints registered during our first year of operation at the new site. The building itself is working well, and we have just about worked out the kinks in our three-stage system. We are adjusting the three-tiered approach because we found it was causing us to keep too many beds empty so we could move men up in the program in a timely fashion. We are seeing longer stays at the top level because of the scarcity of affordable housing in the county. We are also seeing great usage of the health, mental health, and dentistry clinics being run by our partner, Piedmont Health Services.

We are seeing an increase in the numbers of people coming to the Community Kitchen after moving the men out of that building. We were all saddened by the death of our long-time Kitchen Coordinator, Donna Bradley. Her favorite associate, Bill Culton, however, made her and all of us very happy before she died by agreeing to come back and take on her role. The pantry and crisis services continue to see a steady stream of people coming through the door for services.

The IFC has seen transition on several fronts over the past six months, but we remain focused on the work we do for our community every day. With your continued support, we will push forward with the FoodFirst project and all of the other programs that so many of our neighbors depend on. Without the support of our funders and volunteers we simply could not offer these services. Thank you for your consideration when you make your year-end contributions.



Pictured: Bill Culton and Donna Bradley working together. As Bill says about taking over the Community Kitchen Coordinator job, "I'm happy to be back in the Community Kitchen, and I look forward to the work ahead and working with all of our volunteers." At least once a week you'll find Bill making a fresh seven-fruit salad for his diners – *thank you, Trader Joe's!*

## Rebecca Shirley McCulloh



Reverend Rebecca Shirley McCulloh, 62, passed away on July 6, 2016, at UNC's Lineberger Comprehensive Cancer Center in Chapel Hill.

The legacy of Rebecca McCulloh is found in the trinity of ministry, advocacy, and community service. Her life was one of daily and constant service; she spent her life in a committed walk as activist, therapist, feminist, and preacher. Through her vision and her work she brought about sustained, positive, impactful change in the lives of individuals and organizations. Rebecca was the co-founder and first executive director of the Rape and Sexual Abuse Center of Nashville. Living in Nashville, Wilmington, Pittsboro, and Carrboro, she served as a prison chaplain to men's and women's prisons, a social worker, and, for thirty years, a therapist. In 2003 she co-founded Chapel Hill Christian Church (Disciples of Christ), where she served as pastor until her death.

Rebecca was a longtime board member of the Inter-Faith Council for Social Service (IFC) and served as president of the IFC Board. One of her proudest achievements was the completion of the capital campaign and subsequent building of the new IFC @ SECU Community House men's homeless shelter in 2014, both during her term as president.

Near the end of her life when asked what could be done for her, Rebecca's response was, "Stay competent." For her this meant do the work, "always have an action item." Those who knew her best understood that she lived each day by the phrase, "Was I brave and strong and true? Did I live my life with love my whole life through?"

*Thank you, Rebecca Shirley McCulloh, for all that you gave IFC and all that you gave this world.*



# Jane Steele: A Trailblazer's Quiet Generosity

*as excerpted from the memories of her niece, Nancy Bendall Shelby*

Jane Bendall Steele was born in Atlanta, Georgia, in 1922. Both of her parents were born and raised in Danville, Virginia. During the 1920s, Jane's father, Ernest Bendall, was a successful sales manager and stock market investor. But as Jane described it, her family lost everything in the stock market crash. Ernest was lucky enough to keep a job but at a much smaller salary; Jane's mother, who had been used to a family live-in maid and cook, became the family cook and supplemented the family income by making home-made marmalade she sold in gift shops.



Life was not easy for Jane, although her mother and father worked hard to shield her and her sister, Amanda Lee, from life's harsher realities. By the time she was 15 her family had moved

14 times, but it was the tragic loss of her father that year that brought the harshest reality home. When Ernest died, he died without a will.

"The N.Y. judge whose court held control of minor children did not believe in higher education for women," wrote Jane's niece, Nancy Bendall Shelby. "Both Bendall girls were intelligent and hard workers in high school and earned scholarships to college. The judge relented only when male members of the family living in N.C. and Virginia wrote the judge and said that it was Ernest's and their wish that Amanda Lee and Jane be college educated and nearby to them. Jane went to William and Mary and then transferred to Duke, where she graduated Phi Beta Kappa."

After Jane graduated, she immediately went to work for IBM. Nancy tells the story of Jane's years at IBM this way: "Jane was a trailblazer for working women of succeeding generations; her work and voice at IBM was a change agent that her family and friends should take great pride in. When Jane began her career at IBM, the company was years away from the development of computers. Thomas Watson Sr., the consummate salesman, had the novel idea of hiring bright, outgoing young women graduates to customize the installation and wiring of electric accounting machinery. The women also would train the customers' staff how to operate the machinery. Watson reasoned that by having young women doing this work, IBM's customers would believe that the machines were less complex than they actually were. He had hired 200 young female college grads from all over the US to be his 'Systems Service girls.'

"In addition to learning all about accounting and installing and servicing the accounting system machines, the trainees were inculcated in the IBM way. This included mandatory, twice a week song fests. It seems that IBM had a song for everything. A favorite story of Jane's took place one cold October night during training. Every trainee found a pair of "Dr. Denton" PJs (the footed flannel ones — a gift from Mr. and Mrs. Watson) in each tent [where they lived]. They were instructed to quickly change into the PJs, issued a candle, and herded down to the train station to



serenade the Watsons as they arrived from New York City, singing 'Pack up your Troubles,' a favorite of Mr. Watson.

"In addition to tent and board, Jane received a salary of \$75 per month. Once she graduated from the training program, her salary doubled to \$150 per month. Her territory was all of Long Island and Brooklyn, an area that years later would be covered by at least 35 offices and suboffices. Her largest account was Grumman Aircraft, where due to the war she was both a noncommissioned saleswoman and responsible for Systems Service. At the end of the year her salary was raised to \$175 per month.

"IBM was very paternalistic and enforced strict rules as to dress and comportment. Perhaps the worst rule was that Systems Service women were not permitted to be employed if they married. Marriage resulted in instant termination of employment with no severance pay. Jane wrote that IBM's stated rationale was that the Systems Service gals would be making way for the men when they returned from the military. When the men did return, the women prepped them on the equipment prior to the men's sales training in Endicott, N.Y. Once trained, the salesmen became the managers of the Systems Service women, were paid salaries plus commission, and consequently were making three or four times what the experienced and capable women earned. This offended Jane, and she decided to speak up. She let management know how unfair this practice was while maintaining an outstanding work record. Eventually, management listened to her and some of her compatriots. In 1946 IBM raised all Systems Service salaries to \$3,000 annually, which Jane described as a magnificent amount of money for those days. 'I have never felt so flush before or since that wonderful announcement in 1946.'"

