

# Mouth Care Without a Battle<sup>®</sup> Product Selection Guide

Does the person have teeth?

No

Yes

## To Clean Mouth (choose one):

- ◆ Biotene PBF Rinse
- ◆ Listerine Total Care Zero
- ◆ Chlorhexidine Gluconate 0.12% (alcohol free)

Is the person at risk of choking or aspiration, or unable to spit?

No

Yes

## To Clean Teeth (choose one):

- ◆ Preferred Toothpaste
- ◆ Biotene PBF Rinse
- ◆ Listerine Total Care Zero
- ◆ Chlorhexidine Gluconate 0.12% (alcohol free)

## To Clean Teeth (choose one):

- ◆ Biotene PBF Rinse
- ◆ Listerine Total Care Zero
- ◆ Chlorhexidine Gluconate 0.12% (alcohol free)

## To Protect Teeth (choose one):

- ◆ High concentration fluoride paste applied with cotton tip applicator
  - ◆ Sensodyne Pronamel
  - ◆ Prevident 5000
  - ◆ Clinpro 5000
- ◆ High concentration fluoride rinse applied with brush
  - ◆ ACT Dry Mouth

### Important Notes

Products underlined in red should only be used with a prescription from a physician or dentist. Chlorhexidine Gluconate 0.12% (alcohol-free) is indicated for use in people with gingivitis, oral infection, or who have a compromised immune system. Prescription strength fluoride pastes are indicated for use in people at especially high risk of developing caries.

Regularly check that you are using the latest version of the product selection guide by visiting [www.mouthcarewithoutabattle.unc.edu](http://www.mouthcarewithoutabattle.unc.edu).