

SUMMARY ANNUAL REPORT

FOR

NORTH CAROLINA BAR ASSOCIATION HEALTH BENEFIT TRUST

THIS IS A SUMMARY OF THE ANNUAL REPORT FOR THE NORTH CAROLINA BAR ASSOCIATION HEALTH BENEFIT TRUST, (EMPLOYER IDENTIFICATION NO. 56-0583941, PLAN NO. 501) FOR THE PERIOD OCTOBER 1, 2018 TO SEPTEMBER 30, 2019. THE ANNUAL REPORT HAS BEEN FILED WITH THE EMPLOYEE BENEFITS SECURITY ADMINISTRATION, AS REQUIRED UNDER THE EMPLOYEE RETIREMENT INCOME SECURITY ACT OF 1974 (ERISA).

THE VALUE OF PLAN ASSETS, AFTER SUBTRACTING LIABILITIES OF THE PLAN, WAS \$22,812,312 AS OF SEPTEMBER 30, 2019 COMPARE TO \$20,532,546 AS OF OCTOBER 1, 2018. DURING THE PLAN YEAR THE PLAN EXPERIENCED AN INCREASE IN ITS ASSETS OF \$2,279,766. THIS INCREASE INCLUDES UNREALIZED APPRECIATION OR DEPRECIATION IN THE VALUE OF PLAN ASSETS; THAT IS, THE DIFFERENCE BETWEEN THE VALUE OF THE PLAN'S ASSETS AT THE END OF THE YEAR AND THE VALUE OF THE ASSETS AT THE BEGINNING OF THE YEAR, OR THE COST OF ASSETS ACQUIRED DURING THE YEAR. DURING THE PLAN YEAR, THE PLAN HAD TOTAL INCOME OF \$43,647,334. THIS INCOME INCLUDED EMPLOYER CONTRIBUTIONS OF \$43,082,022 AND EARNINGS FROM INVESTMENTS OF \$565,312. PLAN EXPENSES WERE \$41,367,568. THESE EXPENSES INCLUDED \$5,223,412 IN ADMINISTRATIVE EXPENSES AND \$36,144,156 IN BENEFITS PAID TO PARTICIPANTS AND BENEFICIARIES.

YOUR RIGHTS TO ADDITIONAL INFORMATION

YOU HAVE THE RIGHT TO RECEIVE A COPY OF THE FULL ANNUAL REPORT, OR ANY PART THEREOF, ON REQUEST. THE ITEMS LISTED BELOW ARE INCLUDED IN THAT REPORT:

1. AN ACCOUNTANT'S REPORT;
2. ASSETS HELD FOR INVESTMENT; AND
3. INSURANCE INFORMATION INCLUDING SALES COMMISSIONS PAID BY INSURANCE CARRIERS.

TO OBTAIN A COPY OF THE FULL ANNUAL REPORT, OR ANY PART THEREOF, WRITE OR CALL THE OFFICE OF

NORTH CAROLINA BAR ASSOCIATION HEALTH
BENEFIT TRUST
8000 WESTON PARKWAY, SUITE 200
CARY, NC 27513
56-0583941 (EMPLOYER IDENTIFICATION NUMBER)
919-677-0561

YOU ALSO HAVE THE RIGHT TO RECEIVE FROM THE PLAN ADMINISTRATOR, ON REQUEST AND AT NO CHARGE, A STATEMENT OF THE ASSETS AND LIABILITIES OF THE PLAN AND ACCOMPANYING NOTES, OR A STATEMENT OF INCOME AND EXPENSES OF THE PLAN AND ACCOMPANYING NOTES, OR BOTH. IF YOU REQUEST A COPY OF THE FULL ANNUAL REPORT FROM THE PLAN ADMINISTRATOR, THESE TWO STATEMENTS AND ACCOMPANYING NOTES WILL BE INCLUDED AS PART OF THAT REPORT. THESE PORTIONS OF THE REPORT ARE FURNISHED WITHOUT CHARGE.

YOU ALSO HAVE THE LEGALLY PROTECTED RIGHT TO EXAMINE THE ANNUAL REPORT AT THE MAIN OFFICE OF THE PLAN:

8000 WESTON PARKWAY, SUITE 200
CARY, NC 27513

AND AT THE U.S. DEPARTMENT OF LABOR IN WASHINGTON, D.C., OR TO OBTAIN A COPY FROM THE U.S. DEPARTMENT OF LABOR UPON PAYMENT OF COPYING COSTS. REQUESTS TO THE DEPARTMENT SHOULD BE ADDRESSED TO: U.S. DEPARTMENT OF LABOR, EMPLOYEE BENEFITS SECURITY ADMINISTRATION, PUBLIC DISCLOSURE ROOM, 200 CONSTITUTION AVENUE, NW, SUITE N-1513, WASHINGTON, D.C. 20210.