

# When in the Dell

Weekly Newsletter for the Town of Wendell Team



## From the desk of Finance: New Resident Information

Accounting Technician Elizabeth Jones

Moving to a new place can be a very exciting, yet somewhat stressful time in your life. The Town of Wendell helps to make the transition as smooth as possible. The town provides a link for New Resident information at the [Town of Wendell website](#).

Here you will find a list of utility providers for the Town of Wendell, such as: electricity, water and sewer, natural gas, garbage and recycling, cable and satellite and landline phone service.

The City of Raleigh provides water and sewer service for Wendell. To start service, please call (919) 996-3245. There are several ways to pay your City of Raleigh water bill.

## DEPARTMENT HIGHLIGHTS

We'll let you know Town info in the Department Highlights sidebar. The Town has 6 different departments: Administration, Finance, Planning, Police, Parks and Recreation, and Public Works.

### • PLANNING DEPARTMENT:

Census takers started visiting households that haven't responded to the 2020 Census Aug. 11. Census takers will be wearing masks and socially distancing—but if you want to avoid them altogether, complete the census online or by phone. If the census taker who visits your home does not speak your language, you may request a return visit from a census taker who does speak your language. Census takers will have a valid ID badge with their photograph, a U.S. Department of Commerce watermark and an expiration date. Census workers may also carry Census Bureau bags and other equipment with the Census Bureau logo. If you have questions about a census taker's identity, you can call [844-330-2020](tel:844-330-2020) to speak with a Census Bureau representative.





During COVID-19, town buildings and drop boxes are closed to the public. Water bills can be paid by mail, online at <https://ubwss.raleighnc.gov/login>, or by phone at (919) 966-3245.

The town also provides a Public Service Announcement on our [YouTube Page](#) to explain how to pay your water bill.

GFL (Green for Life, formerly Waste Industries) provides trash, recycle, and yard debris pickup for the Town of Wendell. To set up a new service, repair a broken cart, or to report a missed service, call GFL at **(919) 534-3701**.

You will receive 3 carts at your new residence: Trash cart (green), Recycling cart (grey) and Yard Debris cart (brown). Trash and yard debris carts are picked up every Monday. Recycling is picked up every other Monday.

Dates for pickup of Recycling can be found on the Town's website. Please place your cart at the curb the night before pickup.

- **POLICE DEPARTMENT:**  
Officer Eugene Hunt completed Standardized Field Sobriety Training at Coastal Plains Law Enforcement Training Center. This training teaches officers roadside tests that can be used to determine if a person is impaired. Officers must be proficient in administering these tests in order to develop probable cause.

Officer Matthew Taylor completed the final phase of Drug Recognition Expert Training. This rigorous course teaches officers techniques in identifying if a person is impaired by a narcotic and the type of narcotic.

The Police Department held 3 golf cart inspection events to give residents convenient locations to get their golf cart inspected. By having the inspection events, it decreased the amount of time a person would have to wait to complete the inspection.

- **PUBLIC WORKS DEPARTMENT:**  
With recent rains, Public Works has been attending to Wendell's stormwater system. Resolutions include ditches being repaired, drains opened back up, leaf and limb material removed and scheduling contractors. This work will continue with the replacement of a pipe that drains Wendell Blvd. Once completed, preventative maintenance will begin its normal cycle.



The Town of Wendell has been called the “bustling enclave” of NC, and it’s not difficult to see why. Wendell is a thriving hub of commerce, industry and recreation. Located just minutes from the state Capital, Wendell offers a small-town feel to residents, with direct Interstate access to commercial and industrial corporations.

Our historic downtown is the center of diverse locally-owned shopping, art, dining and nightlife. Wendell’s inclusive communities provide diverse housing, amenities, and civic engagement for all residents.

Spend time in Wendell, and you’ll understand how we’ve earned the motto, “Small Town, Big Charm.” All along Main Street and throughout historic downtown, a designated location on the National Register of Historic Places, private homes and vintage buildings make it the place to be. We have an enticing array of local retailers, shops, and eateries, plus free Wi-Fi provided by the town.

Tour your way through the collection of stunning murals throughout Wendell—a compilation of nine original pieces by local artists. Grab a bite to eat at one of our restaurants, or take a picnic in the Turnipseed Nature Preserve, a 265-acre park touting 4.3 acres of trails. Canoe or kayak at Robertson Millpond Preserve, the area’s only bald cypress habitat and blackwater swamp.

- [PUBLIC WORKS DEPARTMENT:](#)

Public Works is keeping our roadways clean this week. This will make our roads look better and will lessen the chance of damage to vehicles and material entering our stormwater system.

Public Works' street classification study is on the way to completion. It will be a roadmap detailing the roads most in need of repair or resurfacing. Water and sewer upgrades in partnership with City of Raleigh continues along with the sewer transfer station on Lake Glad Rd. being in the final stage of its upgrades. Mapping of our stormwater system is almost completed and will allow the Planning and Public Works Dept to have access to where everything is located while meeting the Town's stormwater permit requirements.

- [PARKS AND RECREATION DEPARTMENT:](#)

Parks and Recreation has 4 Beach Volleyball, 2 Co-ed Softball, and 3 Adult Kickball teams signed up for our fall sports leagues! Registration for this ends on September 3rd.

Visit the Parks and Recreation page on the [Town's website](#) for more information and to register.

Parks and Rec will be doing a modified Tiny Basketball program this fall with 2 sessions. Stay tuned!



Drop by Wendell Park with its dog park, playgrounds, trails, and courts for tennis, volleyball, disc golf, horseshoe and bocce ball. There's plenty to explore in Wendell!

Businesses seeking to relocate to Wendell will find the quality of life needed to attract talent, including an expanding water and sewer infrastructure, a convenient transportation network, and an abundance of affordable land in a thriving community.

The Town of Wendell is here to help you with any questions you may have when moving to a new town. Town Hall is available from 8 a.m. to 5 p.m. Monday through Friday at **(919) 365-4450**. We look forward to serving you!

Yours in service,  
Elizabeth Jones, Accounting Technician

**CENSUS**  
**2020** | Wendell  
Counts



COUNT ALL CHILDREN THIS APRIL  
SHAPE THEIR FUTURE. START HERE.

**W**ENDELL   
**FARMER'S**  
**MARKET**

Every Saturday  
9:00 a.m. - 1:00 p.m.  
**Campen & Main**

# Well in the Dwell

## Wellness Tips from Wendell's HR Department

### 6 Foods to Boost Brain Function

The foods we eat can have a big impact on the structure and health of our brains. Eating a brain-boosting diet can support both short- and long-term brain function. The brain is an energy-intensive organ, using around 20% of the body's calories, so it needs plenty of good fuel to maintain concentration throughout the day. Here are the 6 best brain foods to keep your brain healthy!



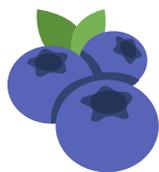
#### 1. Oily Fish

Oily fish contains omega-3 that can help boost brain health by building membranes and improving the structure of brain neurons.



#### 2. Dark Chocolate

Dark chocolate contains cacao which has antioxidants important for reducing oxidative stress to the brain.



#### 3. Berries

Berries contain antioxidants as well, reducing inflammation and improving communication between brain cells.



#### 4. Nuts and Seeds

Nuts and seeds are a source of healthful fats and proteins, linked to better brain function in older age.



#### 5. Whole Grains

Whole grains are a great source of Vitamin E, which improves brain cognition.



#### 6. Avocados

Avocados are a source of healthful unsaturated fat, reducing blood pressure and preventing cognitive decline.