Greetings Webster Turkey Trot IN PERSON Athletes,

PLEASE READ ALL OF THIS CAREFULLY!

We are so excited to be able to produce Webster Turkey Trot on Thanksgiving, Nov 26th at Webster Park, with some EVEN STRICTER safety and COVID adjustments due to Zone Changes. Part of the county has gone orange and part remain yellow. Your well-being and safety has always been at the forefront of our minds as we work through our various events and safety plans. **We will be abiding, monitoring and enforcing the updated protocols which are below so PLEASE READ THIS NOTE CAREFULLY.** As COVID-19 numbers are increasing regionally it is imperative that we follow all these guidelines. Again, given COVID-19 and the ever changing status of our region these are guidelines we are following to ensure everyone's safety. Please note: these can change at ANY time so please stay close to your emails.

Note: You can still switch to virtual by going into your profile on <u>www.RunSignUp.com</u> OR email <u>luen@yellowjacketracing.com</u> if you are unable to do it on Run Sign Up.

Please note all information is <u>HERE</u> as well. Here are our guidelines and adjustments:

CAPACITY LIMITS:

We can have no more than 20 people in the area between packet pickup and the start/finish area. Yes, the cap is 25, but our staff and volunteers are in this count too. So you need to monitor how many people are in the area. Our staff will be roving around making sure count is accurate and everyone is socially distanced. Please adhere to our instructions if asked to leave the area because there are too many people. Keep in mind this is suggested in all areas of the park.

MUST HAVE SIGNED WAIVER:

Everyone is required to bring a signed waiver to packet pickup. No waiver, No race. You can print and download waiver here. We will have waivers at packet pickup as well, but to help expedite things it is best to bring your own signed waiver. If you are picking up for others you will need to bring their waivers too. Also, please do not email us the waiver ahead of time, we need to collect them at packet pickup as part of the process flow. Please read the waiver as you are abiding by all of it. If you are ill, please do not come to the event or packet pickup.

PACKET PICKUP DETAILS

Pre Race Packet Pickup – Tuesday, November 24th AND Wednesday, November 25th from 10-6PM at Fleet Feet @ The Armory (155 Culver Rd). *PLEASE PLEASE PLEASE TRY TO GO TO THIS. Our staff is limited on race day and we must stay at the 20 person max in the area at the race site, so PLEASE PLEASE PLEASE GO TO EARLY PACKET PICKUP*. This will also help promote social distancing on race day AND to allow you the ability to start during the time frames allowed. You may pick up for someone else too.

During Pre Race Packet Pickup we will be hosting Early Black Friday Sales AND the Annual Food Drive for Hope House. <u>You can view the specials and the needs of Hope House here</u>

Day of Packet Pickup (please try not to do this) – Thanksgiving, Nov. 26th from 8-9:30AM at Parkview Lodge.

Note: Do not forget your bib on race day. We will not have extras on race day.

- o Masks must be worn and please remain physically distant.
- o Only one person at a time to the table.
- o We will hand you your bib with pins along with shirt in a pre packaged bag

o If you get items race day, once you get your bib please head to the start line to start. Please remain 6 feet apart at all times.

Masks/Temperature

Masks MUST be worn at all times when not running on the course. This means right up until you start and finish.

1. MASKS ON AT ALL TIMES!!!! The only time you can take it down is when you are running in the race. If you are warming up, PLEASE WEAR THE MASK!!

2. Spectators are not allowed

3. You must remain 6 feet or more apart at all times. Keep in mind, you may come with your spouse or family, people don't know that. So please just stay 6 feet apart.

- 4. We will be taking your temperature at the start line of your event.
- 5. NO CONGREGATING
- 6. There is no dilly dally at the start. We take your temp, get your name and you go. No fixing music, watch, apparel etc.... just please start so we can keep things moving AND keep capacity at 20 people. You will start one person at a time. If in line waiting, keep 6 feet apart, even if your spouse or child.

