W-3 Beaklast Manu

Monday

Tuesday

Wednesday

Thursday

03

10

Friday

3

WG Blueberry Muffin String Cheese Fruit Variety

Choice of Milk

Chocolate Oatmeal Round

> Fruit Variety Choice of Milk

02

Banana Bread Slice Fruit Variety Choice of Milk Mini WG Donuts

Fruit Variety Choice of Milk **04** WG Cinnamon Roll

Fruit Variety or Fruit Juice Choice of Milk

07

Chocolate Chip
Oatmeal Bar
Fruit Variety
Choice of Milk

08

Apple Frudel
Fruit Variety
Choice of Milk

09

Mini Cinnis Fruit Variety

Choice of Milk

Cereal Bar String Cheese Stick

Fruit Variety Choice of Milk 11

Mini Eggo Waffles

Fruit Variety/ or Fruit Juice Choice of Milk

14 Cinnamon Toast

Breakfast Bar Fruit Variety Choice of Milk 15

22

WG Chocolate Muffin String Cheese Stick

Fruit Variety
Choice of Milk

16

WG Pop TartsFruit Variety

Fruit Variety Choice of Milk 17

24

Strawberry Cream Cheese Bagel

> Fruit Variety Choice of Milk

18

Managers Choice

Fruit Variety or Fruit Juice Choice of Milk

21

Strawberry Cream Cheese Bagel

Fruit Variety
Choice of Milk

23

Banana Bread Slice

Fruit Variety Choice of Milk Mini WG Donuts

Fruit Variety
Choice of Milk

25 WG Cinnamon Roll

> Fruit Variety or Fruit Juice Choice of Milk

28

Chocolate Chip
Oatmeal Bar
Fruit Variety

Choice of Milk

29

Apple Frudel

Fruit Variety Choice of Milk 30

Mini Cinnis

Fruit Variety
Choice of Milk

Managers Choice

Reflect the following minimum required amounts.

- Fruit/Veg -1/2 Cup
- Milk-1 cup (8oz)
- Grain- 1 oz EQ
- M/ MA-1 oz EQ

Apply 2025

ARTS ACADEMY
AT ESTRELLA MOUNTAIN
FOOD AND NUTRITION
SERVICES

ANNOUNCEMENTS

All complete meals served to students are free of charge.

The menu is subject to change without notice

K-5TH
BREAKFAST IS SERVED IN THE
CLASSROOM

6TH-8TH
BREAKFAST AVAILABLE
8AM-8:35AM IN THE CAFETERIA

Please direct any questions or comments to

LORENA LOPEZ
FOODSERVICE DIRECTOR
623.474-2120 EX 0716

LLOPEZ@PLCCS.ORG

WE ARE A
NUT-FREE CAMPUS

Adult Breakfast-\$2.85 Adult Lunch- \$4.95 Milk- \$.50 A la Carte items available for purchase

THIS ORGANIZATION IS AN EQUAL OPPORTUNITY PROVIDER

AAEM-2024-2025