Jane's work at IBM continued through the 1940s, the 1950s, and the 1960s; for 38 years she forged ahead, always working through hurdle after hurdle. She wrote, "Each woman had to engineer her own breakthrough." Jane was present for all the major shifts in company policy: when women were allowed to marry and keep working; when the name "Systems Service" ended and both men and women became "System Engineers"; and when affirmative action policies were implemented for women and minorities. She worked for IBM World Headquarters as only one of two women managers and traveled the world as IBM's representative. She "held management positions in programming, information systems, litigation and personnel at World Trade Headquarters as well as at corporate headquarters in Armonk, N.Y."

But Jane always said "the best part of her entire IBM experience was meeting her future husband,

**From top to bottom:** Jane (left), her father, Ernest, her sister, Amanda Lee, circa 1925; Jane and Amanda Lee (Nancy Shelby's mother); Jane's high school portrait, Valley Stream, Long Island, 1940; Jane newly graduated from Duke and ready for work (Class of 1944); Jane and Gordon Steele, IBM quarter-century celebration, 1979; Jane at IBM headquarters, 1981; Jane and Gordon Steele at their home in Chapel Hill, late 1980s



## Jane Steele: A Trailblazer's Quiet Generosity

(continued)

Gordon Steele.” Gordon, an internal auditor for IBM WTH, traveled the world for IBM. Jane married Gordon when she was 42, and this strong and accomplished woman was so nervous during her wedding that her vows were inaudible. The preacher asked her to nod her assent instead. After the wedding he had to assure her she was really married, that her inaudibility hadn't invalidated her marriage. Nancy says that Gordon was “the only person who could get Jane to change her mind, much to the admiration of my late parents and grandmother, as they never succeeded. Jane was unafraid to hold her position in a disagreement. When she disagreed with Gordon, she would say ‘No, no, no, no, no,’ and not give until he proved she was wrong. Sometimes we thought that he did it just to get her to rise to a debate.” After their marriage, Jane and Gordon continued to work for IBM. They lived in Peter Cooper Village in NYC and later moved to Greenwich, Connecticut. They traveled for business and pleasure, often looking for the place where they would retire. The day after they retired, they moved to Chapel Hill, N.C.

After Gordon's death in 1995, Jane moved to Carolina Meadows, but only when *the* villa that she wanted became available. Jane lived at Carolina Meadows until she died. She survived many falls and illnesses in her later years, including a broken spine. When she didn't like the diagnosis, especially one with a high mortality rate, she asked to be “taken on the spot for a second opinion.” Jane's will was strong, and more than once she proved everyone wrong in her ability to return home.

Up until two months before Jane's death, Nancy describes her as “immaculately dressed, coiffed and made-up. She reminded people of the Queen of England. Just like the Queen, Jane Steele was a woman who knew her own mind and acted accordingly. Therefore it was useless to tell her not to have two chocolate chip cookies and a cup of black coffee for breakfast, yet that same quality is what I will miss most and what gave the women of my generation and beyond more equality in the workplace. She was a non-strident, early feminist. When she perceived a need or task or a wrong to be righted, Jane would apply herself to the problem and get it done.”

When asked to tell an anecdote that helps define Jane, Nancy tells a story from Jane's later life at Carolina Meadows. “When Jane was in Assisted Living at Carolina Meadows, a longstanding friend of Jane's with macular degeneration became completely blind. The friend had four adult children, but none of them lived in N.C., and Jane was concerned because her friend was not able to feed herself very well and was not letting her children know how incapacitated she was. Jane made a point of sitting next to her friend at meals, and for the better part of a year took it upon herself to feed her friend.”

When asked to name something that was a driving force in Jane's life, Nancy responds, “Jane never wanted to face poverty or near poverty again. She was focused on making sure that she saved enough so that wouldn't happen to her and that when she died she could help others recover from the vicissitudes of life.”

The words that best describe Jane Steele, Nancy said, are these: “Trailblazer, perfectionist, caring, meticulous, loyal, stubborn, intelligent, independent yet oriented to family and friends, appreciative of beauty, indomitable.”

When Jane Steele died, she left charitable gifts to a number of beneficiaries. Her gift to IFC was the largest gift ever received by IFC for their endowment. The cash and IBM stock she gave were the product of her own life's work and efforts. Jane's empathy for others, her desire to make the lives of others better and make their struggles less, and her desire to jumpstart the IFC endowment have made her gift of quiet generosity the gift of a trailblazer, the gift of example, and a gift that will truly be transformative in the lives of many.

## Binkley Baptist

by Dale Osborne

Binkley Baptist Church is bolstered and renewed constantly by its joy-producing connections to the Inter-Faith Council for Social Service. Our church, chartered in 1958 and built on property that went from a large, open, natural area to the current University Place neighborhood on Willow Dr. is dedicated to living out the social gospel initiatives that Jesus lived and taught so well.

Working under the leadership of Rev. Robert Seymour and the dedicated work of a dozen or so church women

who were united in their desire to shore up a safety net of community care, Binkley rooted itself in the efforts of what is now the IFC. The needs were great back in the 1960s, and they are even greater today, despite the heroic efforts of the IFC and its members.

Binkley's longest ongoing efforts at the IFC have found us preparing and serving two meals per month on every fourth Wednesday. For at least thirty years we have tied up our aprons, cranked up the ovens and prepared what we claim to be two of the best meals in Chapel Hill and Carrboro. At lunch we call it “Chicken Day” on the fourth Wednesday. The aroma around town is intoxicating when we cook. Some of our volunteers from the church have been preparing these meals for well over twenty and thirty years. They serve because they care and because love poured forth makes life worth living.

Several members of our church have served as volunteer receptionists at the Main St. office in Carrboro. They love to greet members of our community while treating them with the respect and dignity that every human being deserves.

For nearly 25 years the Binkley youth have baked brownies for the

IFC and conducted food scavenger hunts in the neighborhood to help replenish the food pantry. A can of Spam earns them 30 points in the game they love to play. The youth of our church have also served hungry and safe-home-deprived folks by gleaning yams and constructing Habitat Houses. They like to be part of community efforts that are tangible even while they struggle to understand the economic injustices that make room for so much poverty in our community.



The “Chicken Men” Dave Bruckenstein and Dale Osborne

A few years back, the IFC started a capital campaign to raise money and enthusiasm for a new men's shelter. Churches and businesses were encouraged and implored to make significant contributions to the campaign. While Binkley did not have a ton of cash on hand to offer the campaign, it did have a creative and hard-working mindset. The creativity helped us to name the IFC as one of the largest recipients of proceeds from our Bi-Annual Yard Sale. When we handed that check to the IFC, it represented hundreds of volunteers and close to a thousand shoppers who pooled together their resources to make the donation possible.

