

July 22, 2020

Dear Battle at Bristol Participant,

We hope that you are ready to battle because we are going to battle on July 24th and 25th at Bristol Mountain, with some safety and COVID adjustments of course. Your well-being and safety has always been at the forefront of our minds as we work through our various events and safety plans. **PLEASE READ THIS NOTE CAREFULLY AS WE WILL BE ABIDING BY ALL OF IT.** Here is your note on how Bristol will be managed. Again, given COVID-19 there are guidelines we are following to ensure everyone's safety.

Here are our guidelines and adjustments:

Waiver

Everyone must [sign this WAIVER](#) – you can bring with you to packet pickup. We will have hard copies at Packet Pickup if you don't have a printer

Packet Pickup

Please go to Packet Pick-up on Thursday, July 23rd, staff will be extremely limited at the event day and we would hate for you to miss a start because of it.

Thursday, July 23rd from 11:00AM to 5:00PM at Fleet Feet @ The Armory, 155 Culver Rd.

- It will be held outside under the overhang.
- Masks must be worn and please remain physically distant.
- All your items will be in ONE BAG, handed out by YJR staff.
- Yes, someone else can get your packet for you. BUT they need to give you a signed waiver.

Friday, July 24th at Race Site from 3:30 – 6PM. It will end at 6PM.

Saturday, July 25th at Race Site from 7-9AM. It will end at 9AM.

AGAIN, we **HIGHLY** urge going to packet pickup at Fleet Feet as we are trying to reduce any congregation points on race days. Yes, someone else can get your packet for you. BUT they need to give you a signed waiver.

Masks/Temperature

Masks **MUST** be worn at all times when not running on the course. This means right up until you start and finish. Masks need to be worn at aid station too.

1. Please no congregating in groups at any time.
2. Spectators are discouraged
3. Remain 6 feet apart at all times to keep up with physical distancing requirements, staff will be diligent in making sure this is followed.
4. We will be taking your temperature at the start line of your event.

Vertical Climb Race Details

You can start the Vertical Climb on Friday, July 24th between 4:00PM and 6:30PM.

- a. Show up any time within that window, check-in with YellowJacket Racing staff at the start and start your climb. Be sure you have submitted a waiver otherwise you cannot race.
- b. We encourage you to **show up early so you can start early**. Be sure to social distance at the start area.
- c. All event times will be based on chip time, not clock time.

- i. Your time starts when you hear the beep at the start-line map and finishes when you hear the beep at the finish-line map.
- d. No one can start after 6:30PM. Please arrive early, do not wait.
- e. Rides will not be available back to the base of the mountain.
- f. Upon completion there will be a YJR staff at a table to give you your medal and postrace food.
- g. Upon completion we ask that you exit the finish area as soon as possible to deter congregating
- h. There will not be an awards ceremony. Awards will be mailed.
- i. Please read Athlete Guide for course specifics [http://files.yellowjacketracing.com/races/the-battle-at-bristol-mountain/2020 The Battle at Bristol Mountain Athlete Guide.pdf](http://files.yellowjacketracing.com/races/the-battle-at-bristol-mountain/2020%20The%20Battle%20at%20Bristol%20Mountain%20Athlete%20Guide.pdf)

10 Mile/13.1 Mile Race Details

The 10-mile and 13.1 mile on Saturday will have a start window from 7:30AM to 8:30AM.

- a. You can start anytime within that window once you check-in with YellowJacket Staff at the start. Be sure you have submitted a waiver otherwise you cannot race.
- b. We encourage you to **show up early so you can start early**. Be sure to social distance at the start area.
- c. No one can start after 8:30AM. Please arrive early, do not wait.
- d. Both events will be scored off of chip time, not clock time.
- e. YOU MUST CARRY Hydration and provisions with you. See below for aid stations. A hydration pack is highly advised and can be found at Fleet Feet during packet pickup.
- f. **13.1 Mile Time Cutoff:** You must start your final 5k loop before 4 hours into your event. For example: If you start at 8:00AM you must start your second loop, which is the 5k loop, by noon.
- g. **10 Mile Time Cutoff:** You must be at the bottom of Northstar by 11:30AM to continue to the finish. Otherwise you will be guided to take the short cut to the finish and be considered a DNF.
- h. Upon completion there will be a YJR staff at a table to give you your medal and postrace food.
- i. Upon completion we ask that you exit the finish area as soon as possible to deter congregating
- j. There will not be an awards ceremony. Awards will be mailed.
- k. Please read Athlete Guide for course specifics [http://files.yellowjacketracing.com/races/the-battle-at-bristol-mountain/2020 The Battle at Bristol Mountain Athlete Guide.pdf](http://files.yellowjacketracing.com/races/the-battle-at-bristol-mountain/2020%20The%20Battle%20at%20Bristol%20Mountain%20Athlete%20Guide.pdf)

