



APRIL 2022

MONTGOMERY COUNTY DEPARTMENT OF HEALTH

National Public Health Week

April 4th through 10th has been designated as National Public Health Week. Each day of Public Health week we focus on a different public health topic.

Monday: Racism: A Public Health Crisis

Tuesday: Public Health Workforce:
Essential to our future

Wednesday: Community Collaboration and
Resilience

Thursday: World Health Day: Health is a
Human Right

Friday: Accessibility: Closing the Health
Equity Gap

Saturday: Climate Change: Taking Action
for Equity

Sunday: Mental Wellness: Redefining the
Meaning of Health

Child Abuse Prevention Month



During this month we recognize families and community organizations working together to build resilient families, and preventing child abuse and neglect.

World Immunization Week

April 24-30

It is still important to get children their required vaccines beginning after birth. Typically children are given their required vaccines during their routine well child visits. To schedule your child a well child visit call 910-572-1393

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COVID Vaccines and Boosters are Available

Vaccines are available to all individuals ages 5 -11 or 18+ at the Department of Health.

See page 2 for more information

Health News

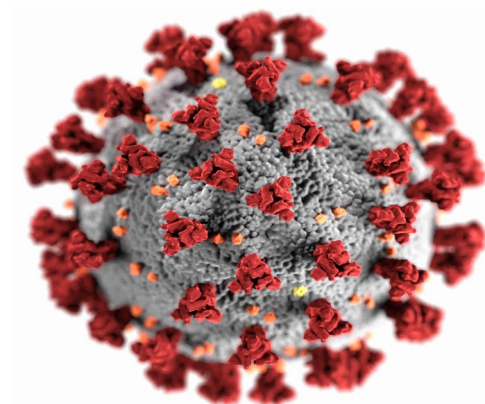
MCDH Vaccine Information

The COVID-19 Vaccine is available for all individuals ages 5-11 old years or 18 and older

Appointments are required.

You may register for a vaccine appointment by submitting a form online at montgomerycountync.com or by phone at (910)-572-1393.

Forms are also available outside the department of health building and should be returned to the



2nd COVID Booster Eligibility

Everyone 50 and older and certain immunocompromised individuals are now eligible for a second COVID booster, to be received 4 months after your initial booster.

If you are eligible for your 2nd COVID booster you can fill out our online form and a member of our staff will contact you.

COVID Vaccine or Booster
Online Form:

English: <https://bit.ly/3np2V7h>

Spanish: <https://bit.ly/3qLCpHx>

COVID-19 Testing

COVID-19 testing will be available at

West Montgomery High School

417 Warrior Drive

Mt. Gilead, NC 27306

The times are as follows:

Monday, Wednesday, and Saturday:

9am to 2pm

Tuesday and Thursday: 12pm to 5pm

To register visit

[Lhicare.covidtesting](https://lhicare.covidtesting)

or call 887-562-4850

Department News

Safe Sleep Class April 29th

We are offering our 1-hour Safe Sleep Class through zoom on April 29th at 10am. The class is available to all Montgomery County residents who are pregnant (preferably at least 5 months along), or the parent of a newborn less than 6 months old. After completing the class you will receive a free crib or pack n play. To sign up, contact Kimberly Burger (910-572-1393 ext. 1227) or fill out our online form (<https://bit.ly/3zjVwuw>). The class will cover practical steps that parents can take to lower the risk of a SIDS death.

CMARC NEWS!

We would like to welcome Laura Watkins Dills, RN to our CMARC Program (Care Management for At Risk Children- previously known as CC4C). Laura will be our newest RN Care Manager working with our target population of children, ages 0-5 in Montgomery County. This target group of children includes NICU graduates, children in toxic stress situations, children with special healthcare needs, and children in foster care. We are very fortunate to have Laura with us and she will be a wonderful advocate for our Montgomery County children.



WIC news: The monthly cash benefit for Fruits and Vegetables will continue through September 30, 2022 this year. This includes a monthly benefit of \$43.00 for Pregnant women, \$47.00 for Breastfeeding women, and \$24.00 for children. The Public Health Emergency waivers for physical presence in the WIC clinic are set to expire July 15. Phone appointments are currently being completed for all participants. Call WIC at 910-572-8174. Referrals can also be completed on-line at [https://](https://www.nutritionnc.com/wic/wic-referral.asp)

www.nutritionnc.com/wic/wic-referral.asp



News and Events

In celebration of National Nutrition Month, we held a dress like a fruit or vegetable costume contest among our employees. Our employees came up with some pretty creative costumes! The pictures were shared on our Facebook page where the public were asked to vote for their favorite costume.

Congratulations to our costume contest winner Lisa Poindexter, RN for her salad costume!



Fruit and Vegetable Costume Contest



Narcan Availability

NARCAN Availability

**Cochrane
Ridenhour Drug
(910) 439-6541**

**CVS Pharmacy
(910) 572-1396**

**Wal-Mart
Pharmacy
(910) 428-4960**

**Quality Care
Pharmacy-Seven
Lakes
(910) 673-3784**

**Troy Pharmacy
(910) 573-3431**

**NARCAN available
without a
prescription at
these locations.
Price varies per
location.**

**Signs of an opioid
overdose include:**

- Unresponsiveness
- Awake, but unable to talk
- Body is very limp
- Face is pale or clammy
- Blue lips, fingernails, and skin

**Information provided
by Montgomery
County Department of
Health**



Contact Information

For more information, contact the
Montgomery County Department of Health
at (910) 572-1393.

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If you would like to join the mailing list and ensure that you receive future communication from the Montgomery County Department of Health, please email Margaret Gibbons (margaret.gibbons@montgomerycountync.com).