

# **Wendell Parks and Recreation Youth Beach Volleyball League Rules and Regulations**

The Beach Volleyball League will play by NFHS (High School) rules with the following exceptions:

## **MATCH:**

A match will consist of the best 3 out of 5 games.

A match shall include let serves (serves that hit the net and go over).

A match shall entitle each team to one time out per game. Time outs will one minute in length.

A match shall have two minutes between games.

## **SCORING:**

A point is scored each time a fault is committed.

If the serving team wins the rally, it scores a point and continues to serve.

If the receiving team wins the rally, it scores a point and gains the serve.

Each time a team gains the serve, it must rotate, clockwise, one position.

## **GAME:**

Home team will serve first. The opposing team will choose which side they would like to start playing on.

The team will change sides between games and the team not serving first in the first game will serve the start of the second game.

The first four (4) games shall be to 21 points with a team winning by 2 or the first team to 30.

The fifth game if necessary shall be to 15 point. (First team to 15 wins).

## **OUT OF BOUNDS:**

There are no Antennas, so anything that goes over the net and lands in bounds is in play.

## **EQUIPMENT:**

A regulation beach volleyball will be used for all age groups.

No guard, cast, or brace made of hard leather, plastic, pliable plastic, metal, or any other hard substance, even though padded, is permitted on the finger, hand, wrist, or forearm.

Players shall not wear any jewelry during play. (Newly ears peirced with studs may wear band-aids over the ear ring.)

You may wear socks or shoes in the sand if desired.

Knee/elbow pads are not required but may be worn if desired.

## **COMPOSITION AND POSITION:**

Age Groups: 11U—player may not turn 12 before May 1st of the current year.

15U—player may not turn 16 before May 1<sup>st</sup> of the current year.

A team shall consist of six (6) players to begin the first game of the match. If there are not six (6) players present at the start of the first game, a team may play shorthanded. Each team must have at least four (4) players to begin the match.

There shall be a 10 minute grace period for the first game of the night. Game time is forfeit time for all other games that night.

If a team has more than six (6) players, when a team rotates to serve, the player who served the previous turn must come out of the game. Substitutes enter in the center-back position only. (or left of the coach in the first 4 games of 11U). All players will continue to enter and exit the game in the center-back position as the game continues.

## **SERVE:**

A serve is contact with the ball to initiate play. The server shall hit the ball with one hand, while the ball is held or after its release. The ball shall be served (contacted) following the referee's signal to serve.

11U age group---Each player will be allowed to serve from the "short-serve" line. The "short-serve" line will be defined as a line marked approximately 20' from the net.

After 3 points in a row by one server, they are required to move to the baseline to serve. There will be a five (5) serve limit per player. After five (5) points in a row by one server, regardless of which line they serve from, they will lose the serve and rotate to the next person when they regain the service.

15U age group---Players will serve from the back line. There will be a five (5) serve limit.

A re-serve shall be called when the server releases the ball for service, and either catches it or it drops to the surface. All players will be permitted only two re-serve attempts per rally.

**TEAM BENCHES:**

A coach may stand out of bounds during play to instruct players (not officiate) in a non-disruptive manner and may stand and move about to speak to team members and players. Acts deemed disruptive by the referee shall be sanctioned.

In 11U, during the first 4 games, a coach is permitted to play from the back middle position only, but is not allowed to hit the ball over the net.

**LIVE AND DEAD BALLS:**

Teams may play/hit the ball three times in a volley. (you may use your feet in beach volleyball)

Blocking a served ball is not permitted.

Violations such as lifting, carrying, double hits are judgement calls and may not be protested.

**OBJECTIVES/GUIDELINES**

Each team must provide a line judge to assist the referee in each scheduled match.

Any unsportsmanlike act will be penalized whether a coach, player, parent, or spectator.

Any person ejected from the match anytime for unsportsmanlike conduct will be suspended for their teams next match. A second violation may result in a suspension from the league.

Coaches and spectators that are ejected must leave the playing area immediately and if more outburst are made towards the ref, player, spectator, or any coaches then he/she will be asked to leave the park and 911 will be called to see that you do.

Players that are ejected may remain at the playing area. Should the ejected player continue to argue or be out of control, she will be asked to leave the park and will face a larger suspension.