A PLACE FOR ALL PEOPLE
MONTGOMERY COUNTY DEPARTMENT OF HEALTH

# JULY 2022

MONTGOMERY COUNTY DEPARTMENT OF HEALTH

## In This Issue

**COVID Vaccines are available for ages 6 months to 5 years**

Vaccines are available to children 6 months to 5 years old at the Department of Health.

See page 2 for more information.



**Montgomery County Lactation Celebration**

Step Up for Breastfeeding Educate and Support

Celebrating Our Expecting/Breastfeeding Moms During National Breastfeeding Month

**Tuesday, August 9th 2022**
**11 am - 2 pm**

217 South Main Street Troy, NC 27371
Montgomery County Department of Health

Photo Booth, FREE photos for Mom and Baby | Light Refreshments provided | Lactation Consultant on site for breastfeeding help & questions | Swag Bags for every mom & 3 big raffle items

SCAN ME to register for

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COVID Testing is available at OptumServe Monday—Friday.

See page 5 for more information.

Join us for the third annual Lactation Celebration in honor of National Breastfeeding Month.

See page 4 for more information.
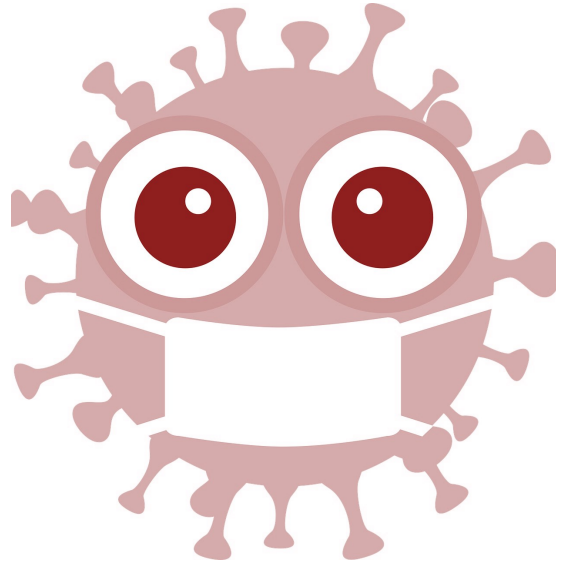
# COVID Vaccinations

## MCDH Vaccine Information

**The COVID-19 Vaccine and Booster is available at the Department of Health for all individuals ages 6 months - 5 years old, 5-11 years old, or 18 and older.**

**<u>Appointments are required.</u>**
You may register for a vaccine appointment by submitting a form online at montgomerycountync.com or by phone at (910)-572-1393.

Forms are also available outside the Department of Health building or at the Troy Library. All forms should be returned to the drop box located at the Department of Health

## COVID-19 Testing

**West Montgomery High School**
417 Warrior Drive
Mt. Gilead, NC 27306

The times are as follows:
Monday, Wednesday, and
Friday: 9am to 2pm

Tuesday and Thursday: 12pm to 5pm

To register visit
Lhicare.covidtesting
or call 887-562-4850

# Upcoming Classes

## Car Seat Checks

**To sign up**: contact a Health Educator by calling 910-572-1393

Learn how to properly install your carseat in your vehicle!

Did you know our Health Educators are Certified Car Seat Technicians?

We can help you learn how to properly install your car seat or check the installation of an existing car seat! We are hosting our Car Seat Inspection on Thursday, June 2nd at 2pm. To sign up for this free event, call our Health Educator at 910-572-1393.

## Safe Sleep Class July 29th

We are offering our **FREE** 1-hour safe sleep class through zoom on July 29th at 10am. The class is available to all Montgomery County residents who are currently pregnant or the parent of a child less than 6 months. After completing the class you will receive a **FREE** safe sleep space! This program will cover practical steps that parents can take to lower the risk of a SIDS related death.

To sign up, contact a Health Educator at 910-572-1393 or fill out our online form https://bit.ly/3zjVwuw.

## Conquering Motherhood

Our next conquering motherhood class will begin on August 24th through zoom. This class prepares parents with the basic knowledge of infant feeding, car seat education, safe sleep practices, and tips to help reduce Post-partum depression.

To sign up, contact a Health Educator at 910-572-1393 or fill out our online form https://bit.ly/3LkKzhr.

Conquering Motherhood

EMPOWERING MOMS WITH CONFIDENCE

# Upcoming Events

Join us for the third annual Lactation Celebration in honor of National Breastfeeding Month.

To sign up visit our Facebook page or call the office at 910-572-1393.



## Montgomery County Lactation Celebration

Step Up for Breastfeeding
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During National Breastfeeding Month

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## Condado de Montgomery Celebración de Lactancia

Impulsemos la lactancia Materna
Apoyando y Educando

Celebramos Nuestras Mamás Esperando Y
Nuestras Mamás Lactantes Durante
el Mes Mundial de la Lactancia Materna

Martes, 9 de Agosto del 2022
11 am - 2 pm
217 South Main Street Troy, NC 27371
Departamento de Salud del Condado de Montgomery

Fotos GRATIS proporcionado para Mamá y Bebé

Refrescos incluidos para el evento

Lactancia Consultor para ayuda sobre la lactancia materna

Bolsas con regalos para todas las Mamás y 3 grandes artículos de Rifa

ESCANEAME para regis-

# COVID Testing

OptumServe COVID testing hours have changed. The testing site will no longer hold weekend hours, but will run Monday through Friday.

To register for a test call (877) 562-4850 or visit lhi.care/covidtesting.

## COVID TESTING LOCATION

**West Montgomery High School**

147 Warrior Drive, Mt. Gilead, NC 27306

Monday, Wednesday, Friday 9am - 2pm
Tuesday, Thursday 12pm - 5pm

There will be no weekend hours for testing.

# Contact Information



**Montgomery County**

**Department of Health**

217 South Main Street

Troy, NC 27371

910-572-1393

If you would like to join the mailing list and ensure that you receive future communication from the Montgomery County Department of Health, please email Margaret Gibbons (margaret.gibbons@montgomerycountync.com).