

Fleet Feet Gives Back - 4 Mile Trail Race  
 Sunday, February 5th, 2012 - Mendon Ponds Park, NY  
 Total Finishers 61 (30 Male, 31 Female)  
 Timed and Produced by YellowJacket Racing

Pos	Bib	Fullname	M/F	Place	Gender	Class	Ages	City	Lap1Tm	Lap2Tm	TotalTm
1	195	Andy Frank		1	M	M20-29	28	Rochester	0:15:55	0:16:25	0:32:20
2	208	Doug Johnson		2	M	M30-39	32	Victor	0:15:57	0:16:47	0:32:45
3	194	James Roche		3	M	M50-59	51	Fairport	0:17:14	0:17:56	0:35:11
4	225	Sean Rahrle		4	M	M20-29	24	Rochester	0:18:54	0:18:27	0:37:22
5	185	Donald Palmer		5	M	M20-29	25	Williamson	0:17:57	0:19:55	0:37:51
6	226	Doug DeWeaver		6	M	M50-59	54	Rochester	0:18:55	0:20:39	0:39:34
7	215	Jessica Cutcliffe		1	F	F20-29	27	Pavilion	0:19:20	0:20:23	0:39:43
8	217	Matt Degma		7	M	M50-59	57	Rochester	0:19:51	0:20:04	0:39:54
9	159	Anzhela Knyazeva		2	F	F20-29	26	Rochester	0:19:40	0:20:26	0:40:06
10	216	Robert Drayn		8	M	M50-59	57	Canandagua	0:20:44	0:21:28	0:42:13
11	188	Brian Andrews		9	M	M40-49	47	Fairport	0:20:47	0:21:40	0:42:27
12	206	Brian Thomas		10	M	M20-29	27	Rochester	0:21:18	0:22:01	0:43:19
13	230	Chris Burke		11	M	M40-49	42	Pittsford	0:21:19	0:22:03	0:43:21
14	220	Jeanne Herrick		3	F	F60-69	60	Rochester	0:21:49	0:23:05	0:44:54
15	172	Jeff Rose		12	M	M50-59	57	Honeoye Falls	0:22:25	0:24:37	0:47:02
16	168	Richard Mura		13	M	M20-29	25	Rochester	0:23:36	0:23:29	0:47:05
17	196	Martha Roberts		4	F	F50-59	54	Penn Yan	0:23:49	0:23:45	0:47:34
18	157	Bambi Jasmin		5	F	F40-49	40	Webster	0:23:56	0:23:56	0:47:53
19	197	Thomas Mehs		14	M	M40-49	40	North Tanawanda	0:23:41	0:24:46	0:48:27
20	223	Rick Catalano		15	M	M30-39	31	Rochester	0:23:31	0:24:59	0:48:30
21	229	Joy Burke		6	F	F30-39	34	Pittsford	0:24:06	0:24:52	0:48:58
22	176	Cheyenne Vorndran		7	F	F19Under	10	Rochester	0:24:22	0:25:30	0:49:52
23	178	Patrick Vorndran		16	M	M40-49	43	Rochester	0:24:22	0:25:31	0:49:53
24	212	Kim Teal		8	F	F20-29	28	Rochester	0:25:23	0:24:58	0:50:21
25	180	Christina Woods		9	F	F30-39	31	Rochester	0:25:08	0:25:23	0:50:30
26	179	Al Woods		17	M	M50-59	57	Rochester	0:24:57	0:26:23	0:51:20
27	170	Emily Plankenhorn		10	F	F20-29	26	Rochester	0:26:09	0:25:34	0:51:43
28	222	Becky Vanderhoff		11	F	F30-39	32	Rochester	0:25:30	0:26:28	0:51:58
29	193	Nicholas Basch		18	M	M20-29	20	Honeoye Falls	0:26:07	0:26:26	0:52:33
30	232	Heather Ostrander		12	F	F30-39	37	Macedon	0:24:46	0:28:46	0:53:32
31	233	Rick Ostrander		19	M	M40-49	41	Macedon	0:24:47	0:28:46	0:53:34
32	148	Matthew Bradstreet		20	M	M30-39	35	Rochester	0:25:11	0:28:54	0:54:05
33	191	Tim Mulvaney		21	M	M60-69	61	West Henrietta	0:26:14	0:28:28	0:54:42
34	152	Scott Farley		22	M	M40-49	48	Walworth	0:27:16	0:27:28	0:54:44
35	149	Carl Camille		23	M	M50-59	52		0:27:19	0:27:29	0:54:48
36	210	Stacy Maier		13	F	F20-29	28	Rochester	0:26:30	0:28:18	0:54:48
37	184	Sean Hendrick		24	M	M40-49	49	Rochester	0:27:55	0:27:12	0:55:06
38	202	Ryan Lord		25	M	M20-29	28	Rochester	0:27:38	0:28:25	0:56:03
39	199	Travis Altman		26	M	M30-39	35	Phelps	0:27:54	0:28:30	0:56:24
40	198	Scott Lord		27	M	M50-59	55	Geneva	0:28:01	0:28:52	0:56:53
41	162	Jennica Liberatore		14	F	F20-29	25	Rochester	0:28:39	0:28:23	0:57:03
42	209	Katie Cerretto		15	F	F40-49	43	Rochester	0:28:52	0:28:21	0:57:12
43	192	Duane Basch		28	M	M50-59	52	Honeoye Falls	0:29:58	0:29:41	0:59:39
44	200	Carolyn Kriesen		16	F	F60-69	68	Webster	0:29:39	0:31:22	1:01:02
45	211	Sydney Steele		17	F	F20-29	28	Rochester	0:30:31	0:32:00	1:02:31
46	164	Amy Lord		18	F	F40-49	49	Honeoye Falls	0:32:48	0:33:40	1:06:28

47	150	David Dilgard	29	M	M50-59	57	Penfield	0:32:59	0:33:40	1:06:39
48	204	Robert Carafice	30	M	M60-69	68	Rochester	0:33:43	0:33:30	1:07:12
49	169	Tina Pellegrin	19	F	F30-39	37	Rochester	0:33:37	0:35:18	1:08:54
50	173	Beth Spingar	20	F	F40-49	47	Webster	0:35:40	0:34:45	1:10:25
51	235	Laura Church	21	F	F40-49	41	Rochester	0:33:18	0:37:56	1:11:14
52	187	Courtney Abeln	22	F	F30-39	36	Rochester	0:33:15	0:38:10	1:11:25
53	227	Kelly Schroeder	23	F	F30-39	31		0:33:16	0:38:10	1:11:26
54	201	Deb Barber	24	F	F50-59	56	Rochester	0:35:42	0:37:17	1:12:59
55	186	Maggie Mullen	25	F	F50-59	52	Rochester	0:34:16	0:40:09	1:14:25
56	161	Christine Kurtz	26	F	F30-39	34	W. Henrietta	0:39:52	0:44:28	1:24:20
57	165	Theresa Monsees	27	F	F40-49	41	Spencerport	0:39:51	0:44:31	1:24:22
58	189	Sandy Iacchetta	28	F	F40-49	46	Spencerport	0:39:48	0:44:34	1:24:22
59	151	Cassie Dubicki	29	F	F30-39	37		0:39:51	0:44:33	1:24:24
60	153	Carolyn Fleming	30	F	F50-59	50	Lima	0:40:03	0:44:22	1:24:25
61	183	Ann Llewellyn	31	F	F60-69	63	Penfield	0:40:02	0:44:22	1:24:25