Who, What, When...

At Family House, our goal is to provide dinner to guests Sunday through Thursday.

Breakfast
- Serving Time: 7:00 a.m. (8:00 a.m. on weekends)
- Number of Volunteers: Up to 10
- Number to Feed: Up to 40

Dinner
- Serving Time: 6:00 p.m.
- Number of Volunteers: Up to 10
- Number to Feed: Up to 70

Making a meal at Family House is a great way for businesses, clubs, student organizations, church, or neighborhood groups to serve our community while enjoying time together. On-site volunteers must be at least 18. We would be happy to advise you about off-site options for larger groups or youth volunteers.

Suggested Meal Plans

Meals can be as simple or involved as you prefer. Meals as simple as pizza and salad, or as exciting as a variety of entrees are welcomed. Here are some popular favorites, but you are only limited by your imagination.

- Taco Bar with all the fixin’s
- Rotisserie Chicken, Mashed Potatoes, Vegetables, and Rolls
- Lasagna, Spaghetti and Meatballs, Salad, and Bread
- Soups and Stew, Rice, Fruit Salad, Rolls
- Chicken Pot Pie, Rolls, and Dessert

Planning Your Meal

Family House staff are available to advise you throughout the meal planning process. Each team should have a leader who will:

- Contact the Volunteer Office to check and reserve meal dates
- Schedule a visit to familiarize yourself with kitchen equipment and layout
- Ensure all members of your group follow Family House policies and volunteer registration process
- Oversee advance planning, preparation, serving and clean-up on the day of the meal

Once your first meal is complete, we hope you will consider joining the valuable group of dedicated meal teams who brighten our kitchen on a monthly, bi-monthly or quarterly basis.

Check out the volunteer calendar here

F.A.Q.’s

Who provides the food?
Volunteer teams provide a complete buffet-style meal (main dish, sides, and dessert) and any beverages other than water.

What does Family House provide?
You do not need to bring plates, utensils, napkins, or cups. Coffee is available at breakfast by advance arrangement. Cleaning supplies and disposable gloves are provided.

What equipment is available?
The kitchen has 4 wall ovens, 2 cooktops, 3 dishwashers, and a selection of pots, pans and cooking utensils. We have a limited supply of disposable containers and food storage items.

Do we need to accommodate special diets?
This is not required, but please be prepared to answer any questions about ingredients used.

May we donate a meal instead of cooking it ourselves?
Yes. Please ask us about approved caterers and logistics for donating a meal.

What if there are leftovers?
Menu items should be easily packaged, labelled and stored in the Community Refrigerator, and reheated. Family House guests often arrive after a long day of appointments or travel, so be assured that leftovers will not go to waste.