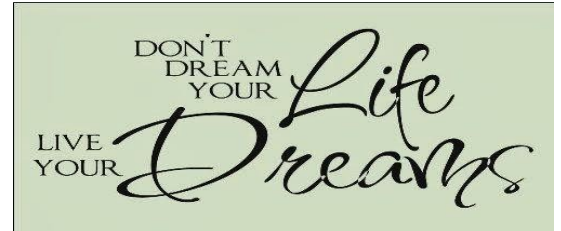


# THINKING OUTSIDE THE BOX

## Ask yourself

- ❑ **HOW DOES HEALTH PLAY A ROLE IN MY SUCCESS?**
- ❑ **HOW DOES FOOD PLAY A ROLE IN MY HEALTH?**



FIRSTHEALTH  
PIEDMONT HEALTH  
COOPERATIVE EXTENSIONS  
SCA  
MONT. CO. PARTNERSHIP FOR CHILDREN  
MONT. CO. HEALTH DEPARTMENT  
SANDHILLS PEDIATRICS  
WHY NOT ME COUNCELING SERVICE  
MONTGOMERY COMMUNITY COLLEGE

*"I Challenge you to not to view yourself inadequate, but to experience your brilliance beyond your greatest imagination*

*Your Spirit*

CULTURAL  
MUSIC FOOD INFORMATION CONVERSATION

CHAUTAUQUA

THANKS FOR ALLOWING US TO CELEBRATE YOUR CULTURE AND SHARE OUR SERVICES TO ASSIST YOU IN BECOMING SUCCESSFUL AND HEALTHY

**BRIDGING THE GAP BETWEEN HEALTH AND SUCCESS**



Date and Time: December 5, 2019 4 til 7pm

Place; Troy Chapel AME Zion Church 130 Barnhill St. Troy, NC