*We like to believe that those kinds of initiatives are mirror images of the current work of the IFC: Hundreds and thousands of people working together to provide for the common good. We long for the day when those efforts lead to a more just and economically beautiful community in our generation.*



# Food for the Summer: When Community Comes Together

For many people the fact that 30% of students in the Chapel Hill-Carrboro School District (CHCCS) are food insecure or hungry is not an idea they readily accept. The numbers don't seem possible. But the facts are this: As of January 5, 2016, 3,473 Pre-K through high school children in CHCCS were enrolled in the National School Lunch Program.

"Almost 60% of North Carolina students in our K-12 public schools now qualify for free and reduced-price school meals," reports No Kid Hungry NC. "Nearly 1 million of North Carolina's children could go hungry during the summer while school is out." Last summer (2015) in CHCCS only 900 children in our community received meals through the Summer Food Service Program (SFSP).

Four years ago Chad Simpkins of Varsity Church was at an event and sitting next to Tamara Baker of No Kid Hungry NC. As he says, she told him about a program where people could "go out and feed kids." She referred him to Liz Cartano, who heads the dining services for CHCCS. He asked, "Hey, we want to feed kids in the summer. How do we make that happen?" And she told him.

Chad, working with Tamara, Liz, TABLE, the housing authority, social workers, and others in the community, opened four community sites over the next three summers. Every year they fed more kids. At Airport Gardens, the kids would be waiting for them, help set up the tables, and knock on their neighbors' doors to tell them the food was there. At Carolina Gardens, each year, including this year, refugee high school students worked every day as site volunteers. Flicka Bateman of the Refugee Support Center (RSC) explains that their site volunteer hours were part of their service learning requirement hours needed for graduation in the CHCCS district.

In May 2015, Pam Hemminger was running to be elected mayor of Chapel Hill. At one event, Molly McConnell approached Pam with a petition about feeding kids in the summer and asked her how she thought that could get done. Pam went home and did her research; immediately food insecurity and feeding kids became part of her campaign platform. She won the mayoral race, and before she was sworn in, people stopped and asked her about the summer food program; they often expressed an interest in being a part of it. As soon as she was sworn in she began making calls, one of the first to the Inter-Faith Council for Social Service (IFC). IFC would later become the umbrella for the 2016 program.

Virginia Taylor of the UNC Friday Center began talking with the mayor early in the year. Virginia said her involvement in Food for the Summer began two years ago on the Chamber of Commerce's inter-city visit to Athens. "A group of people from Chapel Hill were discussing how many children in our community are at risk for hunger," she said. "As I listened to them, I thought that with all the resources we have in Chapel Hill, if we did nothing but tap the resources we already have, we should be able to eradicate childhood hunger here. When I got back to town, several of us began visiting local organizations to find out what they were doing and what they needed to feed more children. We met individually and then met as a group and discussed needs, overlap in services, and gaps. Soon after that, I read that Mayor Hemminger wanted to address childhood hunger, and I approached her. She convened a meeting, and that meeting was a huge game-changer. If I contributed anything at all, it was the suggestion that she not just bring together people to talk about childhood hunger, but to address a specific goal. The mayor chose feeding children over the summer, and, as you know, it was a huge success."

At the first meeting the mayor convened, more than 25 people sat around the table. From that group a partnership (*See Page 7*) and a plan emerged. Liz Cartano, who was sitting at that table, had done her 2016 summer homework. She knew that for 2016 the base numbers for feeding kids were not increasing, they were decreasing. Whatever she could do to help feed more kids, she was going to do.

After the second meeting, Food for the Summer was born. The website went up, and the energetic, highly committed Katie Hug was hired as program coordinator — a few weeks before she received her master's degree in social work and after she'd spent a year as a United Way intern focused on learning about summer food programs. The eligibility, identification, and approval of sites was a multilayered and time-consuming process. Working out the number projections, designing the process, creating materials, all had to be done within in a few weeks. (Katie sends an especially big thank you to Chad, Liz, India, and Jeanne.) Katie turned to a close college friend, Dillon Brown of Tulsa, Oklahoma, and asked for his help in creating a logo. Dillon donated time, creativity, and the 2016 Food for the Summer program logo. When all the sites were finalized, the partners sent out calls for volunteers on social media and posted flyers, and Katie made personal visits to meetings all over town. But the volunteers didn't sign up.

The mayor wrote an email "challenge" to the CHCCS community and asked James Barrett, CHCCS board chair, to send it out. He sent it to more than 10,000 people. Within one day people flooded both the website and the volunteer sites seeking information. By the end of the summer, 1,244 people had expressed an interest in volunteering for the program. By the end of the program, 510 adults and an additional 140 children and youth volunteers (ages 3–18) had filled 1,748 volunteer spots. Because of those volunteers, 24,512 additional meals were served this summer. The community answered the mayor's challenge.

Volunteers went to the sites with food and fun buckets. The fun buckets, which were the brainchild of Jeanne Moore and Virginia Taylor, were filled with coloring books, balls, sidewalk chalk, and all kinds of fun items. Some volunteers went every day. One Chapel Hill town employee went twice a week with his kids. One dedicated volunteer went to her site almost every day armed with art and craft supplies for special activities with the kids. Katie Crisp, age 18, was a regular volunteer and a crucial one during the program's extension. Katie Hug said that Katie Crisp helped innovate and amend the system and made it more effective.

"Food for the Summer gave me the opportunity to meet and chill out with kids all summer" Katie Crisp said about her experience. "It was a reason to get up and get going in the morning because I wanted to see the kids."

For many volunteers, it gave their family a chance to do something together, something they felt good about. It was a hands-on task that made helping tangible. Volunteers showed up in the form of the Chapel Hill and Carrboro fire departments and K-9 units. Kids got to climb all over the fire trucks. As Mayor Hemminger says, volunteers are talking about what the experience meant to them, the deep connections they did not expect to make, and the "unintended benefits" of volunteering.

At the Hargraves Carnival midway through the program, Kona Ice, the Bouncing Bulldogs, and UNC athletes showed up to entertain the kids. There was even "take a spin with the mayor" — the carnival reflected the heart of the Food for the Summer program. On June 29, Reading Wednesday began, and Book Harvest delivered the first of 3,100 books to the Food for the Summer kids. Feed the kids, feed the minds, feed the hearts.

