

The Franklin County Health Department Opened the:

## **Franklin County Corona Virus & COVID-19**

### **Joint Information Center (JIC)**

*Monday – Friday, 8:00am – 5:00pm*

**(919) 496 – 8113**

**Franklin-County-Specific Virus Information.**

Franklin County residents may also choose to email their questions/concerns to [CoronaVirus@franklincountync.us](mailto:CoronaVirus@franklincountync.us)

**If this is a medical emergency, call 911 immediately.**

**Testing is available at hospitals, urgent cares, and at primary care offices. Please CALL AHEAD if you have symptoms and follow their instructions.**

**General State & Regional NC Information** on the Coronavirus can also be obtained by going to the NCDHHS website by following this link:

<https://www.ncdhhs.gov/divisions/public-health/coronavirus-disease-2019-covid-19-response-north-carolina>

You can also get Coronavirus information by calling poison control at 1-800-222-1222.

#### **Personal Protection Measures:**

In order to slow the virus's spread, everyone should practice personal protection and enhanced cleaning measures to ensure you and your loved-ones remain safe:

- avoid touching your face (including eyes, mouth, nose and ears);
- Wash your hands frequently & thoroughly (front & back) with warm water and soap for at least 20 seconds AND if available, use hand sanitizers frequently;
- cough/sneeze into your elbow/arm, and avoid any physical contact greetings (i.e. no handshakes etc.);
- avoid others if you're sick;
- If you're sick, stay home from work/school and don't visit anyone (especially older adults, children and those with chronic health conditions).
- If over the age of 65 and/or suffering from a chronic health condition, avoid large public gatherings (issued by CDC on 3-7-19);
- Avoid being closer than 6 feet (or 3 feet at a minimum) for longer than 10 minutes with anyone, especially those who may be ill.
- At Home and at work, make sure you practice enhanced cleaning and personal protection protocols, as is normal practice for this time of year (given its peak flu season);

Get the word out that these measures can help keep you and your family safe.