



Circle of Security® PARENTING SERIES

Presented by: MCH Family Outreach

Location: Virtual

Dates: 06/23 to 8/11

Time: 1:30pm-3:30pm

Cost: FREE

Who should attend: Parents, Grandparents, Relative Caregivers, Foster/Adoptive Parents

How to register: Call MCH Family Outreach at 254-245-9911

At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security® Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Learning Objectives of the Course:

- Understand your child's emotional world by learning to read emotional needs
- Support your child's ability to successfully manage emotions
- Enhance the development of your child's self esteem
- Honor your innate wisdom and desire for your child to be secure

MCH Family Outreach works with families to identify and develop their strengths to help meet the needs of both caregiver and child. Our hope is for families to feel supported as they find solutions to the challenges of raising children. In addition to parenting groups, we provide in-home services for:

- Parent education and support
- Connection to community resources
- Family goal setting
- Grandparent/relative caregiver support

For additional information please call 254-245-9911.



MCH Family Outreach
Offering Hope Since 1890