

July & August 2026

K-8 LUNCH Menu

Monday

Corn Dog July 27

Fresh Fruit Variety
Vegetable of the Day
Choice of Milk
Alt/Veg Option Available

Chicken Nuggets Aug 3
Goldfish Crackers

Fresh Fruit Variety
Vegetable of the Day
Choice of Milk

Hot Dog on a Bun Aug 10
Sun-Chips

Fresh Fruit Variety
Vegetable of the Day
Choice of Milk

Chicken Patty Sandwich Aug 17

Fresh Fruit Variety
Vegetable of the Day
Choice of Milk
Alt/Veg Option Available

Soft Pretzel w/ Cheese Sauce Aug 24

WG Brownie
Fresh Fruit Variety
Vegetable of the Day
Choice of Milk

Tuesday

Chicken Alfredo July 28

Fresh Fruit Variety
Vegetable of the Day
Choice of Milk
Alt/Veg Option Available

Walking-Tacos Aug 4

Fresh Fruit Variety
Vegetable of the Day
Choice of Milk
Alt/Veg Option Available

Dutch Waffle Aug 11

Turkey Sausage
Fresh Fruit Variety
Vegetable of the Day
Choice of Milk

Beef or Cheese Nachos Aug 18

Fresh Fruit Variety
Vegetable of the Day
Choice of Milk
Alt/Veg Option Available

Beef Hamburger on a Bun Aug 25

Fresh Fruit Variety
Vegetable of the Day
Choice of Milk
Alt/Veg Option Available

Wednesday

Blueberry Waffles & Sausage July 29

Fresh Fruit Variety
Vegetable of the Day
Choice of Milk
Alt/Veg Option Available

French Toast Sticks Aug 5

Turkey Sausage
Fresh Fruit Variety
Vegetable of the Day
Choice of Milk

Chicken Tenders Aug 12

Gold Fish Crackers
Fresh Fruit Variety
Vegetable of the Day
Choice of Milk

Chicken Drumstick Aug 19

Corn Bread Star
Fresh Fruit Variety
Vegetable of the Day
Choice of Milk

Red Chicken Tamale Aug 26

Fresh Fruit Variety
Vegetable of the Day
Choice of Milk
Alt/Veg Option Available

Thursday

Cheese Stuffed Crust Pizza July 30

Fresh Fruit Variety
Vegetable of the Day
Choice of Milk
Alt/Veg Option Available

Square Cheese Pizza Aug 6

Fresh Fruit Variety
Vegetable of the Day
Choice of Milk
Alt/Veg Option Available

 **-Contains Pork** Aug 13

Pepperoni Stuffed Pizza
Fresh Fruit Variety
Vegetable of the Day
Choice of Milk

Cheese Bosco Stick Aug 20

Marinara Sauce
Fresh Fruit Variety
Vegetable of the Day
Choice of Milk

Square Cheese Pizza Aug 27

Fresh Fruit Variety
Vegetable of the Day
Choice of Milk
Alt/Veg Option Available



ARIZONA DEPARTMENT OF
EDUCATION

Arizona Healthy Schools Act

Beginning with the 2026–2027 school year, Arizona schools participating in federally funded meal programs may not serve or sell foods containing any of the law's 11 specified food additives during the regular school day. The banned ingredients are;

Potassium bromate
Propylparaben
Titanium dioxide
Brominated vegetable oil (BVO)
Yellow Dye 5 & 6
Blue Dye 1 & 2
Green Dye 3
Red Dye 3 & 40

Parents can still bring these foods for their own child.

ARTS ACADEMY AT ESTRELLA MOUNTAIN FOOD AND NUTRITION SERVICES

FAQ

Frequently Asked Questions

Q: If a parent brings in food for the class (i.e. class party) do these rules apply? Or can a parent only bring in foods for their child?

This state law prohibits the serving of or selling of ultra-processed foods at any point of the school day. This includes student celebrations, birthday parties, prizes/incentives, and classroom snacks. This law does not prevent a student's parent or guardian from providing ultra-processed food to their own child during the regular school day.