RACE DETAILS

You can start your Trot between 8AM and 10AM at corner of Holt and Lake. Caution: The roads are open to traffic so please be careful crossing roads at all times. Parking is in Parkview Lodge Lot. There are no busses.

a. Show up any time within that window to the start line, check-in with YellowJacket Racing staff at the start and start your race. YOU CAN NOT START AFTER 10AM.

b. You must wear your mask at all times up until you start then again immediately upon completion of your race. Thus you do not need to wear your mask when racing. Masks on during warm up too.

c. Be sure to social distance at the start area. There will be cones spaced 6 feet apart. Again, you CAN NOT start after 10AM. So PLEASE arrive in timely fashion. Plus if we have too many people at start area we will send you away.

- d. All event times will be based on chip time, not clock time.
 - i. Your time starts when you hear the beep at the start-line map and finishes when you

hear the beep at the finish-line map.

e. No one can start after 10AM. Please do not wait until 10 to start. Once you get your bib number head to the start line. Bib MUST be worn on front of body and visible.

f. YOU MUST CARRY Hydration with you. There will not be an aid station on course.

g. NO SPECTATORS

h. If you need to warm up do not be ANYWHERE near Holt Rd, the start, the parking lot or the finish. Masks must be worn for warm up.

i. Upon completion there will be a YJR staff at a table to give you your postrace grab n go bag of food and bottle water and your medal.

j. Reminder: You must wear your mask at all times up until you start then again immediately upon completion of your race. Thus you do not need to wear your mask when racing.

k. When done, please get your grab n go bag and leave the area immediately. Mask on immediately after running. Even if you are waiting for someone, meet them at your car.

NO LITTERING!

Be prepared for us to ask you to exit the area, which could mean to get into your vehicle asap upon completion or if waiting to start. Please be cognizant of how many are in the area and remove yourself before we ask you to move away. Thanks!!

Again, NO SPECTATORS.

Certificate Awards will be mailed the following week for 4.4 finishers and not given at race site.

COURSE INFORMATION

Both courses start at the corner of Holt and Lake. Follow the course markings and signs very carefully. The roads are open to traffic. No littering. There will be signs to designate the 4.4 and 2.5, please pay attention. Please be careful. There are no road marshals so you are responsible for paying attention to course markings, road crossings and safety protocols which running or walking. Please do not run in the middle of the road. Stay at the shoulder of all roads. When/If Passing please try to be observant of social distance. You are responsible to know the course.

4.4 Course Map: (note it starts at Lake and Holt): https://www.mapmyrun.com/routes/view/11601660

2.5 Course Map: https://www.mapmyrun.com/routes/view/11601704

OTHER

Entrants are not required to wear masks while running / walking during the race, but to be considerate while passing others.

Runners are strongly encouraged to bring their own hand sanitizer, using pre / post contacting any common surfaces and very much including porta-johns. We will have hand sanitizer at the Packet Pickup/Post Race Grab n Go Bag Table.

Any entrant with fever, persistent cough, or with exposure to an individual who is / was COVID positive within 7 days of the event are asked not to race. You have or will sign a waiver stating such as well.

HOPE HOUSE FOOD DRIVE NEEDS

You can drop these items off during packet pickup to any Rochester Fleet Feet locale. You will get a voucher towards 15% OFF a single regular priced apparel item. Here is what they need.

Flour	Sugar- brown & white	Cooking oil
Canned pineapple	Canned beets	Canned sauerkraut
Jarred applesauce	Crunchy peanut butter	Granola/cereal bars
Shampoo/conditioner	Deodorant	Dish soap (not dishwasher soap)
Diapers size 6 & 7	Any cleaning products	

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We thank you so much for your patience and understanding as we work through the many, many guidelines put forth by the various entities. We understand this is strict, but it is for everyone's safety. Monroe County sadly went the wrong direction and collectively we need to right this again. We appreciate you following all these guidelines, arriving early, wearing a mask, coming to early packet pickup and abiding by social distancing so we can all be safe, still race and have fun.

Still keep to your email in case any further updates arise.

Trot Website: https://yellowjacketracing.com/races/webster-turkey-trot

Thank you again! All of us at YellowJacket Racing