



National Fortune Cookie Day
September 13

Arts Academy at Estrella Mountain K-4 Menu

September 2019



BREAKFAST AND LUNCH

Tuesday 3		Wednesday 4		Thursday 5		Friday 6				
	Chicken Patty Sun Butter & Jelly w/ cheese stick Beans Fruit Variety of Milk Breakfast	Chicken Nuggets w/ crackers Sun Butter & Jelly w/ cheese stick Broccoli Fruit Variety of Milk Breakfast	Bean & Cheese Burrito Sun Butter & Jelly w/ cheese stick Carrots Fruit Variety of Milk Breakfast	Cheese Pizza Sun Butter & Jelly w/ cheese stick SPECIAL TREAT Corn Fruit Variety of Milk Breakfast	Mini Donuts Juice and Fruit Choice of Milk	Pretzel Stick Juice and Fruit Choice of Milk	Mini Donut Juice and Fruit Choice of Milk			
	Monday 9		Tuesday 10		Wednesday 11		Thursday 12		Friday 13	
	Quesadilla Sun Butter & Jelly w/ cheese stick Green Beans Fruit Variety of Milk Breakfast	Cheeseburger Sun Butter & Jelly w/ cheese stick Carrot Sticks Fruit Variety of Milk Breakfast	Chicken Nuggets w/ crackers Sun Butter and Jelly w/ cheese stick Broccoli Fruit Variety of Milk Breakfast	Mini Corn dog Sun Butter & Jelly w/ cheese stick Pinto Beans Fruit Variety of Milk Breakfast	Pretzel w/ cheese Sun Butter & Jelly w/ cheese stick SPECIAL TREAT Corn Fruit Choice of Milk Breakfast	Pop tart Juice and Fruit Choice of Milk	Mini Donuts Juice and Fruit Choice of Milk	Donut bites Juice and Fruit Choice of Milk	Mini donut Juice and Fruit Choice of Milk	Donut Bar Juice and Fruit Choice of Milk
Monday 16		Tuesday 17		Wednesday 18		Thursday 19		Friday 20		
Chicken Nuggets w/ crackers Sun Butter & Jelly w/ cheese stick Pinto Beans Fruit Variety of Milk Breakfast	Corn dog Sun Butter & Jelly w/ cheese stick Green Beans Fruit Variety of Milk Breakfast	Chicken Patty Sun Butter and Jelly w/ cheese stick Broccoli Fruit Variety of Milk Breakfast	Nachos Sun Butter & Jelly w/ cheese stick Carrot Sticks Fruit Variety of Milk Breakfast	Hotdog Sun Butter & Jelly w/ cheese stick SPECIAL TREAT Seasoned Corn Fruit Variety of Milk Breakfast	Pancake Bowl Juice and Fruit Choice of Milk	Mini Donuts Juice and Fruit Choice of Milk	Pretzel Stick Juice and Fruit Choice of Milk	Mini Donut Juice and Fruit Choice of Milk	Cinnabun Juice and Fruit Choice of Milk	
Monday 23		Tuesday 24		Wednesday 25		Thursday 26		Friday 27		
Mini Cheeseburger Sun Butter & Jelly w/ cheese stick Seasoned Corn Fruit Variety of Milk Breakfast	Chicken Patty Sun Butter & Jelly w/ cheese stick Pinto Beans Fruit Variety of Milk Breakfast	Corn Dog Sun Butter and Jelly w/ cheese stick Carrot Sticks Fruit Variety of Milk Breakfast	Nachos Sun Butter & Jelly w/ cheese stick Broccoli Fruit Variety of Milk Breakfast	Cheese Pizza Sun Butter & Jelly w/ cheese stick SPECIAL TREAT Carrot Sticks Fruit Variety of Milk Breakfast	Pop tart Juice and Fruit Choice of Milk	Mini Donuts Juice and Fruit Choice of Milk	Donut bites Juice and Fruit Choice of Milk	Mini donut Juice and Fruit Choice of Milk	Donut Bar Juice and Fruit Choice of Milk	
Monday 30								all complete meals served to students are free of charge ala carte items available for purchase MENU IS SUBJECT TO CHANGE Food Service Director Jenny Michael jmichael@plccharterschools.org 480.298.5302		
Chicken w/ crackers Sun Butter & Jelly w/ cheese stick Green Beans Fruit Variety of Milk Breakfast										
Pancake Bowl Juice and Fruit Choice of Milk										