

When in the Dell

Weekly Newsletter for the Town of Wendell Team



DEPARTMENT HIGHLIGHTS

We'll let you know Town info in the Department Highlights sidebar. The Town has 6 different departments: Administration, Finance, Planning, Police, Parks and Recreation, and Public Works.

- **PLANNING DEPARTMENT:**

Census takers will start visiting households that haven't responded to the 2020 Census on Aug. 11. Census takers will be wearing masks and socially distancing—but if you want to avoid them altogether, complete the census online or by phone. If the census taker who visits your home does not speak your language, you may request a return visit from a census taker who does speak your language. Census takers will have a valid ID badge with their photograph, a U.S. Department of Commerce watermark and an expiration date. Census workers may also carry Census Bureau bags and other equipment with the Census Bureau logo. If you have questions about a census taker's identity, you can call 844-330-2020 to speak with a Census Bureau representative.



From the desk of Parks & Rec: Community Garden

Athletics Program Supervisor Kelley Connolly

The Wendell Community Garden was just a dream 6 years ago, but now 3 years into having a garden at Wendell Park, everyone is thrilled with vibrant vegetables.

The garden has always meant a way of life to me. Growing up, my mom and dad never had a meal without something from our backyard garden. Potatoes, tomatoes, cucumbers and corn were always a staple on our table. My parents taught me the love of the garden and the love you get when you share the garden with others. I truly did not enjoy gardening as a kid, but I always loved that feeling that we would get after dropping a bag of fresh vegetables to someone in our church. They were always much appreciative.



Today, I still get to have that feeling, only now it means more to me. Now, it is vegetables that I can say I had a part in growing, cultivating and harvesting. The Community Garden is a true treasure to me and all the other gardeners. We love to get together and talk about what we cooked



or prepared out of the garden. Most community gardens are made with raised beds that look so clean and well-manicured, but they are small and cannot allow for big harvests or a wide variety of vegetables. When we were in



the beginning stages of starting our garden, we originally stated that we wanted our garden to be a team effort garden with rows.

So, we had rows of corn, cucumbers, tomato, potato, okra, peppers, squash, zucchini and onions with the thought that the second year would be raised beds for everyone to work on their own. We really liked doing the garden together, so we continued the team

- POLICE DEPARTMENT:**
 The police department participated in a virtual CALEA conference this week. As the agency moves forward in the accreditation process, this conference provided participants updates on accreditation standards, discussion on new topics affecting law enforcement and training in the Power DMS system. CALEA, which stands for Commission on accreditation for Law Enforcement Agencies, sets standards that law enforcement agencies must meet to become accredited under CALEA. Our agency is in the beginning stages of this process and will assist our agency as we continue to develop best practices in all areas of law enforcement.

Golf Cart Owners in the Town of Wendell can now renew their golf cart registrations. Please check the [Town of Wendell website](#) for additional details. The Wendell Police Department will be holding a Golf Cart Inspection event on August 10th and 11th at the Farmhouse Café at Wendell Falls from 6:00 p.m. to 8:00 p.m. Additional information can be found on the [Town of Wendell Facebook Page](#).



aspect of the garden and we love it. This way, we can grow all sorts of vegetables and still have enough to share with local Church Food Pantries. Each year, we have added new vegetables and new gardeners to our garden. For year 3, we have even added blueberries, strawberries, butternut squash, kale, and asparagus. We have all ages in the garden, from 3-years-old to 81-years-old. We all love to share, learn, and laugh in the garden.



