 MEATLESS OPTIONS AVAILABLE DAILY

FOOD SERVICE DIRECTOR

JENNY MICHAEL

[JMICHAEL@PLCCS.ORG](mailto:JMICHAEL@PLCCS.ORG)

623.474.2120 X 876

ALL COMPLETE MEALS SERVED TO STUDENTS ARE FREE OF CHARGE

ALA CARTE AVAILABLE FOR PURCHASE

**SEPTEMBER 2022**

AAEM MIDDLE SCHOOL BREAKFAST GR 6-8

THIS ORGANIZATION IS AN EQUAL OPPORTUNITY EMPLOYER

DUTCH WAFFLE W/ SYRUP

FRUIT AND/ OR JUICE

CHOICE OF MILK

POWDERED

DONUT

FRUIT AND/OR JUICE

CHOICE OF MILK

BREAKFAST BURRITO

FRUIT AND/OR JUICE

CHOICE OF MILK

DUTCH WAFFLE W/ SYRUP

FRUIT AND/ OR JUICE

CHOICE OF MILK

CHOCOLATE

DIPPED DONUT

FRUIT AND/OR JUICE

CHOICE OF MILK

CHEESE OMELET

SHORTBREAD COOKIES

FRUIT AND/OR JUICE

CHOICE OF MILK

FRENCH TOAST

FRUIT AND/OR JUICE

CHOICE OF MILK

BISCUITS

AND GRAVY

FRUIT AND/OR JUICE

CHOICE OF MILK

PANCAKES AND

SAUSAGE

FRUIT AND/OR JUICE

CHOICE OF MILK

HOMEMADE

CINNAMON ROLL

FRUIT AND/OR JUICE

CHOICE OF MILK

SCRAMBLED EGGS

AND TOAST

FRUIT AND/OR JUICE

CHOICE OF MILK

QUESADILLA

W/ TOAST

FRUIT AND/OR JUICE

CHOICE OF MILK

TOASTED SAUSAGE, EGG &

CHEESE SANDWICH

FRUIT AND/OR JUICE

CHOICE OF MILK

YOGURT PARFAIT

W/ GRANOLA

FRUIT AND/OR JUICE

CHOICE OF MILK

EGG FRITATA

W/TOAST

FRUIT AND/OR JUICE

CHOICE OF MILK

NO SCHOOL

LABOR DAY 

NO SCHOOL

TEACHER

IN-SERVICE

POP TART W

YOGURT

FRUIT AND/OR JUICE

CHOICE OF MILK

EGG FRITATA

TOAST

FRUIT AND/OR JUICE

CHOICE OF MILK

YOGURT PARFAIT

W/ GRANOLA

FRUIT AND/OR JUICE

CHOICE OF MILK

TOASTED SAUSAGE, EGG &

CHEESE SANDWICH

FRUIT AND/OR JUICE

CHOICE OF MILK

QUESADILLA

W/ TOAST

FRUIT AND/OR JUICE

CHOICE OF MILK