#### **IMMUNIZATIONS**

#### **Immunization Clinic**

- We offer childhood vaccines free of charge to children 0—18 years old who are uninsured, underinsured, Native American, Native Alaskan, or who receive Medicaid
- For adults we offer vaccines against Covid, Influenza, Hepatitis B and Tetanus, Diphtheria, and Whooping Cough (TDAP). There is a fee for most adult vaccinations.
- Available Monday Friday 8:00 am 4:00 pm
- No appointment necessary



## LABORATORY SERVICES

- Laboratory services available on site
- Call (910) 572-1393 for more information

#### **ENVIRONMENTAL HEALTH**

- On-site wastewater (septic system), soil evaluations, permitting, system inspections and repair evaluations
- Food and Lodging, Institutions and Child Day Care Center Permitting and Inspections
- Child Lead Poisoning Investigation
- Private Well Evaluations, permitting, inspections, repair evaluations and water sampling (bacteriological and chemical) and analysis.
- Public swimming Pool Permitting and Inspections
- Tattoo Establishment Permitting and Inspections

Call 910-572-1393 for an appointment

# Walk-ins welcome as time permits

## Interpreter services available

## We accept:

- Medicaid
- Managed Care Health Plans

(AmeriHealth Caritas North Carolina, Healthy Blue of North Carolina, UnitedHealthcare of North Carolina, WellCare of North Carolina, and Carolina Complete Health)

- Private Insurance
- Personal Payment based on income
- Mastercard/Visa



# 217 S. MAIN ST. TROY, NC 27371

Department of Health 910-572-1393

WIC 910-572-8174

Environmental Health 910-572-3304 444 N. Main Street Troy, NC 27371

Monday-Thursday 8:00 am to 6:00 pm Friday 8:00 am to 12:00 pm

This institution is an equal-opportunity provider.

#### **MATERNAL HEALTH**

#### **Prenatal Care Clinic**

- Complete prenatal care including physical exams and laboratory services
- Ultrasounds available on-site
- Nutritional Counseling
- Prenatal Education
- Access to care for high risk pregnancies
- Patients may choose to deliver at either FirstHealth Moore Regional Hospital or Atrium Health Stanly

### **Case Management Services for Pregnant Women**

- Free RN case management services for high risk pregnant women
- Assistance with accessing resources needed during pregnancy and postpartum period, such as transportation, education, and medical care
- Development of a supportive relationship that promotes a healthy pregnancy, including ongoing pre-natal education for prevention of pre-term births.

#### CHILD HEALTH

#### Well Child Clinics—

 Physical exams and assessments (vision, hearing, developmental) for the prevention of illnesses and early detection of problems



- Referrals for abnormal findings
- Birth through 20 years of age
- Kindergarten Assessments/ Sports Physicals
- Lead screenings (1 through 5 years of age)
- Dental Varnishing for children 6 mos. to 3 1/2 yrs.
- Immunizations

#### **Case Management Services for Children**

 Coordination of services and resources for families and children, ages birth to five years, who are at risk for or have been diagnosed with chronic illness, developmental delays or emotional problems, or have been exposed to toxic stress.

#### PUBLIC HEALTH PREPAREDNESS

- Build and support local public health capacity to prevent, prepare for, and respond to public health events and incidents in coordination with local, regional, state and federal resources
- Convene meetings with partners to develop and refine plans for man-made and natural disasters
- Act as a liaison for preparedness activity with County Emergency manager and other community partners.
- Facilitate the delivery of required preparedness training programs such as ICS for local health department staff
- Provide educational flyers, pamphlets and training on preparedness to the community.

#### **NUTRITIONAL SERVICES**

#### WIC Program - The Special Supplemental Nutrition Program for Women, Infants and Children

- Available to pregnant, postpartum and breastfeeding women, infants and children under the age of 5 years old who meet income criteria
- Free monthly benefits added to an eWIC card used to purchase healthy foods such as milk, eggs, juice, fruits, vegetables, peanut butter, cheese, whole grain cereals, pastas, bread, canned meats, yogurt, beans, peas and infant foods
- Nutrition education and one-on-one counseling services provided in-person, online or by phone
- Breastfeeding support and education, one-on-one counseling services, group classes, breastfeeding aids and supplies, peer counselor services
- Screenings and referrals to other health, welfare, social and community services

#### **COMMUNICABLE DISEASE**

#### **Sexually Transmitted Infections/ Diseases**

- STI/ STD testing for gonorrhea, chlamydia, HIV/ AIDS, syphilis, and others
- STI/STD exams, counseling and treatment
- Confidential services offered to clients regardless of county of residence
- Condoms available at no cost.

#### **Infectious Disease**

- Evaluation and treatment for tuberculosis
- Follow-up/investigation for all reportable infectious diseases
- Lead agency in managing outbreaks



#### **ADULT HEALTH**

- Pregnancy Test
- Blood Pressure
- TB Skin Test
- Pap Smears
- Sick Care
- Physical Exam
- Department of Transportation (DOT) physicals.



#### **FAMILY PLANNING**

#### **Family Planning Clinic**

- Annual physical exams for adolescents, and men and women of childbearing age
- Prevention of pregnancies
- Laboratory services
- Referrals for abnormal findings
- Education and counseling about chosen birth control method
- Detection and treatment for specific problems/infections
- Pre-conception and Basic Infertility Services
- Postpartum Exams

#### **HEALTH EDUCATION**

- Works to create healthier communities through partnerships and advocacy for improving nutrition, increased opportunities to be physically active, and promotion of tobacco cessation and prevention efforts.
- Monitors health data and works with partners to implement evidence-based risk reduction initiatives to mitigate leading health concerns.
- Child Safety Seat Education and Installation.
- Speakers available to provide health information to community groups on a variety of health topics.
- Provides health education information to the public, which can be accessed at www. Montgomerycountync.com and selecting the "Health Department" link.