

**Henderson Harbor Duathlon**  
**Saturday July 12, 2008**                      **Henderson Harbor, NY**  
**37 Finishers (12 Female, 21 Male, 4 Team)**  
**Timed by YellowJacket Racing**

Pos	Bib	Name	Gender	Gender Pos	Class	Age	Run #1	T1	Bike	T2	Run #2	Total
1	443	Brad Argentine	M	1	Overall Male	22	10:58	00:37	0:42:20	00:36	11:48	1:06:20
2	425	Paul Ashbarry	M	2	Overall Male	47	12:08	00:43	0:40:01	00:35	13:28	1:06:56
3	426	Martin Coffey	M	3	Overall Male	39	12:43	00:29	0:41:08	00:37	15:41	1:10:38
4	434	Robert Swizdor	M	4	M40-44	42	13:26	00:55	0:41:44	00:33	14:14	1:10:53
5	454	Steve Fritton	M	5	M19UNDER	17	12:09	01:09	0:46:34	01:06	13:16	1:14:14
6	435	Nicholas Bakula	M	6	M35-39	38	13:15	00:54	0:44:14	00:47	16:43	1:15:52
7	452	Ron Nelson	M	7	M50-54	52	13:31	00:41	0:45:42	00:49	15:18	1:16:01
8	432	Todd Rogers	M	8	M35-39	37	13:13	00:42	0:48:17	00:55	14:01	1:17:08
9	431	Anthony Netto	M	9	M25-29	27	13:34	00:43	0:47:09	00:45	15:32	1:17:43
10	441	Joan Scibetta	F	1	Overall Female	44	13:45	01:08	0:47:19	00:45	15:03	1:18:00
11	427	Mike Covey	M	10	M45-49	46	13:40	01:20	0:46:54	01:36	16:08	1:19:38
12	451	Dustin Gillenwater	M	11	M20-24	23	13:29	01:08	0:48:12	00:51	16:23	1:20:03
13	453	Team Foster	TEAM	1	Overall Team	30	15:19	00:42	0:47:34	00:28	17:03	1:21:05
14	455	Donna O'Byrne	F	2	Overall Female	43	15:18	00:36	0:52:03	00:35	16:21	1:24:53
15	430	Brian Lantier	M	12	M35-39	36	16:09	01:13	0:48:02	01:08	18:31	1:25:03
16	450	Mary Stack	F	3	Overall Female	42	14:58	01:25	0:51:42	01:10	16:12	1:25:27
17	458	Hillary Ryan-Rusch	F	4	F40-44	44	15:23	01:08	0:55:24	00:58	16:14	1:29:07
18	429	Jeffrey Gleason	M	13	M30-34	32	14:51	00:41	0:55:39	00:39	17:37	1:29:27
19	449	Lara Greczyn	F	5	F25-29	27	15:38	01:48	0:53:13	01:21	17:32	1:29:32
20	448	Matthew Chase	M	14	M25-29	28	15:38	01:47	0:53:15	01:32	17:20	1:29:32
21	437	Joy Covey	F	6	F45UP	45	16:52	01:16	0:52:01	01:18	19:32	1:30:59
22	459	Tom Hartz	M	15	M45-49	46	17:17	01:59	0:51:58	01:55	18:25	1:31:33
23	438	Marissa Paquin	F	7	F25-29	29	15:34	01:19	0:58:41	00:36	16:41	1:32:51
24	444	Matthew Sadlik	M	16	M20-24	23	17:36	01:52	0:52:36		21:03	1:33:08
25	463	Team Holden-Betts	TEAM	2	TEAM 0-35	34	14:36	00:36	0:51:01	00:37	28:19	1:35:08
26	461	Jon Flood	M	17	M45-49	46	17:22	01:53	0:56:36	01:26	18:39	1:35:56
27	456	Peter Dawson	M	18	M55UP	63	17:40	00:53	1:01:02	00:32	17:54	1:38:00
28	440	Team Crause	F	8	TEAM 0-35	33	18:06	00:42	1:01:00	00:31	19:57	1:40:15
29	442	Jon Roberts	TEAM	3	M45-49	48	14:37	00:45	0:51:39	00:41	34:53	1:42:35
30	462	Dan Rodwell	M	19	M55UP	56	17:58	01:04	1:03:21	00:41	20:21	1:43:26
31	460	Courtney Brunet	F	9	F30-34	33	17:46	1:05:00		0:00:53	20:14	1:43:53
32	457	Douglass Sebver	M	20	M55UP	55	18:02	02:37	1:01:09	02:59	19:36	1:44:23
33	436	Ellen Card	F	10	F40-44	44	18:40	00:59	0:53:03	00:49	33:29	1:46:59
34	439	Team C & C	TEAM	4	TEAM 0-35	33	17:25	00:51	1:11:28	00:37	18:22	1:48:44
35	445	Lindsay Wilson	F	11	F25-29	28	19:17	02:55	1:05:42	03:07	22:12	1:53:13
36	446	James Walker	M	21	M40-44	40	22:09	02:06	1:18:49	01:34	27:36	2:12:13

37 447 Kristen Walker

F

12

F40-44

40

22:09

02:05

1:18:51

01:33

27:35

2:12:13