



Arts Academy at Estrella Mountain 5 - 8 Menu

October 2019



BREAKFAST AND LUNCH

| | Tuesday 1 | Wednesday 2 | Thursday 3 | Friday 4 |
|--|---|--|---|--|
| <p>"This institution is an equal opportunity employer"</p> <p>Breakfast is served in the classroom every day</p> | Mini Corndogs Pretzel w/ cheese Sun Butter & Jelly w/ cheese stick Beans Fruit Variety of Milk | Orange Chicken w/ rice Chicken Nuggets w/ crackers Sun Butter & Jelly w/ cheese stick Broccoli Fruit Variety of Milk | Crunchy Taco Cheeseburger Sun Butter & Jelly w/ cheese stick Carrots Fruit Variety of Milk | Cheese Pizza Chili w/ Fritos Sun Butter & Jelly w/ cheese stick SPECIAL TREAT Corn Fruit Variety of Milk |
| | Breakfast Mini Donuts Juice and Fruit Choice of Milk | Breakfast Pretzel Stick Juice and Fruit Choice of Milk | Breakfast Mini Donut Juice and Fruit Choice of Milk | Breakfast Cinnabun Juice and Fruit Choice of Milk |
| Monday 7 Fall Break NO SCHOOL School resumes Tuesday, October 15, 2019 | Tuesday 8 | Wednesday 9 | Thursday 10 | Friday 11 |
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| Monday 14 NO SCHOOL TEACHER IN-SERVICE | Tuesday 15 Chalupa w/ Churro Chicken & waffles Sun Butter & Jelly w/ cheese stick Green Beans Fruit Variety of Milk | Wednesday 16 General Tso Chicken w/ noodles Chicken Patty Sun Butter and Jelly w/ cheese stick Broccoli Fruit Variety of Milk | Thursday 17 Nachos Cheeseburger Sun Butter & Jelly w/ cheese stick Carrot Sticks Fruit Variety of Milk | Friday 18 Cheese Pizza Hot Dog Sun Butter & Jelly w/ cheese stick SPECIAL TREAT Corn Fruit Variety of Milk |
| | Breakfast Mini Donuts Juice and Fruit Choice of Milk | Breakfast Pretzel Stick Juice and Fruit Choice of Milk | Breakfast Mini Donut Juice and Fruit Choice of Milk | Breakfast Cinnabun Juice and Fruit Choice of Milk |
| Monday 21 Mini Cheeseburger Chili Fritos Sun Butter & Jelly w/ cheese stick Seasoned Corn Fruit Variety of Milk | Tuesday 22 Chicken Street Tacos w/ churro Chicken Patty Sun Butter & Jelly w/ cheese stick Pinto Beans Fruit Variety of Milk | Wednesday 23 Chicken & waffles Corn Dog Sun Butter and Jelly w/ cheese stick Green beans Fruit Variety of Milk | Thursday 24 Chili Colorado Burrito Nachos Sun Butter & Jelly w/ cheese stick Carrot Sticks Fruit Variety of Milk | Friday 25 Pizza Cherry Blossom Chicken Sun Butter & Jelly w/ cheese stick SPECIAL TREAT Broccoli Fruit Variety of Milk |
| Breakfast Pop tart Juice and Fruit Choice of Milk | Breakfast Mini Donuts Juice and Fruit Choice of Milk | Breakfast Donut bites Juice and Fruit Choice of Milk | Breakfast Mini donut Juice and Fruit Choice of Milk | Breakfast Donut Bar Juice and Fruit Choice of Milk |
| Monday 28 Quesadilla Chicken & waffles Sun Butter & Jelly w/ cheese stick Green Beans Fruit Variety of Milk | Tuesday 29 Mini Corndogs Pretzel w/ cheese Sun Butter & Jelly w/ cheese stick Beans Fruit Variety of Milk | Wednesday 30 Orange Chicken w/ rice Chicken Nuggets w/ crackers Sun Butter & Jelly w/ cheese stick Tossed Salad Fruit Variety of Milk | Thursday 31 Crunchy Taco Cheeseburger Sun Butter & Jelly w/ cheese stick SPECIAL TREAT Carrots Fruit Variety of Milk | all complete meals served to students are free of charge ala carte items available for purchase MENU IS SUBJECT TO CHANGE Food Service Director Jenny Michael jmichael@plccharterschools.org 480.298.5302 |
| Breakfast Pop tart Breakfast is served in the classroom every day | Breakfast Mini Donuts Juice and Fruit Choice of Milk | Breakfast Pretzel Stick Juice and Fruit Choice of Milk | Breakfast Mini Donut Juice and Fruit Choice of Milk | |