



## East Wake Basketball League Rules for 9-17 year olds

Governing Rules: North Carolina High School Athletic Association rules will govern play with the exceptions covered herein.

### Court Dimensions:

- A. Free Throw
  - a. 10 and Under boys and girls: 12 Feet
  - b. 12 and Up boys and girls: 15 Feet

### Game Length:

- A. 12 and Under will play 12 minute half's
- B. 13 and Over will play 13 minute half's
- C. All Ages will have two minute overtimes. Limit two(2). Should there be a tie after the second overtime the game will end in a tie.
- D. All Games will start on time with No Grace Period.
- E. There will be **two timeouts per Half** and one timeout per overtime. Timeouts do not carry over.
- F. In the second half of a game a Running clock will be used when the point differential reaches 20, stopping only for timeouts, free throws and injuries. A regulation clock will return with the differential is at 15 points or less.
- G. All Games will be played as scheduled. No games will be rescheduled unless due to inclement weather.

### Backcourt Defense:

- A. In all age groups if there is a 20 point lead in a game, the team ahead will not be allowed to play defense in the backcourt.
- B. 10 and Under Boys and Girls: Defense is not allowed except for the last two minutes of the game and any overtime periods.
- C. 12 and Under Boys and Girls: Defense will be allowed in the second half and any overtime periods.
- D. 13 and Up Boys and Girls: Defense is allowed throughout the game with the exception of the 20 point lead rule.

\*\*\*\* Penalty for backcourt defense is a warning the first time, then a one shot technical foul each additional time after.

**Lane Violations:**

- A. U10 Girls and 9-10 Boys: 5 Seconds
- B. U12 Girls and 11-12 Boys on Up: 3 Seconds

**Equipment:**

- A. U10, U12 Girls and 9-10 Boys will play with an 28.5 Basketball
- B. 11-17 Boys will use a regulation 29.5 Basketball

**Participants:**

- A. A player may appear on only one roster.
- B. All Children 13 and up must be enrolled in a secondary school to participate in the East Wake Basketball League.
- C. Any player suspended from school will not be allowed to participate during his/her suspension.
- D. It is highly recommended that each kid play at least 7 minutes. All kids should play in both the first and second half.
- E. Each team must have at least 4 players to start and 2 players at the end.

**Other Rules:**

1. Misconduct:
  - A. One misconduct technical foul on any player will result in an ejection from the game and the player must sit out the rest of the game. If said player continues to be disruptive after being banished to the bench, the game can be ruled a forfeit and said player may receive a suspension.
  - B. One misconduct technical foul on any coach will result in a banishment to the bench and they must sit. On the second technical foul, the coach must leave the facility immediately.
    - a. Each area director has the right to invoke a suspension for any player or coach that receives a misconduct technical foul.
2. Dunking or attempting to dunk during or before any game will result in a technical foul. \*\*Penalty includes an ejection from the game and a 1 game suspension.
3. Any area that holds an "in house" has the right to alter these rules to fit their individual programs.

