



If you are having trouble finding health information on a topic, please let us know and we'd be happy to help you! Give us a call at (910) 572-1393.

**Hours:**  
8 am—5 pm  
Monday– Friday

*Pursuant to Title VI, it is the goal of the Montgomery County Health Department to provide informational materials in your preferred language and at a reading level that you can easily understand. If you need information in a language other than what is offered, please let a member of our staff know and we will find related information in your preferred language. If you have trouble reading the material provided, or you do not understand what you read, please let a member of our staff know and we will be happy to explain it to you or find written material that is more easily understood.*

## **Montgomery County Health Department**

217 South Main Street  
Phone: 910-572-1393  
Fax: 910-572-8177

# **Need Health Information?**

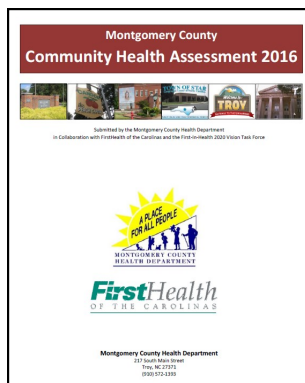
The Montgomery  
County Health  
Department is here  
to help!



The mission of the Montgomery County Health Department is to provide high-quality public health services to individuals and families in Montgomery County.

## Montgomery County Data and Health Statistics

Every four years, the Montgomery County Health Department collaborates with organizations, agencies, and businesses to produce the “Community Health Assessment” (CHA). This assessment provides an in-depth look into the health status of the county through the use of socioeconomic, health, crime, education, and other statistics. From this assessment, three priority health issues are identified that will help guide the work in the county. The CHA is released in April of every 4<sup>th</sup> year- the most recent is the CHA of 2016. During every year where a CHA is not completed, a “State of the County Health” (SOTCH) Report is released to provide an update on demographic information and a variety of health statistics including mortality and morbidity rates. The SOTCH Report also discusses the progress made in each of the priority health issues previously identified. The SOTCH report and CHA can be accessed online at [www.montgomerycountync.com](http://www.montgomerycountync.com) and can be viewed at the Montgomery County Public Library branches. Copies are distributed to stakeholders, partners, and to the public upon request by contacting the Health Education Department at (910) 572-1393.



## Check Out Our Resource Library!

The Montgomery County Health Department is proud to share our resource library with the public. We offer a variety of educational videos, brochures, and booklets. While the videos must be viewed on-site only, we will gladly provide one copy of any of our educational brochures upon request.

We offer resources on a range of health topics including:

- ◆ Nutrition and Physical Activity
- ◆ Maternal Health/Pregnancy/Prenatal Health
- ◆ Women’s Health
- ◆ Family Planning
- ◆ Sexual Health
- ◆ Men’s Health
- ◆ Tuberculosis
- ◆ Mental Health
- ◆ Child Health
- ◆ Disease Prevention
- ◆ Health Conditions (such as blood pressure, cancer, diabetes, stroke, asthma, and more!)

Many of our brochures and videos are available in Spanish!

## Internet Resources

There are many great resources available on the internet related to a variety of health topics:

- American Cancer Society <https://www.cancer.org/>
- American Dental Association <https://www.ada.org/>
- American Diabetes Association <http://www.diabetes.org/>
- American Dietetic Association <https://www.eatright.org/>
- American Heart Association <http://www.heart.org/HEARTORG/>
- American Lung Association <http://www.lung.org/>
- Centers for Disease Control and Prevention <https://www.cdc.gov/>
- March of Dimes <https://www.marchofdimes.org/>
- Men’s Health Network <http://www.menshealthnetwork.org/>
- Montgomery County Health Department <http://www.montgomerycountync.com/departments/health-department>
- National Highway Traffic Safety Administration (Child Passenger Safety) <https://www.nhtsa.gov/equipment/car-seats-and-booster-seats>
- NC Child (child advocacy organization) <http://www.ncchild.org/about/>
- North Carolina Division of Public Health <http://publichealth.nc.gov/>
- North Carolina State Center for Health Statistics <http://www.schs.state.nc.us/>
- Prevent Child Abuse North Carolina <https://www.preventchildabusenc.org/>
- Ready NC <https://readync.org/EN/Index.html>
- Safe Kids Worldwide <https://www.safekids.org/>
- Quitline NC <http://www.quitlinenc.com/>