When Food for the Summer was extended for two weeks, the Food Bank of Eastern and Central North Carolina supplied the food (Liz Cartano's CHCCS group was preparing for the new school year), new volunteers were signed up, and the kids of Chapel Hill and Carrboro were served meals for an extra 10 days. **From June 13 to August 26, in 54 days, 48,145 MEALS (inclusive of breakfasts, snacks and lunches) were served; 24,512 were served by Food for the Summer volunteers.**

At the final partnership meeting, the people around the table were happy and relieved but already planning for 2017. The next meeting was scheduled, and the mayor gave out homework: Come back with how we do this better next year. UNC's School of Government is working on a video about the success of this program. From around the table, the academic world and the organizations who fight hunger daily found consensus: The major reason for the program's success was government involvement. The mayor's initiative helped make the Chapel Hill-Carrboro Food for the Summer program a model program for the country.

Katie Hug is now working for the Department of Public Instruction helping build summer food programs across North Carolina. "I have become more and more immersed in the logistics of the federal Summer Food Service Program and the importance of summer lunches for children who are on free and reduced-price lunches during the school year," she said. "These children who are food insecure are vulnerable to something called 'summer brain drain.' Not only are these children vulnerable because of a lack of consistent meals, they are also subject to a lack of stimulating experiences that children from higher-income families have access to. Food for the Summer not only provided consistent lunches to children each weekday, it also provided fun activities and an opportunity for children to interact with volunteers. The program gave joy to both the recipients and the volunteers."

Mayor Hemminger sees it this way: "We did a really great job; we built community interest. I am so proud of everyone who stepped up. But we can do a better job next year. We can do a better job of getting to the families who need us. We would like them to know, we want them to know, if you need help, we are getting there."

Please visit our website at [www.foodforthesummer.org](http://www.foodforthesummer.org) for more information about Mayor Hemminger's Best Practices, resource pages from our partners, and regular updates on Food for the Summer 2016-2017.





# Food for the Summer: When Community Comes Together



**510 Adult Volunteers  
140 Children and  
Youth Volunteers  
1,748 Volunteer Slots**



*"It's been neat to see all the different people around the table not just talking but actually putting action to words.... We had the vision of what it looked like to feed kids in the community and to see the community itself embrace that and use that to feed more kids; it is a really great thing to watch it grow. It has been amazing."*

Chad Simpkins,  
Varsity Church, Chapel Hill

*"North Carolina served summer meals in 2015 to about 15% of our children across the state who are eligible for free and reduced-price school meals. The challenge, as NC DPI states it, is: Nearly 1 million of North Carolina's children could go hungry during the summer while school is out. Almost 60% of students in our K-12 North Carolina public schools now qualify for free and reduced-price school meals."*

*"No Kid Hungry NC works across the state to increase access to under-used federally-funded child nutrition programs — including school breakfast, afterschool meals, and summer nutrition. Working closely with our state agencies and many local partners, we see great examples of innovation that connect our economically disadvantaged kids to healthy meals. But the Chapel Hill-Carrboro 2016 summer meals initiative is one of the best models of community engagement we have seen."*

*"One key distinction is commitment from the top: Remarkably, the Chapel Hill mayor was hands-on in convening the collaboration and using her voice to spread awareness. And IFC and other leaders community-wide responded in an unparalleled and highly organized way. It is heart-warming that so many people came together to help our children receive nutritious summer meals that fuel their minds and bodies — and expand their learning potential!"*

Tamara Baker,  
Director of No Kid Hungry NC

**48,145  
Meals served  
in 54 days**



**The Partnership:**  
Book Harvest, Chapel Hill-Carrboro City Schools (CHCCS), Mayor Pam Hemminger, Town of Chapel Hill and Chapel Hill Town Council, Food For All - UNC-Chapel Hill, Food Bank of Central and Eastern NC, Inter-Faith Council for Social Service (IFC), No Kid Hungry NC, Orange County, PORCH, Refugee Support Center, TABLE, Town of Carrboro, UNC - Friday Center, Varsity Church, YMCA of the Triangle, Orange United Methodist Church



At right, from left to right: Chapel Hill Mayor Pam Hemminger; Chad Simpkins, Varsity Church; Katie Hug, Food for the Summer Coordinator; Liz Cartano, CHCCS Dining Services; Tamara Baker, No Kid Hungry NC; Cynthia Ervin, NC Department of Public Instruction





## Food for the Summer: When Community Comes Together

“Some years ago Chad Simpkins and I had a partnership, each one helping to support the goal of feeding the at-risk population that attended school in the CHCCS district. With our combined teams and resources, the partnership easily grew into the collaborative effort that supported the SFSP in 2016 and Food for the Summer. I am truly astounded by how quickly the number of folks around the table grew and how committed the group was to the common goal. I always appreciated that no one person overcommitted and underdelivered. Everyone knew what they could bring to the program and worked their piece of the puzzle the best they could. I saw the initial partnership turn into a community effort with all participants working toward the common goal. No hidden agendas, and trust as far as you could see. I believe that this experience has not only helped me grow as a person but made me believe that having the right people, in the right seats, with the right attitudes can make great things happen.”

— Liz Cartano, Child Nutrition Manager & Director of Dining, Chapel Hill/Carrboro Schools

“As UNC’s current pan-university academic theme, FOOD FOR ALL motivates conversation and research about food-focused scholarship and public engagement on a campus, state, national, and global level. We are especially committed to promoting food access in our community. The Steering Committee for UNC’s Pan-University Theme: Food for All: Local and Global Perspectives provided some grant funding for the Food for the Summer Program in Chapel Hill, a broad partnership of many community-based organizations. Many faculty and students volunteered at the meal sites and also offered a nutrition education program that aimed to increase children’s preferences for and consumption of fruits and vegetables. Thirty-three percent of the students attending this education program tasted a new fruit or vegetable, and 83% of these tasters reported that they liked it!”

— Alice S. Ammerman, DrPH, Director, UNC Center for Health Promotion and Disease Prevention;  
Marcie Cohen Ferris, Ph.D., Professor, American Studies Dept. Co-Chair, UNC FOOD FOR ALL

“At Book Harvest, we know that children from food-insecure families are also often lacking access to books during the summer months. With summer learning loss accounting for as much as 80% of the income-based achievement gap, we are always looking for ways to ensure that all children are living in book-rich home environments, especially over the summer. Our partnership with Food for the Summer proved to be a powerful mechanism to do that, helping us rehome 3,100 donated books with children participating in the program, books that they chose themselves and took home to keep forever. We are very glad to have been able to partner with such an effective program!”

— Daniele Berman, Book Harvest

“It was an honor for PORCH to be a part of the Food for the Summer coalition bringing together public, private, and nonprofit organizations as well as hundreds of dedicated volunteers to relieve childhood hunger during those vulnerable summer months. It truly was a team effort! We look forward to collaborating with many of these same organizations during the school year and then ramping up again for an even bigger and better Food for the Summer.”

