

APPROVED SNACK LIST

Smart Snack Compliant

Arizona Healthy Schools Act- ARS 15-242.01;

Under *Arizona Revised Statute 15-242* and the *Arizona Healthy Schools Act*, public schools that participate in federally funded or assisted meal programs are not allowed to serve or sell ultra-processed foods during the regular school day. All foods served or sold must meet Arizona's nutrition standards and must be completely free of 11 prohibited synthetic food additives, including Red 40, Yellow 5, Yellow 6, and Titanium Dioxide.

This approved list is a helpful guide, but manufacturer ingredients change frequently. Always check the physical label before purchasing.

Questions? Contact the Arts Academy Food Service Department at llopez@plccs.org or 623-474-2120

FRUIT SNACKS

All snacks must be completely free of peanuts, tree nuts, artificial food dyes, and the posted chemical additives. Here are some options:

- **Dole:** Fruit Cups 100% Fruit in Juice (Mandarin Oranges, Diced Peaches, or Pear Chunks)
- **Del Monte:** Fruit Naturals No Sugar Added Cups (Diced Peaches, Pears, or Mixed Fruit)
- **Mott's:** Applesauce Snack & Go Pouches (Plain/Unsweetened only—avoid colored berry options)
- **Musselman's:** Natural Unsweetened Applesauce Cups or Healthy Picks Plain
- **GoGo SqueeZ:** Applesauce Pouches (Apple Apple, Apple Cinnamon, or Apple Banana)
- **Brothers All Natural:** Fruit Crisps (Apple, Fuji Apple, Strawberry, or Banana)
- **Disney:** Freeze-Dried Real Sliced Fruit Bags
- **Sun-Maid:** Raisins (Mini Boxes or Snack Packs—Plain only, no yogurt/chocolate coatings)
- **Dried Apricots** (Unsulphured, plain)
- **Earthbound Farm:** Organic Seedless Raisins

11 BANNED INGREDIENTS

- Red 3 (Artificial color)
- Red 40 (Artificial color)
- Yellow 5 (Artificial color)
- Yellow 6 (Artificial color)
- Blue 1 (Artificial color)
- Blue 2 (Artificial color)
- Green 3 (Artificial color)
- Titanium Dioxide
- Brominated Vegetable Oil / BVO
- Potassium Bromate
- Propylparaben

POP CORN

All snacks must be completely free of peanuts, tree nuts, artificial food dyes, and the posted chemical additives. Here are some options:

- **SkinnyPop:** Original, Sea Salt, or White Cheddar individual snack bags
- **Orville Redenbacher:** Smart Pop! 94% Fat-Free (Mini Bags or Pop Up Bowls)
- **Jolly Time:** Healthy Pop Butter 94% Fat-Free (including 100-Calorie packs)
- **Pop Secret:** 94% Fat-Free Butter or 100-Calorie Snack Size Butter
- **Angie's BOOMCHICKAPOP:** Sea Salt Popcorn (0.6 oz individual bags)
- **Smartfood:** Smart 50 (Sea Salt flavor only)
- **Good & Gather (Target):** Organic Sea Salt Popcorn individual bags

FRUIT JUICE

All snacks must be completely free of peanuts, tree nuts, artificial food dyes, and the posted chemical additives. Here are some options:

- **Juicy Juice:** 100% Juice Boxes (Apple, White Grape, Berry, or Fruit Punch, naturally colored)
- **Minute Maid:** 100% Juice Boxes (Apple Juice or Orange Juice)
- **Capri Sun:** 100% Juice Pouches (Apple or White Grape—must be the explicit 100% Juice line)
- **Apple & Eve:** 100% Organic Juice Boxes (Apple or Berry)
- **Mott's:** 100% Apple Juice Boxes
- **Campbell's:** V8 100% Vegetable Juice
- **Dole:** 100% Pineapple Juice small cans
- **Welch's 100% Juice** Concord Grape, White Grape, and Welch's Orange Pineapple Variety Packs.
- **Ocean Spray 100% Juice:** Cranberry, Cranberry blends
- **Tropicana 100% Juice Boxes:** Orange Juice or Apple Juice
- **Old Orchard 100% Juice:** 100% Apple, Grape, or Old Orchard Berry Blends

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CONTINUED

CRACKERS

All snacks must be completely free of peanuts, tree nuts, artificial food dyes, and the posted chemical additives. Here are some options:

- **Pepperidge Farm Goldfish:** Whole Grain Original / Plain individual pouches (No colored versions or graham flavors)
- **Mary's Gone Crackers:** Super Seed Classic or Real Thin Crackers
- **Van's Kitchen:** Multigrain Crackers
- **Nabisco Triscuit:** Original or Hint of Salt individual packs
- **Nabisco Triscuit Thin Crisps:** Original Sea Salt flavor
- **Nabisco Wheat Thins:** Original or Reduced Fat
- **Kashi:** Seven Grain 7-Whole Grain Sea Salt Crackers

PRETZELS

All snacks must be completely free of peanuts, tree nuts, artificial food dyes, and the posted chemical additives. Here are some options:

- **Snyder's of Hanover:** Mini Pretzels, Pretzel Sticks, or Snaps
- **Rold Gold:** Hearty Thins, Classic Sticks, or Tiny Twists
- **Pretzels Inc. / Anderson:** Mini Twist Pretzels or Pretzel Sticks
- **Snack Factory:** Original Pretzel Crisps
- **Newman's Own:** Organics Spelt Pretzels or Organics Whole Wheat Pretzels

CHIPS

All snacks must be completely free of peanuts, tree nuts, artificial food dyes, and the posted chemical additives. Here are some options:

- **Lay's Oven Baked:** Original flavor
- **Lay's Oven Baked:** Salt & Vinegar flavor
- **Lay's Kettle Cooked (40% Less Fat):** Original / Sea Salt flavor only
- **Cape Cod (Less Fat):** Original Sea Salt Potato Chips snack packs
- **Popchips:** Sea Salt or Sea Salt & Vinegar Potato Chips
- **Kettle Brand:** Air Fried Sea Salt Potato Chips snack packs
- **Boulder Canyon:** Canyon Cut Avocado Oil & Sea Salt Kettle Chips
- **Good & Gather (Target):** Baked Sea Salt Potato Chips
- **Tostitos:** Baked Tortilla Scoops
- **Siete:** All Flavors
- **Mission:** Baked Tortilla Strips or Rounds
- **SunChips:** Original 100% Whole Grain flavor only
- **Popcorners:** Sea Salt or Cinema Style Butter flavor (
- **Quaker Popped Rice Crisps:** Sea Salt flavor
- **Cheetos Simply NKD:** Puffs, Flaming Hot,
- **Doritos Simply NKD:** Cool Ranch, Nacho Cheese

OTHER ITEMS

All snacks must be completely free of peanuts, tree nuts, artificial food dyes, and the posted chemical additives. Here are some options:

- **Meat Jerky :** Jack Links or Pacific Gold (Original flavor only—verify zero artificial colorings or flavor enhancers on the label).
- **String Cheese & Snacks:** Frigo Light, Sargento, Lucerne, or Kraft (Plain part-skim mozzarella 1 oz sticks), Laughing Cow Babybel Light wheels, or light cheese wedges.
- **Yogurt:** Chobani, Dannon Oikos, or Yoplait (Plain non-fat or plain low-fat yogurt only—avoid colored or fruit-on-the-bottom varieties that utilize synthetic colorings).
- **Water:** Any brand plain, unflavored, uncarbonated, and unsweetened water.