

# Are You Askable? Tips & Tools

## Door Openers

- What do you think?
- That's a good question.
- I don't know, but I'll find out.
- I'm trying to understand what you're feeling.
- Do you know that word means?
- I'm glad you told me about that.

## For the car ride

Use a hit song as a way to start talking with your child about healthy relationships.

## TV vs. Reality

Use a TV show as a way to start talking with your child about teen pregnancy.

## alWayS ReMEmber

Listen as much as you talk.

## TALK early & often

The time to start talking is now.

## Door SLAMMERS

- You're too young.
- Where did you hear that?
- If you say that word again...
- That's none of your business.
- I don't care what your friends are doing.
- That's just for boys (girls).
- We'll talk about that when you need to know.



*So young people grow up healthy*

[shiftnc.org/LetsTalkMonth](http://shiftnc.org/LetsTalkMonth)

# Let's Talk Month

every october

Are you  
askable?

**Be cool... or not!**

Learning to talk about sex with kids isn't always easy, but it's really important.

**Join us in making awkward conversations easier!**

Start talking  
today!

For great tips and fun conversation starters to help young people develop responsible attitudes and behaviors about sexual health, visit:

[SHIFTNC.ORG/LETSTALKMONTH](http://SHIFTNC.ORG/LETSTALKMONTH)