— Susan Romaine, PORCH

“Food for the Summer provided me with an opportunity to bond and build relationships with children and families in the Chapel Hill/Carrboro area, as well as all of the many wonderful volunteers that helped to make the program a success. It is so exciting to know that so many individuals in this community are willing to devote their time and attention to providing children with meals during the summer in an effort to ensure that they do not go hungry.”

— India Dunn, Food for the Summer Site Coordinator

“The food for all effort is unique in my experience and research around this program. Mayor Hemminger took on the issue in her community by serving as a convener. She brought together assets from across the community — schools, nonprofits, faith-based organizations, even her own departments. And this allowed people to quickly identify how they could help each other address individual barriers to providing services. The result is almost 25,000 additional meals served in one summer with only a few months of start time. The long-term impact will hopefully be that the collaboration continues and multiplies.”

— Dr. Maureen Berner, Professor, UNC-CH School of Government (Maureen’s current research focuses on food insecurity.)

“The success of this program is exciting, and I hope this model can be adapted elsewhere and inspire more local government leaders to get involved with the Summer Food Service Program.”

— Dr. Cynthia Ervin, NC Department of Public Instruction

“TABLE and Food for the Summer worked together in a truly collaborative way that benefited both organizations and our community as a result. It was amazing to see how TABLE was able to feed more children by partnering with Food for the Summer and how we were able to step in and resolve an emergency and provide additional support!”

— Ashton Tippins, Executive Director of TABLE

## “Feed the hungry, but why are they hungry?”

Excerpted from August 21, 2016, *The News & Observer*, Chapel Hill Opinion  
by Molly De Marco and Travis Crayton

The success of the Food for the Summer program shows our community’s commitment to helping those in need. But while we work to treat the symptoms of poverty, we must also ask why — why are so many children in our affluent community in need of summer meals? How can we reduce those numbers? If as many people worked to address these questions as volunteered to bring meals to children, we might have far fewer children in need of summer meals.

Our problems are systemic — and require systemic solutions. We know a lot about the answers to these questions, and what we can do about them. The inability to afford food is intimately tied to other factors related to poverty. When a family’s cost of living — how much things like housing and transportation cost — is high, paying for nutritious food is all the more challenging. When available jobs pay low wages, families struggle to pay for the basic goods they need to live. When educational opportunities are inequitable and do not adequately serve all communities and children, families face insurmountable obstacles to escaping poverty.

Consider some of these factors’ impacts here at home. According to the Orange County Affordable Housing Coalition, a family needs to earn \$20.09/hour to pay the average Chapel Hill rent of \$1,061 per month. With many jobs in our community paying lower than this rate, families must make choices between paying rent or putting food on the table. Since rent is nonnegotiable, food is often the cost that gets cut.

We also should acknowledge that poverty and race are closely linked. Structural racism, which normalizes the institutional processes and practices that advantage white people at the expense of people of color, continues to play a role in sustaining poverty. Our institutions prevent equitable access to education, housing, transportation, employment, health care, and other opportunities and resources. Only when we implement policies designed to overcome structural racism and account for the inequities it has promoted can we make real progress toward eradicating poverty.

We see evidence of structural racism and policy failures at all levels of government. Federal housing policy favors relatively wealthy Americans through homeowner tax credits, while housing subsidies for low-income Americans fail to meet demand. The Orange County waitlist for housing vouchers is full. Zoning laws make it difficult to address our housing shortage, meaning the neediest among us bear higher housing costs or move farther away and take on higher transportation costs. Development patterns effectively require car ownership, another burden for lower-income individuals. Even in areas with public transportation, service is often limited and targeted primarily to serve university students and employees.

We can implement solutions today.

Addressing systemic issues requires policy change at all levels of government. We can take action locally to address both the symptoms and the root causes. Local governments have authority over housing and transportation policies that can be tools for reducing poverty, if implemented appropriately. Community organizations and businesses can also be leaders for change.

*Read more at <http://www.newsobserver.com/news/local/community/chapel-hill-news/chn-opinion/article96413667.html>*

*Molly De Marco is a Research Scientist, Assistant Director for Evaluation at the UNC Center for Health Promotion and Disease Prevention and a Research Assistant Professor with the Department of Nutrition in the Gillings School of Global Public Health. She also directs a program, funded through SNAP-Ed, that assists SNAP recipients make healthy food choices, extends Summer Meals to more SNAP-eligible families and engages SNAP recipients in community gardens. Travis Crayton is a graduate student at UNC-Chapel Hill, pursuing a Master of City & Regional Planning degree and a Master of Public Administration degree.*



## Breadmens: Roy and Bill Piscitello



In Chapel Hill or at IFC, Breadmen's is simply an institution. For many of the last years at IFC functions, more than likely Roy Piscitello was there and sometimes Bill, too. Serving up coffee or all measure of good foods, they have been there for events, lunches, celebrations. They have been generous in their time and energy to IFC, although Roy is quick to tell you that much of what he has done, he did because of Rebecca McCulloh. He says, "You didn't say no to Rebecca" and tells you how much good she did for the community and how much he misses her. She was a regular, often there and always referring to Roy and Bill as the Jersey boys. (*See Page 3: Rebecca Shirley McCulloh.*) He is also quick to tell you he isn't a do-gooder; he says that his focus is squarely on taking care of family and staff. Given that Roy and Bill's first-, second-, and third-generation customers believe they are family, that makes for a big family. Around the restaurant are the fun, arty, and unusual gifts and mementos from that extended family given to them over the past 42 years in business. There are also the plaques that honor the regulars who made it to 100 and those who have died.

The brothers came from northern New Jersey: Roy to UNC, where he graduated in the class of 1970. He started Breadmen's in 1974, and two years later Bill moved down to join his brother in the restaurant business. Both of them big-hearted, Roy is the brother of few words, Bill is the storyteller, and each has his specific roles at Breadmen's. In college Roy worked for the campus food service, Danziger's, and the Rathskeller. After college he joined the National Guard and was part of the team that opened up the K & W. Bill worked the back halls of food service at Bryant College in Rhode Island, cleaning up dining halls, mopping floors, stacking chairs on the tables. He also spent some time in a New Jersey Italian restaurant learning how to make meatballs, pizza dough, marinara and three-pound blocks of mozzarella.

The family had ties to North Carolina. Their father had gone to NC State before the war and after his service as a ranger in Italy and a prisoner of War in Poland. After Roy came to UNC and Bill moved down, their parents came as well. Roy has been here 50 years, and Bill almost that long, and they have seen and been a part of tremendous changes in this community. But Breadmen's (whether across the street from where it is now or in its current location), the brothers, the food, the decor, and the family they have created, remain a constant.