Our garden is not just a spring/summer garden, we also have a fall garden. In the fall, we plant cabbage, broccoli, collards, and turnips. The Community Garden is a fun way to learn, grow, and meet new gardeners. Our gardeners love the team aspect of gardening together

• [FINANCE DEPARTMENT:](#)

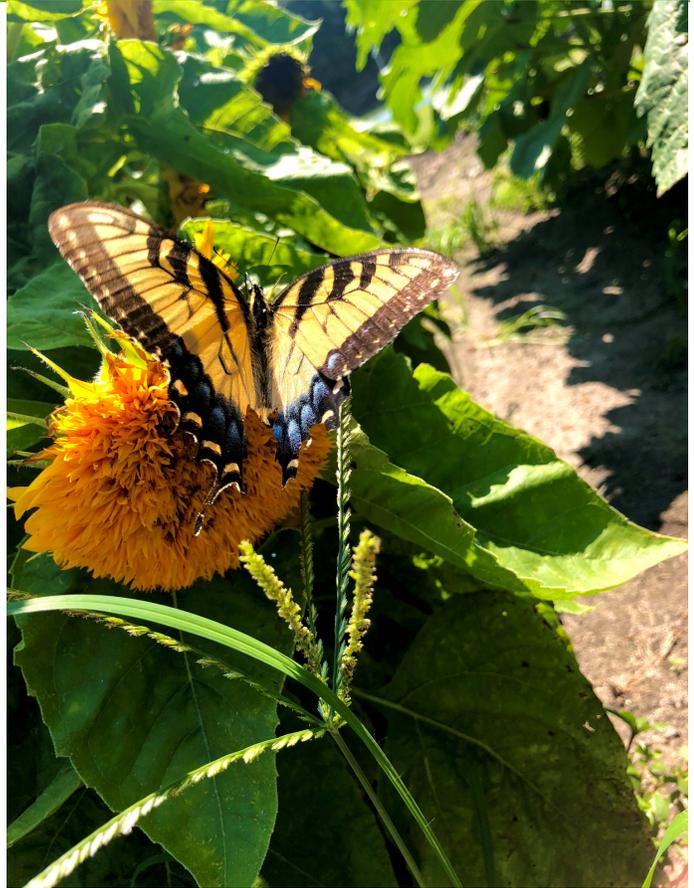
This week, Finance prepared documents to submit the Fiscal Year 2021 Budget to the Government Finance Officers Association (GFOA) with the goal of receiving the Distinguished Budget Presentation Award. The Town of Wendell submitted for the award for the first time last year and was awarded the Distinguished Budget Presentation Award for its Fiscal Year 2020 Budget. Budget documents submitted to the Budget Awards Program are reviewed by selected members of the GFOA professional staff and by outside reviewers with experience in public-sector budgeting. Receiving the Budget Award shows that the Town is putting together a document that meets GFOA best practices for budgeting and, ultimately, provides a transparent, easy-to-understand budget document for administration, citizens, and exterior stakeholders to analyze.

for the common goal of growing fresh produce and we have learned all sorts of innovative ways to garden.

We share the work, we share the vegetables, and we share the love of gardening and of course we share any extra produce with local church food pantries in Wendell.

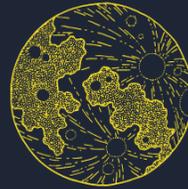
To become a member, we have a small fee of \$15.00 to be paid annually. The Wendell Community Garden has 2 growing seasons in the summer and fall. Anyone that is interested to join can sign up at the [Town's Website](#).

Yours in service,
Kelley Connolly, Athletics Program Supervisor



Well in the Dell

Wellness Tips from Wendell's HR Department



Do You Have Healthy Sleep Habits?

When you make it a habit to get good sleep, you're healthier and you feel better. See how many of these things you can do in the next 30 days.

1. Go to sleep and wake up at about the same time every day.
2. Make your bedroom dark, quiet and comfy.
3. Try to get 7-8 hours of shut-eye per night.
4. Don't eat a big meal close to your bedtime.
5. Get up and read a book if you can't sleep.
6. Take your Computer and TV out of your bedroom.
7. Put your smartphone in a drawer, so the screen light doesn't keep you up.
8. Try not to nap.
9. Avoid caffeine at least 6 hours before bedtime.
10. Exercise most days this week. Do it early in the day if you find that later workouts hamper your sleep.
11. Start a sleep diary. Write down how well and how long you rest.
12. Don't drink alcohol at night.
13. Talk with your doctor about any sleep problems you often have.