5K/10K Race Details

The 5k and 10k on Saturday will have a start window from 8:30AM to 9:30AM

- l. You can start anytime within that window once you check-in with YellowJacket Staff at the start. Be sure you have submitted a waiver otherwise you cannot race.
- j. We encourage you to **show up early so you can start early**. Be sure to social distance at the start area.
- k. No one can start after 9:30AM. Please arrive early, do not wait.
- l. Both events will be scored off of chip time, not clock time.
- m. YOU MUST CARRY Hydration and provisions with you. See below for aid stations. A hydration pack is highly advised and can be found at Fleet Feet during packet pickup.
- n. Upon completion there will be a YJR staff at a table to give you your medal and postrace food.
- o. Upon completion we ask that you exit the finish area as soon as possible to deter congregating
- p. There will not be an awards ceremony. Awards will be mailed.
- q. Please read Athlete Guide for course specifics [http://files.yellowjacketracing.com/races/the-battle-at-bristol-mountain/2020 The Battle at Bristol Mountain Athlete Guide.pdf](http://files.yellowjacketracing.com/races/the-battle-at-bristol-mountain/2020%20The%20Battle%20at%20Bristol%20Mountain%20Athlete%20Guide.pdf)

Aid Station(s)

All athletes are required to carry their own hydration, especially on Day 2. This is a requirement. Aid stations are very limited in order to reduce communal food/drink distribution. **You must pull up your mask when entering all Aid**

Stations! The 10k, 13.1-mile and 10-mile will have only one aid station at the summit, which is about 5 miles in. The 10 and 13.1 mile will have this aid station twice. The provisions may be limited. We are working on prepackaged grab-n-go solutions. Each participant will receive a PowerBar HydroGel in their race-day packet, but we encourage you to bring your own provisions as well.

Course Reminders

Follow the course markings and signs very carefully. No littering. When/If Passing please try to be observant of social distance. Please read Athlete Guide for course specifics [http://files.yellowjacketracing.com/races/the-battle-at-bristol-mountain/2020 The Battle at Bristol Mountain Athlete Guide.pdf](http://files.yellowjacketracing.com/races/the-battle-at-bristol-mountain/2020%20The%20Battle%20at%20Bristol%20Mountain%20Athlete%20Guide.pdf)

Other

Spectators are discouraged but if in attendance will be expected to wear a mask and adhere to the physical distance guidelines. We ask no congregation at finish line, even if you are one person spectating.

Volunteers required to wear masks when in close (within 6 feet) and/or sustained contact with entrants or other volunteers, or while in contact with any shared equipment

Entrants are not required to wear masks while running / hiking, but to be considerate while passing others.

Runners and volunteers are strongly encouraged to bring their own hand sanitizer, using pre / post contacting any common surfaces and very much including porta-johns.

Any entrant with fever, persistent cough, or with exposure to an individual who is / was COVID positive within 7 days of the event are asked not to race. You have or will sign a waiver stating such as well.

REMINDER: All registrants must pre-print, sign, and bring updated waiver to check-in. Waiver can be found here: [http://files.yellowjacketracing.com/races/the-battle-at-bristol-mountain/YJR Battle at Bristol Waiver COVID.pdf](http://files.yellowjacketracing.com/races/the-battle-at-bristol-mountain/YJR%20Battle%20at%20Bristol%20Waiver%20COVID.pdf)

We thank you so much for your patience and understanding as we work through the many, many guidelines put forth by the various entities. This will be our first live event since March 8th. Will it be a little different, yes. But you will be racing amongst peers again. That right there is a win!

We appreciate you all following the guidelines set forth so we can all be safe, still race and have fun.

Thank you again!