These days they say it is mostly the Castro family running things: Omar, the general manager; his dad, Luz; his brother; his grandfather; and his sister. It is the Castro family who will buy Breadmen's and carry on the tradition when Roy and Bill retire, and it is the Castro family who will open the new Breadmen's when the current location closes for new development. Then it will be Omar that IFC continues to turn to.

Breadmen's will soon be a part of RSVVP as they have been every year since it began. Bill says it doesn't matter how much they make that day, they'll never give less than they did the year before. A long time ago before Community Kitchen was in place, IFC would help the people who were struggling, traveling through town, low on money, or without a place to stay by giving them a voucher to eat at Breadmen's. For IFC it has been a long time being a part of Roy and Bill Piscitello's family.

## Our Neighbor's Voices

Looking Forward by David Lyles with Lucie Branham



David Lyles is smiling. He reaches out to shake my hand and then points out two finished puzzles on the tables. With soft-spoken eloquence, he tells me how one of the puzzles is a metaphor for life.

He talks about how he went from a healthy and independent man to a man who was sick, bedridden, in the hospital, and unable to help himself. He went from being a strongly independent man to one who would no longer be able to live alone. It was a life-changing event.

When he was released from the hospital, he moved into Community House, and it was a new way of living. Learning to live with others, living in a place with rules and regulations that were not his own made him question his life.

"When you go through sickness, you question the spiritual," he said. "I had always believed that if I lived right, prayed right, and did right, all things would be great. That changed. But at some point I realized I had to quit saying, 'Why me?' and say, 'Why not me?' When I changed my thinking, I found more peace in my spirit and being, and I grew. I realized I had come this way, that this had happened, to learn."

Because of his illness and his loss of independence, he began to see life differently. "I noticed how the things I was going through were teaching me in a way I would not have learned otherwise. I had to think about that and think about how far I'd come since the hospital bed."

He asks me to look at the puzzle and the puzzle picture. "Like the puzzle and the animals in the box, we tend to put things in shadowboxes in our own lives. When we do that,

when we put things into shadowboxes, we stick to the old. It isn't until we branch out — come out of our comfort zones — that we learn. *We can't learn other things or how great life can be until we come out of our own shadowboxes.*

"The puzzle shows the animals coming out of a still life into a real life, into an open life. You see them walking out of that still life, and none of them are looking back. They are always looking forward. This is true of life.

"If we look forward, we keep our focus on moving forward. We have to come out of ourselves, we have to have focus. We have to have a vision. We have to look forward. For me, I only looked back to see how far I had come. I looked back and realized I'd learned through being sick and that the sickness wasn't me, it was my flesh. So when I started getting better, I realized that I was better because I was actually a better person. The Lord showed me that you have to look to yourself and bring yourself out. You don't use others to validate you, you find the love in yourself, you look to yourself and then watch things happen.

"You can't have two negatives and make a positive ... you have to have both a positive and a negative. Like the lights we see, many connections are necessary to make that light, the light that moves us forward ... and the connections are both positive and negative. Dwelling on mistakes or negatives puts us back in our shadowbox.

"For me, when I saw how far I'd come, I decided to live my life every day as a better person. It woke up my spiritual side. As soon as I did that I became stress free. Before, I stayed in stress. Now I have no stress. It took my sickness to get me here. When I came out of the 'poor me,' I became just like the animals in the puzzle. I came out of the still life into life. I came out of the shadowbox, and I didn't and haven't looked back."



# You Are IFC

## Ways to Give

*IFC's annual budget is approximately \$1.7 million, with only about 10% of revenues coming from public sources. It is the generosity of individuals, congregations, businesses, foundations and other friends that help IFC continue its work and maintain our current level of services.*

*IFC was a top-rated 2014 GREATNONPROFITS and is a GuideStart Exchange Gold Participant. IFC is a public charity eligible to receive tax-deductible charitable contributions under section 501(c)(3) of the Internal Revenue Code. Our EIN is 59-1224041.*

### Contributing by Cash, Check, Visa/MC/Discover

You may contribute financially online, by mail, or via phone call to Frances Jackson at 919-929-6380, ext.12. All account information is kept confidential. Cash or check can be mailed to: IFC, 110 W. Main Street, Carrboro, NC 27510

### Workplace Giving

You may designate IFC to receive a recurring payroll deduction or a one-time gift through these charitable-giving campaigns: **Combined Federal Campaign, #52191; State Employees Combined Campaign, #1475-029; United Way of the Greater Triangle, #540.**

### Planned Giving

You can plan gifts today that will benefit IFC tomorrow. Your planned gift of a bequest, life insurance policy, gift annuity or a charitable remainder trust is an important investment in the life of the IFC. To discuss how you can be a part of strengthening our future, please call Frances Jackson at 919-929-6380, ext.12.

### Gift Card Giving

The IFC offers an array of gift cards, including Mother's Day for HomeStart cards. Whether you make a contribution to IFC as a gesture of sympathy, in the spirit of holiday giving, or to honor someone, the IFC will send the designated recipient(s) a gift card selected by the donor stating that their gift will be used to help those in need.

### OWASA Care to Share Program



Care to Share

By donating to the Care to Share program, you can help families in need pay their water bills. Round up your bill to the nearest dollar, or select any whole dollar amount to add as a donation to your OWASA bills.

### Duke Energy Share the Warmth/Cooling Assistance

You can help provide low-income families with financial assistance for their energy bills. Customers complete a "Customer Contribution" form with Duke Energy.

### INDY Week's Give!Guide

By encouraging year-end giving, the Indy Week's Give!Guide helps fund and promote local nonprofits. The aim is to instill the annual-giving habit in Triangle residents, especially those under the age of 36. Last year IFC raised \$6,565! Visit [give.indyweek.com](http://give.indyweek.com).

### Vehicle Donations

If you have a car you no longer need, you may donate it to IFC as a charitable contribution made through CARS. Please call 877-537-5277 for more information.

### Other Items

To donate other items, please contact Elizabeth Garfunkel, Executive Assistant, at 919-929-6380, ext. 15, or [assistant@ifcmailbox.org](mailto:assistant@ifcmailbox.org).

## Grateful Thanks

**Anne Holway:** For her last year of dedicated service as our volunteer Volunteer Director, who worked full-time to restructure, reorganize, and bring new vision to our volunteer structures and processes. Her tireless energy and determined efforts made real and positive changes. Her game nights helped IFC build new connections with each other.

**Matt Holway:** For his ongoing gift of hundreds of hours in the planning, designing, and implementing of IFC's new database.

**Corey Root:** For informing IFC's program committee about federal funding priorities and best practices; for making an enormous effort to improve and coordinate homeless services in Orange County and for inviting IFC to participate in that process; for taking IFC residential director on tours of other shelters in NC to learn how they operate as compared to CH.

