



appcnc

Adolescent Pregnancy Prevention
Campaign of North Carolina

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Dear Friend:

My name is Delsie-Anne Bailey. I am a sophomore majoring in Economics at the University of North Carolina at Chapel Hill and a member of the Adolescent Pregnancy Prevention Campaign of North Carolina's (APPCNC) Teen Health Now youth group. I also have a daughter. Her name is Faith, and she will turn three on December 22nd.

There are many times when I wonder, "How did I end up here?" Like most of my peers at UNC, I was a straight-A student. I played flute in the marching band, ran track, and came from a strong Christian home. I was the picture of a good kid. But – again, like most of my peers – I never received medically accurate information about sex. My school left out basic facts and only talked about abstinence until marriage. My parents just said, "Don't do it," and left it at that. Everything I knew about sex came from my friends, the media, and my boyfriend.



Everyone was shocked when I got pregnant – me included! When it came to dealing with the consequences of unprotected sex, I was alone. My friends and my baby's father disappeared. I had to figure out how to finish my education, meet my goals, *and* take care of my new baby all by myself.

I started working with APPCNC because I believe that no teen should get pregnant (or get someone pregnant) because he or she lacked basic information. APPCNC led the fight to pass North Carolina's new Healthy

Youth Act, which finally requires schools to teach medically accurate information about pregnancy and STD prevention. APPCNC now works with school systems and communities to help them implement the new law with the best sex education programs available. APPCNC helped me turn my passion into action.

Now I need your help. Even though we've made lots of progress, North Carolina still has the 14th highest pregnancy rate in the U.S. And, I fully expect our work to become harder now that some of the staunchest opponents of the Healthy Youth Act have taken control of the NC General Assembly.

Would you consider a small, tax-deductible donation to APPCNC? Your donation will help APPCNC provide professionals, educators, policymakers, families, and teens like me with information and training on proven pregnancy



prevention strategies. Your donation will also help us protect the critical Healthy Youth Act. I've included some information on the work APPCNC has done below so that you can see just how important their day-to-day work is.

More than 19,000 North Carolina girls got pregnant the same year I did. If one less teen has to go through what I did – dealing with the loneliness and giving up her own childhood to raise a child – then I will have accomplished my goal. But, to accomplish my goal of one less, I need one more – I need you!

Sincerely,



Delsie-Anne Bailey, UNC '13

PS – You can make a tax deductible donation by mailing a gift to APPCNC, 3708 Mayfair Street, Suite 310, Durham, NC 27707 OR you can donate securely at www.appcnc.org. Every bit helps!

APPCNC's 2010 Accomplishments

- **Healthy Youth Act Guidebook and Roadshow** – After the Healthy Youth Act passed in 2009, many teachers and school administrators were confused about what the new law would mean for them. APPCNC jumped in immediately! APPCNC wrote a guidebook on implementing the new law and sent one to every school system in NC. Then, they went to more than 45 counties to provide in-depth information on the new law. This technical assistance was a big help to school systems as they put the new law to work in classrooms.
- **Gaston Youth Connected** – In September, APPCNC was awarded a major grant from the Centers for Disease Control and Prevention (CDC) to help Gaston County implement a 5-year community-wide teen pregnancy prevention initiative. APPCNC was only one of eight groups selected from across the country to test this new strategy. They will use a lot of the lessons learned in Gaston County to help other counties plan similar initiatives.
- **BrdsNBz Text Message Warm Line** – APPCNC's innovative text line has continued to receive lots of media attention. In addition, it won Healthy Teen Network's national Outstanding Emerging Innovation Award in October.
- **Technology** – In January, APPCNC launched a new website to provide better information for parents, teens, and professionals. Check it out at www.appcnc.org. You can also follow APPCNC on Twitter (@appcnc) and on Facebook! Soon they're launching a new blog to keep you up to date on teen pregnancy and health in research, pop culture, and current events.