**Monday**: 7:00 am – 10:00 am Senior Walking

1:00 pm – 5:00 pm Free Youth Open Gym Special Needs **All Ages**

**Tuesday**: 7:00 am – 10:00 am Senior Walking

10:30 am- 12:30 pm Gym: Tiny Tot Time for 5 and Under (Free)

2:00 pm – 3:00 pm Free Youth Open Gym for **Ages 6- 12 years old**

3:00 pm – 5:00 pm $1 per visit Youth Open Gym for **Ages 9-14-year old**

6:30 pm – 7:30 pm Zumba with Debi Creech 919-612-0029

**Wednesday**: 7:00 am – 10:00 am Senior Walking

2:00 pm – 3:00 pm Free Youth Open Gym for **Ages 6-12 years old**

3:00 pm – 5:00 pm $1 per visit Youth Open Gym for **Ages 15-18-year old**

**Thursday**: 7:00 am – 10:00 am Senior Walking

9:30am – 10:30 am Senior Zumba (register through Senior Center) Free

10:30 am- 12:30 pm Gym: Tiny Tot Time for ages 5 and Under (Free)

2:00 pm – 3:00 pm Free Youth Open Gym for **Ages 6-12 years old**

3:00 pm – 5:00 pm $1 per visit Youth Open Gym for **Ages 9-14-year-old**

7:00pm - 7:30pm Strong by Zumba with Debi Creech 919-612-0029

**Friday**: 7:00 am – 10:00 am Senior Walking  
 Cleaning of Facility

11:00 am – 1:00 pm Pickle Ball

**Weight Room** - $ 10 monthly

Open Daily - Monday thru Thursday 7 am to 9 pm, Friday 7 am- 4 pm

During the months of November thru February (Basketball season) the weight room is open additional hours:

Fridays 7 am – 9 pm Saturdays 8 am – 4 pm Sunday 1:30 pm -5:30 pm

*Note: During Track Out weeks there will be no afternoon Open Gym time.* **Track Out Dates:** January 2-24, 2020  
 March 9-24, 2020  
 April 1-22, 2020