

**Vale of Three Falls 15K Age Group Results**  
**Sunday, May 23, 2021**  
**Timed by YellowJacket Racing**

F 19 & Under - Female

Place	Bib	Name	Category	Age	Gender	Time
1	12593	Alli Watkins	F 19 & Under	18	Female	2:13:13.7

F 20-29 - Female

Place	Bib	Name	Category	Age	Gender	Time
1	12571	Lizzie McGlynn	F 20-29	28	Female	1:28:19.5
2	12598	Anne Zhang	F 20-29	26	Female	1:29:44.3
3	12536	Catarina Massa - 72	F 20-29	27	Female	1:40:04.7

F 30-39 - Female

Place	Bib	Name	Category	Age	Gender	Time
1	12579	Andrea Ridings List	F 30-39	36	Female	1:23:51.8
2	12556	Karen Fuller-Markham	F 30-39	38	Female	1:32:49.8
3	12566	Erin Ladenheim	F 30-39	37	Female	1:34:14.8
4	12526	Jen Campanella - 72	F 30-39	39	Female	1:39:14.7
5	12531	Liz Goss - 72	F 30-39	36	Female	2:05:00.3

F 40-49 - Female

Place	Bib	Name	Category	Age	Gender	Time
1	12572	Lynn McGrath	F 40-49	45	Female	1:38:40.2
2	12582	Dena Steis	F 40-49	46	Female	1:42:05.6
3	12553	Wendy Dwyer Albano	F 40-49	45	Female	1:42:59.7
4	12550	Laura Borrelli	F 40-49	44	Female	1:44:20.1
5	12595	Kelly Wichtendahl	F 40-49	40	Female	1:45:02.7
6	12543	Jessica Weinman - 72	F 40-49	42	Female	1:46:50.2
7	12540	Kristin Ruminski - 72	F 40-49	43	Female	1:57:09.4
8	12581	Shannon Smith	F 40-49	45	Female	2:00:18.3
9	12530	Jen Faso - 72	F 40-49	49	Female	2:04:57.1
10	12551	Sarah Calkins	F 40-49	41	Female	2:05:07.1
11	12564	Cindy Jefferds	F 40-49	48	Female	2:13:33.5
12	12594	Stefanie Weese	F 40-49	49	Female	2:24:04.1

F 50-59 - Female

Place	Bib	Name	Category	Age	Gender	Time
1	12589	Kaye Treanor	F 50-59	51	Female	1:49:54.1
2	12552	Christina Coons	F 50-59	50	Female	1:57:33.0
3	12574	Brenda Myrthil	F 50-59	51	Female	2:08:48.5
4	12546	Dawn Barry	F 50-59	58	Female	2:30:49.2

F 60-69 - Female

Place	Bib	Name	Category	Age	Gender	Time
1	12570	Ann Martin	F 60-69	63	Female	1:37:00.1
2	12542	Lorrie Tily - 72	F 60-69	60	Female	1:43:21.7
3	12575	Carol Nephew	F 60-69	66	Female	2:20:42.3

M 30-39 - Male

Place	Bib	Name	Category	Age	Gender	Time
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1	12584	Frank Taccone	M 30-39	39	Male	1:13:54.1
2	12592	Michael Warren	M 30-39	34	Male	1:15:30.5
3	12577	Joe Rapone	M 30-39	37	Male	1:18:05.7
4	12523	Jeremiah Bailey - 72	M 30-39	35	Male	1:19:39.0
5	12529	Theodore Dymont - 72	M 30-39	33	Male	1:28:16.8
6	12561	Adam Hussar	M 30-39	34	Male	1:40:25.6
7	12585	Daniel Taylor	M 30-39	30	Male	1:40:30.2
8	12534	Eamon M. Lyons - 72	M 30-39	39	Male	1:46:04.5
9	12547	Ian Beatty	M 30-39	36	Male	1:53:23.3
10	12549	Jeffrey Blando	M 30-39	32	Male	1:56:08.8
11	12538	Jay Nadeau - 72	M 30-39	30	Male	2:09:30.0

M 40-49 - Male

Place	Bib	Name	Category	Age	Gender	Time
1	12576	Glenn Pezzulo	M 40-49	40	Male	1:17:31.3
2	12569	Jason Lukins	M 40-49	40	Male	1:22:14.9
3	12528	Jacob Duvall - 72	M 40-49	42	Male	1:30:49.5
4	12532	Prem Kumar - 72	M 40-49	46	Male	1:33:47.5
5	12568	Carlos Lopez	M 40-49	48	Male	1:41:22.9
6	12522	Gabriel Abdella - 72	M 40-49	49	Male	1:42:28.3
7	12683	Rob Wilder - 72	M 40-49	45	Male	1:43:12.9
8	12587	Josh Teeter	M 40-49	47	Male	1:51:51.0
9	12548	Chris Best	M 40-49	44	Male	1:53:55.0
10	12539	Keith Pedzich - 72	M 40-49	49	Male	1:58:10.2
11	12545	Paul Baker	M 40-49	46	Male	1:58:35.1
12	12558	Kip Hoag	M 40-49	47	Male	2:04:19.0
13	12557	Brian Gamache	M 40-49	47	Male	2:06:38.4

M 50-59 - Male

Place	Bib	Name	Category	Age	Gender	Time
1	12596	Dave Willcox	M 50-59	55	Male	1:29:41.3
2	12544	Shawn Witkowski - 72	M 50-59	52	Male	1:36:25.1
3	12562	Rich Ibbotson	M 50-59	56	Male	1:38:41.8
4	12573	Michael Mosley	M 50-59	53	Male	1:40:50.0
5	12580	Michael Seager	M 50-59	56	Male	1:42:32.5
6	12560	Bill Hunt	M 50-59	59	Male	1:49:03.5
7	12565	Larry Judd	M 50-59	56	Male	1:49:51.2
8	12524	Rick Bennett - 72	M 50-59	59	Male	1:53:07.1
9	12554	Bill Enderle	M 50-59	52	Male	1:53:37.9
10	12591	Michael Viscosi	M 50-59	56	Male	2:00:00.2
11	12527	Todd Dappen Sr. - 72	M 50-59	59	Male	2:13:48.3

M 60-69 - Male

Place	Bib	Name	Category	Age	Gender	Time
1	12578	Thomas Reynolds	M 60-69	61	Male	1:34:41.3
2	12533	Kurt Lozier - 72	M 60-69	62	Male	2:27:28.0

M 70-79 - Male

Place	Bib	Name	Category	Age	Gender	Time
1	12588	Tom Teeter	M 70-79	72	Male	1:51:50.5