 THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER

EGG & CHEESE

SLIDER

FRUIT AND/OR JUICE

CHOICE OF MILK

CHOICE OF MILK



**OCTOBER 2022**

**ARTS ACADEMY AT ESTRELLA**

**MOUNTAIN ELEMENTARY K-5**

[ALL COMPLETE MEALS SERVED TO STUDENTS ARE FREE OF CHARGE

ADULT MEALS AND ALA CARTE AVAILABLE FOR PURCHASE

FOOD SERVICE DIRECTOR

JENNY MICHAEL

[JMICHAEL@PLCCS.ORG](mailto:JMICHAEL@PLCCS.ORG)

623.474.2120 X 876

CINNAMON SWIRL BUN

FRUIT AND/OR JUICE

CHOICE OF MILK

CEREAL

YOGURT OR CHEESESTICK

FRUIT AND/OR JUICE

CHOICE OF MILK

HONEY GLAZED BUN

FRUIT AND/OR JUICE

CHOICE OF MILK

BLUEBERRY MUFFIN

FRUIT AND/OR JUICE

CHOICE OF MILK

BREAKFAST GRILLED CHEESE

FRUIT AND/OR JUICE

CHOICE OF MILK

BLUEBERRY MINI LOAF

CHEESESTICK OR YOGURT

FRUIT AND/OR JUICE

CHOICE OF MILK

BREAKFAST

QUESADILLA

FRUIT AND/OR JUICE

CHOICE OF MILK

CINNAMON

BREAKFAST COOKIE

FRUIT AND/OR JUICE

CHOICE OF MILK

YOGURT

GRANOLA

FRUIT AND/OR JUICE

CHOICE OF MILK

CHORIZO & CHEESE

TACO STICK

FRUIT AND/OR JUICE

CHOICE OF MILK

BLUEBERRY

MUFFIN

FRUIT AND/OR JUICE

CHOICE OF MILK

FRENCH TOAST

STICKS

FRUIT AND/OR JUICE

CHOICE OF MILK

CHOCOLATE

DIPPED DONUT

FRUIT AND/OR JUICE

CHOICE OF MILK

TEACHER

IN SERVICE

NO SCHOOL

MENU IS SUBJECT TO CHANGE

POWDERED

DONUT

FRUIT AND/OR JUICE

CHOICE OF MILK

NO SCHOOL

SCHOOL RESUMES

TUESDAY

OCTOBER 11

