

July 31, 2020

Dear Shoreline In Person 5K & Half Participant,

We hope that you are ready because we are going to race at Hamlin Beach Saturday, August 8th starting at 7AM for the Half and Sunday, August 9th starting at 7AM for the 5K, with safety and COVID adjustments of course. Your well-being and safety has always been at the forefront of our minds as we work through our various events and safety plans. **There will be several notes coming out for the in person event and we ask that you read them all.** Putting on an event through COVID-19 is not like any other time and it is imperative that we adhere to all guidelines as per the NYS Parks. We are not exaggerating when we say we are being watched carefully to ensure all protocols are followed so that racing can continue in the future. The parks are being fantastic in working with us, but not everything is finalized with logistics but what we do know is below. There are indeed adjustments from when our note came out in June, such as start times. This is because of the mass gathering requirements and trying to minimize numbers in the park throughout the day.

As mentioned in other notes we can not add more people to this event as we must keep numbers low as per mass gathering guidelines. However people can register for the virtual option.

You are still welcome to switch to the virtual as well. You have until preferably Tuesday, August 4th at noon to do so. This way we can properly set the wave starts and get them out: To switch to the virtual you can follow either step below.

- [Click here](#) to access your profile and transfer your event to the virtual option
- For a step by step tutorial on event to event transfers, [click here](#).

Here are our preliminary guidelines and adjustments below:

Packet Pickup

Please go to Packet Pick-up on Friday, August 7th. We are still working on day of options, but the window is very small and we'd hate for you to miss your start time

Friday, August 7th from 11:00AM to 5:00PM at Fleet Feet @ The Armory, 155 Culver Rd.

- It will be held outside under the overhang.
- Masks must be worn and please remain physically distant.
- All your items will be in ONE BAG, handed out by YJR staff.
- Yes, someone else can get your packet for you. BUT they need to give you a signed waiver. More to come on waiver.

Race Day Packet Pickup is TBD but honestly try not to do this. The parks have firm entry times for people and your window of getting you packet is very small and potentially add complication to your race day.

Masks/Temperature

Masks **MUST** be worn at all times when not running on the course. This means right up until you start and finish. Masks need to be worn at aid station too.

1. Please no congregating in groups at any time.
2. Spectators are not allowed
3. Remain 6 feet apart at all times to keep up with physical distancing requirements, staff will be diligent in making sure this is followed.
4. We will be taking your temperature at the start line of your event.
5. No more than 50 people in an area at a single time

Half Marathon Race Details – Saturday, August 8th – 7AM Wave 1 – Please note MORE TO COME

- a. The race will start at 7AM and there will be waves that you are assigned to. Once assigned you will not be able to change waves. Stay tuned for more info on potentially signing up for a wave.
- b. Waves can only have 15 people in them max.
- c. The waves will go off every 3 minutes
- d. There will be various corrals that you must be in by specific times so we can get temperature and check you in. More to come.
- e. We expect all waves to be done and started by 7:30AM. Race cutoff is still 11:30AM.
- f. Volunteers will be limited so please know the course
 - i. The race now finishes in Area 5, but the start is in Area 4
 - ii. Stay tuned for details on how to specifically arrive
 - iii. Be prepared to remain in your car until your time for corral opens
 - iv. Again all this is to reduce congregating as we can have no more than 50 people in an area.
 - v. The Half Course is: <https://www.mapmyrun.com/routes/view/3292191607>
- g. You are required to carry hydration and provisions. Currently only one water stop will available with bottle water only. We can not have open consumable items. Each participant will receive a PowerBar HydroGel in their race-day packet, but we encourage you to bring your own provisions as well.
- h. Be sure to social distance at the start area and everywhere – even on course.
- i. Upon completion there will be a YJR staff at a table to give you your medal and postrace food. This will be prepackaged food and bottled water. Again we can not have open consumable food items.
- j. Upon completion we ask that you exit the finish area as soon as possible to deter congregating.
- k. There will not be an awards ceremony. Awards will be mailed.

5K Race Details – Sunday, August 9th 7AM Wave 1 – More details to come

The 10-mile and 13.1 mile on Saturday will have a start window from 7:30AM to 8:30AM.

- a. The race will start at 7AM and there will be waves that you are assigned to. Once assigned you will not be able to change waves. Stay tuned for more info on potentially signing up for a wave.
- b. Waves can only have 15 people in them max.
- c. The waves will go off every 5 minutes
- d. There will be various corrals that you must be in by specific times so we can get temperature and check you in. More to come.
- e. We expect all waves to be done and started by 8AM.
- f. Volunteers will be limited so please know the course
 - i. The race now finishes in Area 5, but the start is in Area 5
 - ii. Stay tuned for details on how to specifically arrive
 - iii. Be prepared to remain in your car until your time for corral opens
 - iv. Again all this is to reduce congregating as we can have no more than 50 people in an area.
 - a. The 5K Course is: <https://www.mapmyrun.com/routes/view/3292182745>
- g. You are required to carry hydration and provisions. There will not be a water stop on course. Each participant will receive a PowerBar HydroGel in their race-day packet, but we encourage you to bring your own provisions as well.
- h. Be sure to social distance at the start area and everywhere – even on course.
- i. Upon completion there will be a YJR staff at a table to give you your medal and postrace food. This will be prepackaged food and bottled water. Again we can not have open consumable food items.
- j. Upon completion we ask that you exit the finish area quickly to deter congregating.
- k. There will not be an awards ceremony. Awards will be mailed.

Course Reminders

Follow the course markings and signs very carefully. No littering. When/If Passing please try to be observant of social distance. Course maps for each event noted above.

Other

Spectators are not allowed to reduce mass gathering numbers. We ask no congregation at finish line when complete. It is best to leave the area as soon as possible.

Volunteers required to wear masks when in close (within 6 feet) and/or sustained contact with entrants or other volunteers, or while in contact with any shared equipment

Entrants are not required to wear masks while running / walking, but to be considerate while passing others.

Runners and volunteers are strongly encouraged to bring their own hand sanitizer, using pre / post contacting any common surfaces and very much including porta-johns.

Any entrant with fever, persistent cough, or with exposure to an individual who is / was COVID positive within 7 days of the event are asked not to race. You will sign a waiver stating such as well. More to come.

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We thank you so much for your patience and understanding as we work through the many, many guidelines put forth by the various entities. We produced an event last weekend under similar guidelines and everyone was amazing as they knew in order for the future of racing to occur we need to make some adjustments and sacrifices. Will it be a little different, yes. But you will be racing amongst peers again. That right there is a win!

We appreciate you all following the guidelines set forth so we can all be safe, still race and have fun. More to come. Please read the emails.

Thank you again!

Boots, Ellen and entire Fleet Feet/YellowJacket Team