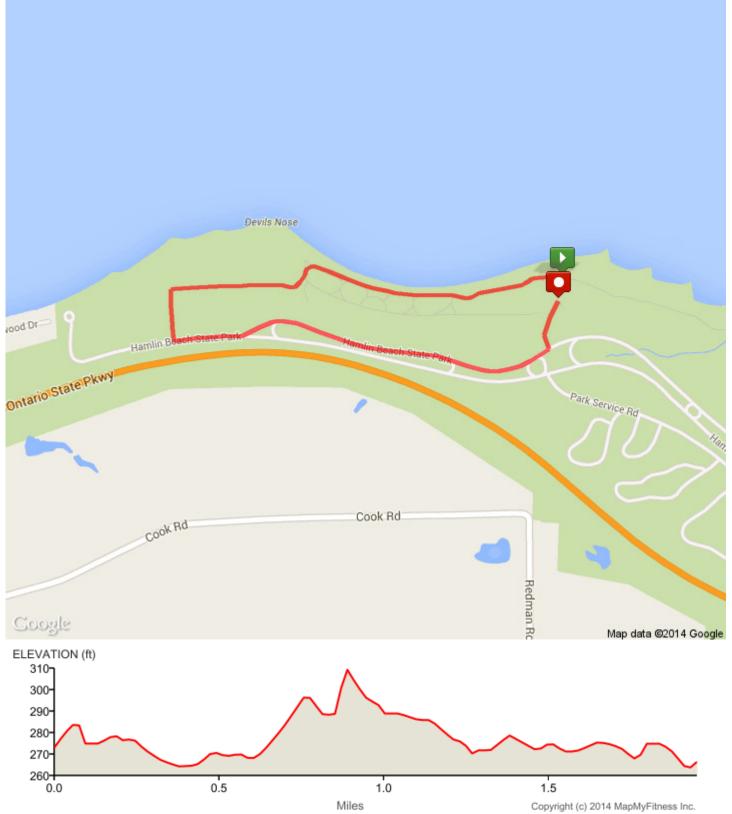


Shoreline Tri Run Course Distance: 1.95 mi Elevation: 39.89 ft} (Max: 310.5 ft)



Head west	0 mi (+0.14 mi)
Head west	0.14 mi (+0.25 mi)
Head west	0.38 mi (+0.17 mi)
Slight left	0.55 mi (+0.02 mi)
This segment has no directions.	0.57 mi (+0.42 mi)
Head east on Hamlin Beach State Park	0.99 mi (+0.05 mi)
Head east on Hamlin Beach State Park	1.05 mi (+0.1 mi)
Head northeast on Hamlin Beach State Park	1.14 mi (+0.08 mi)
Head east on Hamlin Beach State Park	1.23 mi (+0.1 mi)
Head east on Hamlin Beach State Park	1.32 mi (+0.26 mi)
Bead east on Hamlin Beach State Park Destination will be on the left	1.58 mi (+0.26 mi)
This segment has no directions.	1.84 mi (+0.11 mi)
Destination	1.95 mi (+0 mi)

MapMyRun • http://mapmyrun.com/routes/view/390366722