Dear Health Care Professional:

Heavy menstrual bleeding (HMB) is a common problem affecting women in their reproductive years with an estimate prevalence of 9-14%. In women with bleeding disorders (BD), the prevalence is much higher. Management options of HMB include hormonal and/or hemostatic treatment.

The American College of Obstetricians and Gynecologists and American Academy of Pediatrics support the use of the levonorgestrel-releasing intrauterine device (LNgIUD) in appropriate candidates with HMB including adolescent girls. Currently there is no standard protocol regarding pre-medication, insertion and post procedure practices for LNgIUD amongst providers who provide care to this special population. Given that BD are relatively uncommon and all institutions approach LNgIUD insertion differently, it is our goal to survey health care providers across the United States on their attitudes and practices and eventually produce a uniform approach that may improve quality of care in patients with BD who choose the LNgIUD to control HMB. This survey is part of a research study being led by Claudia Borzutzky, M.D. from the Division of Adolescent Medicine at Children's Hospital Los Angeles CHLA, Allison Wheeler, M.D., from the Division of Hematology Oncology at Vanderbilt University School of Medicine, and Oluyemisi Adeyemi, M.D., from the Department of Obstetrics and Gynecology at Baylor College of Medicine. Participation in this research is completely voluntary.

If you volunteer to participate in this study, your participation will involve completing an on-line survey. You are free to skip questions that do not have asterisks by them, or discontinue the survey at any time. The survey will take about 10-15 minutes to complete. The responses to this survey may also be used for future research purposes. Voluntary provision of information about your institution is requested simply to help us avoid duplications in survey responses; no other contact information will be associated with your responses.

There is minimal risk to completing this survey. You should not expect any direct benefit as a result of participation in this research. The alternative to participation is to not participate. There is no cost to you for participation in this study.

Only the research team will have access to the information you provide. You will not be identified in publications of the research results. Authorized representatives of the Vanderbilt University Medical Center (VUMC) Institutional Review Board may review subject records but are bound by rules of confidentiality. Your choice about whether or not to participate will have no effect on your relationship with the researchers or VUMC. If you agree to participate, but later decide to withdraw from this study, you may do so without affecting your rights to services or benefits at VUMC. However, we will be unable to remove your responses from the survey once they have been submitted since we will have no way identifying which responses are yours.

If you have any questions about the study, please feel free to ask; my contact information is given below. You may withdraw from this study at any time and discontinue participation without penalty. You are not waiving any legal claims, rights or remedies because of your participation in this research study. If you have questions regarding the rights of research subjects or if you have complaints or concerns about the research and cannot reach the Principal Investigator; or just want to talk to someone other than the Investigator, you may call the VUMC Human Subjects Protection Program at (615) 322-2918.

If you are interested in participation, then please click on the link below to access the survey. Submission of the survey will be taken as your consent to participate in this research.

Link to survey: https://www.surveymonkey.com/r/3B6JWNK

If you are interested in participating in future related research studies, including a possible prospective registry for patients with HMB treated with LNgIUD, please click on the following link to provide us with your contact information. This is also completely voluntary and will not be linked in any way to your survey responses.

Link to provider contact info collection page: https://www.surveymonkey.com/r/936NNJJ

Thank you for your time and consideration.

Sincerely,

Allison P Wheeler, MD, MSCI
Assistant Professor of Pediatrics
Assistant Professor of Pathology, Microbiology & Immunology
Vanderbilt University Medical Center

PHONE: 508-868-5839

E-MAIL: allison.p.wheeler@vumc.org