



TAKE THE RIGHT STEPS

How to prepare for a possible disaster.



SIGN UP TO RECEIVE EMERGENCY ALERTS

- ▶ Check your County and local government website for information on receiving proactive notifications.
- ▶ Download the Red Cross emergency app.
 - ▶ You can find it in smartphone app stores by searching for the American Red Cross or going to redcross.org/apps.
- ▶ For more information on features of the app visit:
<http://rdcrss.org/1InSEsZ>
- ▶ If your mobile phone is Wireless Emergency Alert capable, you will automatically receive alerts.



DEVELOP AN EVACUATION AND LODGING PLAN that are outside of potentially impacted areas. Decide on where your family will go:

- ▶ Listen to your local authorities and take proactive action. Don't wait until it's too late to evacuate.
- ▶ Identify and discuss where the safest places in the house, school, office, etc., depending on the type of disaster that may occur.
- ▶ Identify possible routes for leaving the affected area.
- ▶ Make a plan to stay with friends / family.
- ▶ Secure commercial lodging.
- ▶ Locate an emergency shelter.
 - ▶ <http://bit.ly/1SQAUQJ>
 - ▶ <http://rdcrss.org/2vwsuFf>
 - ▶ 1-800-RED-CROSS
- ▶ Have maps available.



STAY ABREAST OF CHANGING WEATHER CONDITIONS

- ▶ Obtain a NOAA Weather Radio in order to stay-up-to-date on continuous weather information directly from the National Weather Service office.



ESTABLISH MEETING PLACES in case you are separated when a disaster occurs

- ▶ Inside your community.
- ▶ Outside of your community.



PURCHASE OR ASSEMBLE AN EMERGENCY PREPAREDNESS KIT

- ▶ Assemble your own. The Red Cross recommends the following minimum guidelines:
 - ▶ **Water** – one gallon per person, per day
 - ▶ 3-day supply for evacuation period
 - ▶ 2-week supply for home following the event
 - ▶ **Nonperishable Food**
 - ▶ 3-day supply for evacuation period
 - ▶ 2-week supply for home following the event
 - ▶ **Flashlight and Batteries**
 - ▶ Battery-powered or hand-crank **radio** (NOAA Weather Radio)
 - ▶ **Extra batteries**
 - ▶ **First-aid kit**
 - ▶ **Medications** (7-day supply) and medical items
 - ▶ **Multi-purpose tool**
 - ▶ **Sanitation and personal hygiene items**
 - ▶ **Copies of personal documents**
 - ▶ Medication list
 - ▶ Pertinent medical info
 - ▶ Proof of address
 - ▶ Deed/lease to home
 - ▶ Passports
 - ▶ Birth certificates
 - ▶ Social Security Cards
 - ▶ **Cell phone with chargers**
 - ▶ **Family and emergency contact information**
 - ▶ **Extra cash**
 - ▶ **Emergency blanket** (Available at the Red Cross store)
 - ▶ **Map(s) of the area**

- ▶ The Red Cross also suggests the following items to help meet additional needs:
 - ▶ Medical supplies (hearing aids with extra batteries, glasses, contact lenses, syringes, etc)
 - ▶ Baby supplies (bottles, formula, baby food, diapers)
 - ▶ Books, games, and activities for children
 - ▶ Pet supplies (collar, leash, ID, food, carrier, bowl)
 - ▶ Two-way radios
 - ▶ Extra set of car keys and house keys
 - ▶ Manual can opener
 - ▶ Additional supplies to keep at home or in your survival kit based on the types of disasters common to your area:
 - ▶ Whistle
 - ▶ N95 or surgical masks
 - ▶ Matches
 - ▶ Rain gear
 - ▶ Towels
 - ▶ Work gloves
 - ▶ Tools/supplies for securing your home
 - ▶ Extra clothing, hat and sturdy shoes
 - ▶ Plastic sheeting
 - ▶ Duct tape
 - ▶ Scissors
 - ▶ Household liquid bleach
 - ▶ Blankets or sleeping bags
- ▶ To purchase a preassembled kit visit: <http://bit.ly/2xhAkYP>



CREATE A FAMILY COMMUNICATION PLAN

that lists everyone's contact information; Identify one person to whom everyone will provide status updates

- ▶ To contact or communicate with loved ones during an emergency visit: <http://rdcrss.org/2hENTdV>



TAKE YOUR PETS WITH YOU OR FIND A SAFE PLACE FOR YOUR PETS TO GO



ASSEMBLE ALL IMPORTANT FAMILY AND COMMUNITY INFORMATION AND DOCUMENTS:

- ▶ Name, date of birth, Social Security number, and medical information for each family member
- ▶ Medical practitioner and pharmacy contacts
- ▶ Health insurance information
- ▶ Home, car, and property insurance information
- ▶ Emergency services contacts
- ▶ Utility and service provider contacts
- ▶ Veterinarians