**Bill Murray:** For his invaluable communication workshops and coaching for staff and volunteers.

**Chapel Hill – Carrboro Letter Carriers:** For their Annual Food Drive. Since 1993, the letter carriers of America have collected more than 1.5 billion pounds of food.

**Ongoing thanks to all the Lotta Love volunteers** who continue to transform HomeStart. And to **Steve Biddy Painting and Chartreuse Design**, who are redecorating Bldg C common areas.

**To the incoming freshmen at UNC Apples Program** who did some wonderful landscaping at HomeStart and helped prepare for the NCHFA audit/property inspection.

**To the wonderful volunteers** who donated backpacks, school supplies, shoes, and new outfits for all of the school age kids at HomeStart.

**To the LDS congregation**, who installed new raised beds, planted, and gave HomeStart a new garden to celebrate!

**To the wonderful Sarah Froeber**, who is reading to and doing crafts with the HomeStart kids.

## Many Thanks to Trader Joe's

More than 30 years ago, Trader Joe's started its Food Donation Program. This program directly aligns with how they describe who they are and what they do: "Fighting hunger is central to what we do. We are a grocery store. Thus, providing food for people in need is one of our most important giving priorities. Trader Joe's long-running policy is to donate products that are not fit for sale but are safe for consumption. Each store has a designated Donation Coordinator, whose responsibilities include working with local food banks, food pantries, and/or soup kitchens in their communities to facilitate donations, seven days a week."

From September 20, 2015, to September 20, 2016, Trader Joe's in Chapel Hill has donated \$915,000 in products to local charities and charitable causes.

There are 455 Trader Joe's stores in the United States. "In 2015 the chain donated more than \$321 million worth of product to food banks (up from \$295 million in 2014)," according to Alison Mochizuki, Public Relations Director for Trader Joe's.

***At least 50% of the meals being served at Community Kitchen and 75% of the meals served at Community House come entirely from Trader Joe's.***  
***Thank you, Trader Joe's!***

## In Memorium

Donna Cecil Bradley

Nancy B. Gorham

Roland P. "Sandy" McClamroch

Rebecca Shirley McCulloh

Eunice McKinney Sapp Dwiggin

Paul Nettesheim

Reginald D. "R.D." Smith



Web/Photo: Courtesy for Social Service

## HOLIDAYS ARE FOR SHARING.

*Please remember others with your generous gifts of holiday dinners this Thanksgiving and holiday season.*

\$25 helps us offer a complete holiday dinner to a family. Please mail your contribution to IFC, 110 W Main Street, Carrboro, NC 27510, subject line: holiday dinners; call Frances Jackson (919-929-6380, ext.12) with your credit card donation; or donate through the links on our website at [www.ifcweb.org/events/holiday](http://www.ifcweb.org/events/holiday)

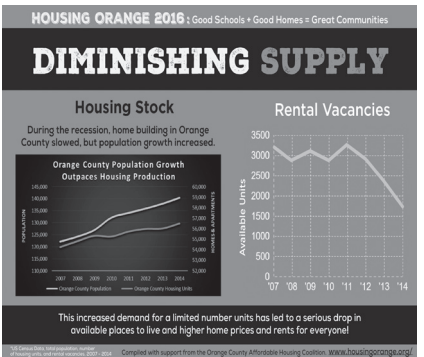
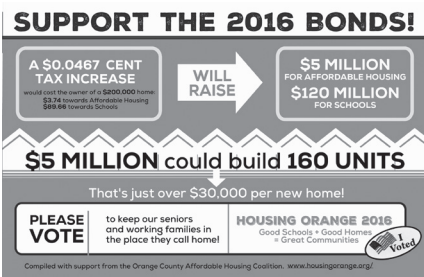
# “Vote YES for the \$5 Million Affordable Housing Bond This Fall”

This fall Orange County voters have a great deal to consider in the national and state elections. Locally, the ballot also includes an opportunity to vote for an investment that will increase the supply of affordable housing here in Orange County.

The Orange County Affordable Housing Coalition encourages county residents to vote in favor of the \$5 million affordable housing bond referendum, the first one in Orange County since 2001. Passing the housing bond holds great promise for the future of affordable housing in Orange County. A nominal property tax increase for county homeowners will raise an unprecedented \$5 million for local affordable housing projects. This likely will result in approximately 160 new affordable homes and rentals units.

There is also a \$120 million bond for the county’s local school districts. Housing coalition members believe that Good Housing + Good Schools = Good Communities. The Inter-Faith Council is a member and supporter of the Coalition. This public investment will benefit our program residents and others who struggle to find quality affordable housing for their families.

For more information about the bond, please visit <https://housingorange.org/>



## IFC Events

### CALENDAR

- FRIDAY, OCTOBER 21, 2016**  
6:15 - 7:00 p.m: MEET ME AT THE KITCHEN  
Chapel of the Cross is cooking dinner.  
Community Kitchen – Public invited, please RSVP
- THURSDAY, OCTOBER 27, 2016**  
6:00 p.m: IFC Annual Meeting, United Church of Chapel Hill  
7:00 p.m.: Open house hosted by Community House Advisory Committee at IFC @ SECU Community House
- TUESDAY, NOVEMBER 8, 2016**  
28th Annual RSVVP Day
- THURSDAY, NOVEMBER 10, 2016**  
6:15 - 7:00 p.m: MEET ME AT THE KITCHEN  
United Church is cooking dinner.  
Community Kitchen – Public invited, please RSVP
- SATURDAY, NOVEMBER 19, 2016**  
8:00 Pre-Turkey Day Jam  
Cary Theater, Cary, NC
- TUESDAY, DECEMBER 13, 2016**  
6:15 - 7:00 p.m: MEET ME AT THE KITCHEN  
Beth-El is cooking dinner.  
Community Kitchen – Public invited, please RSVP
- WEDNESDAY, DECEMBER 31, 2016**  
7:00 p.m: New Year’s Eve Benefit Concert, United Church of Chapel Hill
- SUNDAY, APRIL 23, 2017**  
2:30 p.m.: CROP Hunger Walk, Carrboro Commons

## Rishi Salon and Spa Benefit Fashion Show for HomeStart

Katy O’Leary and her staff from Rishi Salon and Spa spearheaded a fabulous benefit that raised \$2,741.94 for HomeStart. She was joined in her efforts, as she says, by the “Orange County Sheriff’s Office, eight boutiques, one fashion designer, more than 50 models, 30 volunteers, and dozens of local businesses!” The talented event and portrait photographer Fabian Ramos-Jimenez took photographs.

“Rishi Salon and Spa also puts up an annual giving tree during the holidays to benefit the children of HomeStart,” Katy said. “This year they will have a holiday event on December 3 featuring the giving tree, where anyone from the community can come by, take a holiday gift wish ornament, and then purchase the gift listed on the ornament for a child in need. All of the gifts will then be delivered to HomeStart in time for Christmas.”

