

**Rochester Regional Health System Flower City Half Marathon Course**

(13.1 Miles)

Home Base: Blue Cross Arena

Start Time: 7:30AM

<b>Mile</b>	<b>Directions</b>
<b>Note: Mile Marks are approximate</b>	
<b>START</b>	Pole 12 (approx) – Broad Street Bridge (Blue Cross Arena)
	Left on Main Street
	Right on Madison Street
<b>1 Mile</b>	Susan B Anthony Home
	Left on Silver Street
	Right on Brown Street
	Right on Allen Street onto Morrie Silver Way
	Right on State Street
<b>2 Mile</b>	Under RR Bridge at State & Allen
	Left on Main Street
<b>2.5 Mile</b>	Corner of South/Main
	Right on East Avenue
<b>3 Mile</b>	Spot Coffee
<b>4 Mile</b>	George Eastman House
	Right on Brunswick Street
	Right on Park Avenue
<b>5 Mile</b>	Corner of Westminster/Park
	Left on Goodman Street
<b>6 Mile</b>	490/Goodman
	Right on Pinetum
<b>7 Mile</b>	Top of Hill at Pinetum/Doctors Road
	Veer Right onto Doctors Road
	Left on Mt Vernon
	Right on Alpine
	Cross South Avenue onto Robinson
	Cross Mount Hope into Mount Hope Cemetery
	Right on Cobblestone Road (D – Indian Trail/Ravine)
	Left on C – Indian Trail (by Susan B Anthony Plaque)
	Stay on U – Indian Trail (not seasonal road)
	Left on F/K – Hope/Indian Trail
	Right on K/L – Hope/Ravine
<b>8 Mile</b>	Right on I/K – Ravine/Fifth
	Bear Right at traffic circle
	Right on Indian Trail/Fifth
	Veer Left on M – Cedar
	Left on O – First/Cedar (Qmm)
	Right on O/Qmm – Grove/First
	Veer Right – stay on Grove
	Left on 17/21BB
<b>8.5 Mile</b>	Corner of Fireman's/Evergreen
	Stay on Firemans
	Left on 8/20BB – Wilson
	Left on 20BB/8 – Arlington/Wilson
	Right on Evergreen
<b>9 Mile</b>	Stay on Evergreen
	Right on Fifth/Evergreen

	Right on South
<b>Exit Cemetery</b>	Left out of Elmwood Exit
	Right onto Elmwood Avenue
	Right on Wilson
<b>10 Mile</b>	On Wilson before Hutchinson Rd
	Stay on Wilson
<b>11 Mile</b>	Pedestrian Bridge on Wilson
	Left on Ford St (over bridge)
	Right on Exchange Street
<b>12 Mile</b>	On Exchange Street
<b>FINISH</b>	Blue Cross Arena (at the parking inlet)