

## Sehghunda 72 Results 2024

Place	FIRST NAME	LAST NAME	SEX	AGE	Division	City	State	Day 1 Time	5K Time	10K Time	15K Time	Combined
1	Jeremiah	Bailey	M	38	M30-39	East Syracuse	NY	4:14:18	0:19:49	0:43:00	1:19:57	6:37:04
2	Shawn	Witkowski	M	55	M50-59	Mount Morris	NY	4:36:34	0:22:36	0:53:41	1:31:22	7:24:13
3	Jonathan	Rabey	M	35	M30-39	Fairportport	NY	5:06:28	0:25:57	0:53:39	1:23:28	7:49:32
4	Stephen	Konieczny	M	45	M40-49	Batavia	NY	5:19:06	0:23:16	0:53:51	1:37:11	8:13:24
5	Jim	Purtell	M	51	M50-59	Rochester	NY	5:44:20	0:25:31	0:53:26	1:40:14	8:43:31
6	Nicholas	Norvell	M	53	M50-59	Honeoye Falls	NY	5:52:28	0:28:27	0:59:09	1:24:25	8:44:29
7	Tracy	Conmy	F	43	F40-49	Buffalo	NY	5:54:45	0:25:11	0:57:28	1:31:38	8:49:02
8	David	Rudroff	M	34	M30-39	Elma	NY	5:48:18	0:25:10	0:57:50	1:39:34	8:50:52
9	Steve	Knutson	M	57	M50-59	Rochester	NY	6:22:26	0:25:15	0:55:31	1:30:32	9:13:44
10	Kayla	Slater	F	34	F30-39	Victor	NY	5:55:25	0:27:39	1:03:42	1:57:45	9:24:31
11	Todd	Dappen Sr.	M	62	M60-69	Webster	NY	6:26:27	0:27:20	1:00:36	1:44:51	9:39:14
12	Ben	Brundage	M	17	M01-19	Hamlin	NY	6:37:08	0:22:33	1:03:31	2:00:59	10:04:11
13	Amanda	Mancuso	F	44	F40-49	Celoron	NY	6:35:04	0:32:19	1:09:06	1:51:46	10:08:15
14	Colleen	Czubinski	F	45	F40-49	Batavia	NY	6:42:22	0:33:07	1:11:50	2:04:40	10:31:59
15	Laura	Borrelli	F	47	F40-49	Rochester	NY	7:06:23	0:31:13	1:07:30	1:52:27	10:37:33
16	Kristy	Devincentis	F	47	F40-49	Honeoye Falls	NY	6:57:37	0:34:05	1:11:32	2:00:21	10:43:35
17	Brian	Towner	M	51	M50-59	Bath	NY	7:08:58	0:30:13	1:08:36	1:59:15	10:47:02
18	Eamon M.	Lyons	M	42	M40-49	Warsaw	NY	7:18:07	0:34:10	1:09:48	1:49:26	10:51:31
19	Larry	Judd	M	59	M50-59	Rochester	NY	7:25:43	0:33:13	1:13:36	2:07:07	11:19:39
20	Jay	Nadeau	M	33	M30-39	East Rochester	NY	7:35:57	0:37:39	1:14:13	2:11:59	11:39:48