**WE ARE A
NUT-FREE CAMPUS**



All complete meals served to students are free of charge.

**K-5TH
BREAKFAST IS SERVED IN THE
CLASSROOM**

**6TH-8TH
BREAKFAST AVAILABLE
8AM-8:35AM IN THE CAFETERIA**

Adult Breakfast-\$3.00

Adult Lunch- \$5.00

Milk- \$.50

A la Carte items available for purchase

This organization is an equal opportunity provider.
2026/2027

July & August 2026 K-8 BREAKFAST Menu

Monday

July 27

Blueberry Muffin
Simply Go-Gurt
Fruit Variety
Choice of Milk

Aug 3

Cinni Minis
Fruit Variety
Choice of Milk

Aug 10

Cinnamon Roll
Fruit Variety
Choice of Milk

Aug 17

Blueberry Muffin
Simply Go-Gurt
Fruit Variety
Choice of Milk

Aug 24

Cinni Minis
Fruit Variety
Choice of Milk

Tuesday

July 28

Banana Chip Round
Fruit Variety
Choice of Milk

Aug 4

WG Pop-Tart
Simply Go-Gurt
Fruit Variety
Choice of Milk

Aug 11

Choco Chip Muffin Top
Fruit Variety
Choice of Milk

Aug 18

Banana Chip Round
Fruit Variety
Choice of Milk

Aug 25

WG Pop-Tart
Simply Go-Gurt
Fruit Variety
Choice of Milk

Wednesday

July 29

Mini WG Donuts
Fruit Variety
Choice of Milk

Aug 5

Banana Bread Slice
Fruit Variety
Choice of Milk

Aug 12

Soft-Filled
Cinnamon Toast
Fruit Variety
Choice of Milk

Aug 19

Mini WG Donuts
Fruit Variety
Choice of Milk

Aug 26

Banana Bread Slice
Fruit Variety
Choice of Milk

Thursday

July 30

Apple Frudel
Fruit Variety
Choice of Milk

Aug 6

Blueberry Muffin Top
Fruit Variety
Choice of Milk

Aug 13

Strawberry Mini Bagels
Fruit Variety
Choice of Milk

Aug 20

Apple Frudel
Fruit Variety
Choice of Milk

Aug 27

Blueberry Muffin Top
Fruit Variety
Choice of Milk



ARIZONA DEPARTMENT OF
EDUCATION

Arizona Healthy Schools Act

Beginning with the 2026–2027 school year, Arizona schools participating in federally funded meal programs may not serve or sell foods containing any of the law's 11 specified food additives during the regular school day. The banned ingredients are;

Potassium bromate
Propylparaben
Titanium dioxide
Brominated vegetable oil (BVO)
Yellow Dye 5 & 6
Blue Dye 1 & 2
Green Dye 3
Red Dye 3 & 40

Parents can still bring these foods for their own child.

ARTS ACADEMY AT ESTRELLA MOUNTAIN FOOD AND NUTRITION SERVICES

**FOR ADDITIONAL SCHOOL LUNCH
INFO PLEASE CONTACT
LLOPEZ@PLCCS.ORG**

Every meal we serve meets federal and state nutrition guidelines for healthy, balanced school meals.

- Whole grain-rich (WG)
- No artificial food dyes
- No banned additives or chemicals
- Low in saturated fat
- Low in added sugar
- Fresh fruits and vegetables
- Lean proteins and low-fat dairy

**WE ARE A
NUT-FREE CAMPUS**



All complete meals served to students are free of charge.

**K-5TH
BREAKFAST IS SERVED IN THE
CLASSROOM**

**6TH-8TH
BREAKFAST AVAILABLE
8AM-8:35AM IN THE CAFETERIA**

Adult Breakfast-\$3.00

Adult Lunch- \$5.00

Milk- \$.50

A la Carte items available for purchase

This organization is an equal opportunity provider.
2026/2027