

## Winter Warrior Relay Team Instructions

Each team member has been issued their own bib number with the team number, team name and their name printed on it. Please wear this bib number on the front of your torso while completing your portion of the event. Please ensure that this bib number is visible at all times while running/walking on course.

Each team has also been issued 1 timing chip bib number that is already attached to a race number belt. This adjustable belt should be worn and passed from team member to team member during the event.

Do not remove, fold or damage the timing chip that is attached to the back of this bib number. No timing chip bib number, no time.

The relay exchange zone will be located just beyond the start/finish area. It will be marked with wind flags that say Relay Exchange.

Runner 1 will start at the start line with all of the solo runners, run 1 lap, cross the start/finish timing area and then hand off the timing chip race number belt to runner 2. Runner 2 and runner 3 will do the same for their laps. Runner 4 will finish at the finish line as they complete their lap.

If your team has less than 4 members it is up to you to decide who runs more than 1 lap.

Teams are more than welcome to meet up just before the finish line and cross the line together as a team. Please be aware of your surroundings and not interfere in other participant's event

Once your team is finished you will collect your finisher medals in the finishing chute. If a member of your team left early you can collect their medal for them, simply show a volunteer how many team members you had, it's listed on the timing chip bib number.

At the completion of the event please return the race number belt to an event official at the finish. Feel free to remove the timing chip bib if you wish to keep it

Have fun and thank you for joining us at the 2022 Winter Warrior