



Shoreline Half Marathon & 5K - Live & Virtual Options

SIGN UP

LOCATION: HAMLIN, NY US 14464 **DIRECTIONS**
TYPE: RUN OR RUN/WALK, VIRTUAL RACE / CHALLENGE

Greetings Shoreline Half Marathoners & 5Kers!

Thank you so very much for joining us this year for Shoreline Half Marathon & 5K on Saturday, July 15th at Hamlin Beach State Park Area 5.

The Half will begin at 7AM and the 5K begins at 7:15AM.

We ask that you read this note very carefully so you are most informed.

We have updated the website with everything as of this moment. Things can change and we will certainly inform you should that occur.

You can view the website at <https://yellowjacketracing.com/races/shoreline-12-marathon-5k>

Please make sure your website is not cached otherwise you will have old information.

Highlights:

- The Half Marathon Course is a 2 Loop once you exit the park.
- The 5K is the same as last year
- **It is HEAVILY ADVISED to carry hydration.** While there will be water/electrolyte stops at approx. 3ish, 5ish, 7ish, 9ish and 12ish miles for the half and mile 1.5ish for the 5K - PLEASE carry hydration. Period. This course does have a reputation of getting hot and you must be prepared with hydration and nutrition.
- You must maintain a 16 min/mile pace. The finish will close at 10:30AM and other aid areas will close according to the 16 min/mile pace.

- You must arrive to the Area 5 by 6:30AM otherwise you risk not being able to park there as both races start in the road in front of Area 5. You may be relegated to park at Area 4.
- Caution driving in and out of park. Adhere to all signs and speed limits. You will get ticketed.
- This is still a beautiful beachside finish so once through the finish feel free to turn right and head right for the water to cool you off.

1. Packet Pickup

Friday, July 14th from 10-6PM at Fleet Feet @ The Armory (155 Culver Rd, Rochester 14620).

GO TO PACKET PICKUP at Fleet Feet on Friday. Others can pickup your packet for you! You DO NOT want to do this race morning as it is a very small window to get it. Race morning is at Area 5 from 6:15AM to 6:55AM.

Plus Fleet Feet is having a HUGE 19th Anniversary Sale on select footwear, apparel and accessories.

2. The Course - [Course Maps Details Here](#)

You are responsible to know the course.

Please note: I will do my best to get a volunteer at every corner, but KNOW THE COURSE and follow the signs and know which loop you are on!!

- For the Half Marathon, you will be running against traffic when in the country roads. Stay against traffic at all times unless told otherwise. Roads are open to traffic. Please heed caution.
- For the 5K, you will be running against traffic in the park for the first 1.5 ish miles. Stay against traffic at all times unless otherwise told. Roads are open to traffic. Heed Caution.
- When on the path along the lake, please know the park is open to guests and you may have pedestrians or bikers on the path
- Make sure your bib is securely fastened, VISIBLE and in the FRONT of your body and not covered by anything
- NO LITTERING
- PLEASE carry your own hydration
- Water/Electrolyte Half Marathon Stops are around 3ish, 5ish, 7ish, 9ish miles. 12.5 ish miles is water only.
- The 5K stop is at 1.5ish miles - water only
- Wear sunscreen and a hat

3. The Finish

You will be finishing on the pathway, beachside in Area 5. When you finish make sure your bib is visible on the FRONT of your body. Please do not stop your watch at the line as it can obstruct your timing chip's ability to read. It does not read through the human body. When done you will get your medal and bottle of water. You are more than welcome to stay but just clear the finish line area so other athletes can finish. The Breakfast Burritos for participants only will be ready to be served for participants only around 8AM, but we will have snacks available for those who need a little something and need to leave before then.

Northeast College of Health Services will be present with Chiropractic Students to help work

out the kinks from you amazing race. Plus asics will be onsite with special schwag and treats.

Awards:

There will not be an awards ceremony per se due to the differing times of people finishing between races BUT there will be a walk up table to get your award as follows:

Please note: Awards ARE NOT MAILED.

5K Awards: We will start handing out awards at the awards table starting at 8:20AM. You can walk up at your leisure to get your award.

5K Awards go to:

Top Male & Female and Top 3 in 5 year age groups. (19 and under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 and over).

Half Awards: We will start handing out awards at the awards table starting at 9AM. You can walk up at your leisure to get your award. Subsequent lists will then be printed at 9:30AM, 10AM and 10:15AM as finishers roll in. So for example if you finish between 9 and 9:25am your award won't be ready until the after 9:30AM timeframe.

Half Awards go to:

Cash Prizes to Top 3 Male/Female - 1st = \$200, 2nd = \$100, 3rd = \$50.

Top 3 in 5 year age groups. (19 and under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 and over)

All Cash Award winners Must Fill out the provided 1099 Form in order to receive the cash prize in the form of a check mailed to the address on the 1099 Form. There will be a deadline for each race as to when the form must be returned in order to receive the cash prize.

Awards will be available for pickup at Fleet Feet @ The Armory starting Sunday, July 16th until July 23rd. If from Buffalo we can transfer your award to Fleet Feet Buffalo, just email ruthie@yellowjacketracing.com by Tuesday, July 18th so we can prepare the transfer..

4. Water Stops

You still need to carry water with you, along with nutrition and any electrolytes. It is JULY and can be hot especially on this course! And anything can happen with a water stops so please carry with you. The water stops will be at 3ish, 5ish, 7ish, 9ish and 12 ish miles. (1.5ish for the 5K) Please NO LITTERING.

5. HAVE FUN!!! Stay Upright!!

We thank you so much for joining us!

6. Spectators

Spectators are very welcome - just know that the park may charge for entering after a certain point.

7. Do not speed in vehicles in the park. They will ticket you.

8. The course cut off is 3.5 hours.

You must maintain a 16 minute mile in order to finish. We reserve the right to pick you up on the course should you not be keeping pace. This also includes on course support may no longer be there and the finish line will close. The finish line closes at 10:30AM.

9. No Littering! Be Positive! Smile! Thank The Volunteers!

10. Go to In Store Packet Pickup at Fleet Feet Armory on Friday, July 14th from 10am-6pm and take advantage of the 19th Anniversary Sale! Pick up lucky new gear to wear, eat, drink or something commemorative to celebrate for post race.

Virtual Athletes: You are more than welcome to get your packet at Packet Pickup. You will also receive a separate email on how to submit results. Any packets still left will be mailed to the address in your registration next week.

Website: <https://yellowjacketracing.com/races/shoreline-12-marathon-5k>

Thank you!
Regards,
YellowJacket Racing & Fleet Feet

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**Hamlin, NY
Fri July 9 - Fri July 16 2021**

Contact Race