## Attitude is Everything

Attitude is the way you think. Your attitude is something other people can actually see. They can hear it in your voice, see it in the way you move, feel it when they are with you. Your attitude expresses itself in everything you do, all the time, wherever you are.

Positive attitudes always invite positive results. Negative attitudes always invite negative results. Attitude makes a difference every hour, every day in everything that you do for your entire life. What you get out of each thing you do will equal the attitude you have when you do it.

Anything that you do with a positive attitude will work for you. Anything that you do with a negative attitude will work against you.

If you have a positive attitude, you are looking for ways to solve the problems that you can solve, and you are letting go of the things over which you have no control. You can develop a positive attitude by emphasizing the good, by being tough-minded, and by refusing defeat.