<http://www.rishisalonandspa.com/fashion-show-2016-photos.html>

## Mother’s Day for HomeStart

For the second year in a row, Sydney, Eli, and Michelle Melet were the driving force behind their Mother’s Day for HomeStart gift cards. Mother’s Day for HomeStart cards received a boost when their application to Whole Foods 5% day received approval too late for last year’s Mother’s Day but ahead of this year’s and just in time to be eligible for a Stewards’ Fund match. In addition to selling the Mother’s Day cards on the IFC website, 17 retail stores also sold the cards for sales proceeds of \$4,000. The Mother’s Day for HomeStart 2016 total was \$9,000. Thank you Eli, Sydney, and Michelle for all that you have done and continue to do for the mothers and children of HomeStart.

## IFC Needs

### Community Kitchen

- \*\*\*Always needed: Meats
- Butter  
Salad dressings  
Mayonnaise  
Ketchup  
Red wine vinegar, apple cider vinegar  
Long grain rice  
Cumin, thyme, oregano, basil, fennel  
Fresh garlic

### Community House Kitchen

- \*\*\*Always needed: Meats
- Butter  
Grits  
Canned vegetables  
Sugar

### Residential Facilities

- \*\*\*High priority: Bath towels/washcloths  
\*\*\*High priority: Bar soap  
\*\*\*High priority: Shampoo
- Diapers: all sizes, especially size 4 (HomeStart)  
Razors and shaving cream (Community House)  
Reading glasses (1.75 and up)  
Nail clippers  
Pill organizers/boxes  
Long-length padlocks  
Twin-size sheets/pillowcases  
Coats/hats/gloves (cold months)

### Pantry – Food

- Canned chicken, tuna, beef stew  
Canned vegetables and canned fruit  
Spaghetti and spaghetti sauce  
Pinto beans  
Cereal, grits, oatmeal packets  
Soup (chicken noodle or vegetable)  
Rice

### Volunteers

- Community House: Front desk  
*Between the hours of:*  
Mon., Noon–8 p.m.  
Tues., 4–5:30 p.m.  
Weds., 2:30–5:30 p.m.  
Sat., 11 a.m.– noon, 6–8 p.m.  
Sun., 11 a.m.– noon, 4–8 p.m.

- Community Kitchen  
Help with dishwashing, Monday–Friday, 5–7 p.m.

- Food Pantry  
Receive, sort, stock food donations, variable shifts 9 a.m.–5 p.m.

“Do all that you can, with what you have, in the time you have, in the place you are.”  
— NKOSI JOHNSON, AIDS activist



# You Are IFC

RSVVP Restaurants Share Ten Percent

INTER-FAITH COUNCIL FOR SOCIAL SERVICE  
& LOCAL RESTAURANTS INVITE YOU TO

You Make  
the Difference

# DINE OUT

TUESDAY  
NOVEMBER 8

All Day & Night

Since 1989 over 2,104,000 meals  
served at IFC's Community Kitchen

345,000 Bags of Groceries  
given out at the IFC Food Pantry

EVENT SPONSORS: A Better Image Printing, Alexander Financial Services,  
CT Wilson Construction Co., IFC Board of Directors, Pat & John Dorward,  
Shared Vision Foundation, SunTrust Foundation, Synergy Building Company, Inc.,  
The Poster Guys

The Daily Tar Heel

Cape Fear News

97.9 FM

WISN

chapel hill

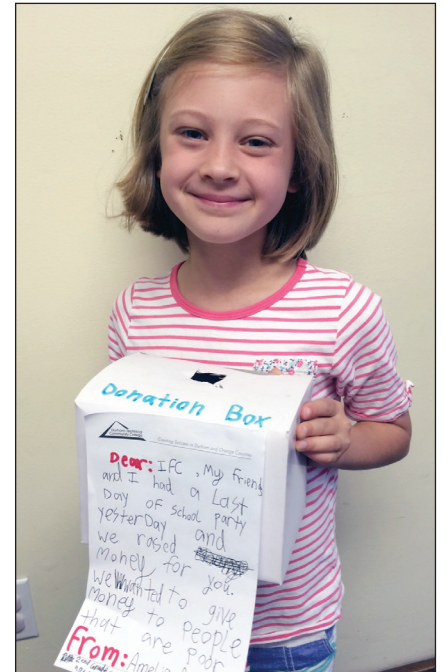
## The Children Give

### Amelia's Art Sale for IFC

Over the past few years, Amelia Aylor had begun to notice the homeless people on the street. She asked her parents about them and wanted to know what the family could do to help.

After seeing an afterschool activity art show at The ArtsCenter, Amelia was inspired to host an art sale at home. She invited over eight of her first grade friends on the last day of school for both a "celebration of summer and a fundraiser." Her idea was that she and her friends could make origami, jewelry, and art and sell the items to raise money for the homeless.

Setting up the art sale in the Aylor dining room, the children made art and then bought art from each other (much of it using funds from their own piggy banks.) They had fun together and also a serious conversation about where the money would go. After the art sale, Amelia and her mom, Jess, hand delivered the funds to IFC. Amelia and friends raised \$40 for IFC and, as Jess says, "planted the seed of giving back and loving your neighbor."



Amelia's donation and note

### The Snow Cone Kids

by Katy Hug, Food for the Summer Program Coordinator,  
from her July 28, 2016, Instagram post

"I'll be honest, I wasn't looking forward to going through my emails this past Sunday evening. But then I came across an email from the mother of two of these kids explaining to me how this group of local Chapel Hill children raised almost \$100 by selling snow cones in their neighborhood. They spent their entire Saturday preparing the treat and placing signs throughout the neighborhood to advertise selling snow cones so that they could 'give back' by giving to the Food for the Summer program.

"I was able to meet all of them this afternoon when they handed over the funds they had raised. Thanks to these guys for reminding us how much good is in the world. Every day there is something to remind me that I love being the Program Coordinator for this effort to feed local children in the summer."



## Our 30th Annual CROP Hunger Walk

was held April 10, 2016.

The Chapel Hill/Carrboro CROP Hunger Walk supports hunger-relief efforts globally and locally. Please join us for next year's walk on April 23, 2017!

Four photographs showing various groups of people participating in the CROP Hunger Walk. The top left photo shows a group of children and adults walking. The top right photo shows a group of people, including a man in a blue shirt and a woman in a red shirt, walking. The bottom left photo shows a group of people, including a man in a wheelchair and a woman in a blue shirt, walking. The bottom right photo shows a group of people, including a man in a blue shirt and a woman in a red shirt, walking.