

When in the Dell

Weekly Newsletter for the Town of Wendell Team



From the Desk of Police: Holiday Safety Tips

Police Chief Bill Carter

This year has been an interesting year for everyone. We have all had to adjust with COVID-19, including how we shop.

Many people have turned to online shopping and its use will rise even higher over the holidays. This can open the door for so-called "porch pirates," or those that look for packages dropped off at our homes and steal them.

For a person to commit such a crime, they need what police call motive, intent, and opportunity. It can be difficult to prevent motive and intent. However, we can help take away the opportunity. Below are some tips that can be taken to prevent being a victim of a porch pirate.

DEPARTMENT HIGHLIGHTS

We'll let you know Town info in the Department Highlights sidebar. The Town has 6 different departments: Administration, Finance, Planning, Police, Parks and Recreation, and Public Works.

- **PUBLIC WORKS DEPARTMENT:**

PW crews completed a lighting project for East Campen Row this week which included poles being set, cables ran and lighting attached. The overhead café lighting was installed to allow for an illuminated walkway for pedestrians as they enjoy our downtown.



Have your packages delivered elsewhere, such as your place of employment, an Amazon delivery site, P.O. box, or FedEx/UPS location.

Request that deliveries require a signature. With carriers like FedEx and UPS, you can often set this preference using your customer account. With USPS, you need to arrange for a signature ahead of delivery.

Subscribe to delivery alerts. All of the major delivery services offer some kind of notification service for package status. Opt in to receive the most up-to-date information available.

Keep the area around your front porch clear and visible. This is a burglary-prevention tip often shared by police officers. Thieves want to be able to get to and from your doorstep undetected. When they're likely to be seen, they're more likely to choose another target.

Request nondescript packaging. When possible, ask senders not to announce where the package is coming from, especially if it's from a high-end store. Sometimes, this is possible through requesting a gift-shipping option. Check the box labeled, "Gift," to ask that your package arrives in a plain box.

- **PUBLIC WORKS**

- **DEPARTMENT:**

- Holiday lights are up all over town in preparation for going live with the lights beginning Monday, November 23rd!



- **PARKS AND RECREATION**

- **DEPARTMENT:**

- Parks and Rec hosted the 13th Annual Polar Bear Wooden Bat Tournament on November 7th. This is a men's softball tournament held each year in November. The tournament was played with new social-distancing requirements.

Parks and Rec hosted its monthly Bird Watching Class on November 14th. There were 7 participants and 35 species were logged. This was the start of our 5th year having this program!

Parks and Rec continued planning for the holiday season events, including a Holiday Drive-In Movie to be held on December 12th.



Keep your house well-lit. It is getting dark earlier and it may be dark before you get home. A well-lit porch and outside of your home may help your neighbor keep an eye out for thieves. Additionally, keeping your outside lights on overnight can further reduce your chances of being a victim of larceny.

Always lock your home and if you have an alarm system, make sure you arm it when you are away.

Lock your car, regardless of where you are. Most vehicle break-ins occur when a vehicle is left unlocked. Leaving valuable items in a vehicle can also make your vehicle a target.

A good way to tell a potential suspect what you have in your house is by not properly disposing of boxes, such as TV boxes, gaming or laptop boxes. These boxes should be broken down and put into a recycling can with the lid closed, or take these items directly to the local convenience center.

• **PLANNING DEPARTMENT:** The Planning Department recently partnered with Snapology of Wendell to gather guidance from youth between 6 to 14 years of age on the future of the town as it relates to future land use, transportation, parks, recreation and open space, community facilities, and natural resources. During the workshop, the youth discussed community design, land use and community needs. They presented LEGO® versions of the future Wendell. The input provided is part of the [Blueprint Wendell 2030 Comprehensive Plan](#).





Always be a good neighbor and watch out for one another. If you see people taking packages or any type of suspicious activity, report it to the police.

If you or your neighbors have surveillance cameras, always have them reviewed after any suspicious activity and provide to police as appropriate.

The entire team at the Wendell Police Department wishes everyone a safe, fun and happy holiday season. We encourage everyone to use a few of these steps to try to make that happen.

Bill Carter, Police Chief

- **FINANCE DEPARTMENT:** The Finance department is currently working to complete the Town of Wendell's fifth annual Comprehensive Annual Financial Report (CAFR.) This is an optional report that goes above and beyond the compilation of legally-required basic financial statements that the Town submits to the Government Finance Officers Association (GFOA) in hopes of being awarded the Certificate of Achievement for Excellence in Financial Reporting.



GET YOUR SHOP ON.

HOLIDAY MARKET

December 3rd & 10th, 2020
From 6 p.m. to 9 p.m.

WEST CAMPEN STREET

Bring a toy Dec 3 for Marine Toys for Tots while shopping local vendors for the holidays!





Wellness Tips from Wendell's HR Department

11 Signs You're More than Just Tired... You're Burning Out

Ever wonder if you're burning out? There are a lot of leaders and people who wonder that. There's a fine line between being tired and *actually* burning out. The challenge is, once you cross the line, it's so difficult to get back.

So, how do you know if you're more than just tired? How do you know if you're burning out?

1. Your Passion Fades

Everybody struggles with passion from time to time, but burnout moves you into a place of sustained motivation loss.

2. Your Main Emotion is 'Numbness' - You No Longer Feel the Highs or the Lows

If you're healthy, you feel things. You experience highs and lows. Burnout numbs your heart.

3. Little Things Make You Disproportionately Angry

Treating small things like they are big things is a sign something deeper is wrong.

4. Everybody Drains You

People are a mixed bag, for sure. Some energize you. Some don't.

5. You're Becoming Cynical

If you find your cynicism is advancing at a rapid rate, it may be a sign you're burning out.

6. Nothing Satisfies You

Sleep, prayer, good people, recreation, vacation, work, nor food satisfies you. That is a sign of depression, and it's also a sign that you're burnt out.

7. You Can't Think Straight

When you're burning out, your heart messes with your head; you lose the ability to think straight.

Well in the Dell

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8. Your Productivity is Dropping

If you're working long hours but producing little of value, you might be burning out.

9. You're Self-Medicating

People who are burning out almost always choose self-medication over self-care.

10. You Don't Laugh Anymore

There is such a small thing that's actually such a big thing. When you're burning out, nothing seems fun or funny, and, at its worst, you begin to resent people who enjoy life.

11. Sleep and Time Off No Longer Refuel You

If you're just tired, a good night's sleep or a week or two off will help most healthy people bounce back with fresh energy. If you're burning out, sleep and time off no longer refuel you. You could have a month off when you're burnt out and not feel any difference.

Are you tired or burned out?

Credit: <https://careynieuwhof.com/11-signs-youre-more-than-just-tired-youre-burning-out/>

