

Name	Week 1 - LOCK		Week 2 - LOCK		Week 3 - LOCK		Week 4		Week 5		Week 6		Week 7		Week 8		Week 9				Thru WK 7	
	5 miles, 200 burpees		Buy-in 5K		Broken 1/2 Mar		5-OM-5K		30/30		1/2 Murph		Hill Veak (1000')		1 mile TT		Handicapped 10K ("Par" = 40 min 10K)				Points	Rank
	Time	Rank	Time	Rank	Time	Rank	Time	Rank	Score	Rank	Time	Rank	Time	Rank	Time	Rank	Adj	Gross	Net	Rank		
Justin Pfruender	0:46:15	1	0:23:24	1	1:16:51	1	0:30:22	1	25	15	0:20:07	1	0:25:13	1	0:04:55	1	0:00:44	0:34:59	0:30:26	22	1	
Ben Steinberg	0:52:15	4	0:27:56	5	1:24:50	2	0:32:35	3	11	20	0:23:45	3	0:35:26	6	0:06:31	5	0:00:52	0:47:58	0:42:36	48	2	
Keith Davis	1:00:01	6	0:27:51	4	1:26:10	3	0:33:14	4	21	18	0:27:22	12	0:32:23	4	0:05:46	3	0:00:07	0:42:48	0:42:05	54	3	
Sarah Martin	1:05:00	10	0:33:14	14	1:53:17	10	0:38:47	9	67	4	0:24:35	6	0:36:48	7	0:07:06	10	0:01:27	0:56:52	0:47:53	70	4	
Austin Coats	1:00:22	7	0:30:12	10	1:40:53	8	0:42:47	12	50	10	0:28:34	14	0:33:43	5	0:07:09	11	0:01:30	0:50:15	0:40:57	77	5	
Maddeline Stambaugh	0:56:23	29	0:27:33	3	1:33:54	4	0:33:49	6	21	22	0:23:45	4	0:44:19	9	0:06:09	4	0:00:30	0:41:25	0:38:19	81	6	
Jason Felits	1:11:07	14	0:29:41	9	1:41:14	5	0:38:17	8	19	19	0:32:50	16	0:28:24	2	0:06:46	8	0:01:07	0:47:55	0:41:00	81	7	
Mark Edwards	0:49:24	3	0:33:57	16	2:03:42	13	0:43:08	14	65	5	0:27:46	13	1:20:10	16	0:08:15	15	0:02:36	0:57:02	0:40:55	95	8	
Malcom McDougal	2:00:00	28	0:29:06	7	1:41:21	6	0:44:30	16	67	3	0:43:28	21	1:00:51	12	0:06:42	7	0:01:03			100	9	
Erin Key	1:04:00	9	0:29:11	8	2:01:46	12	0:44:12	15	32	14	0:34:27	20	1:07:09	15	0:06:57	9	0:01:18	0:54:46	0:46:42	102	10	
David Martin	1:27:46	25	0:33:59	17	2:04:50	14	0:44:43	17	61	6	0:26:44	8	0:42:11	8	0:07:44	12	0:02:05			107	11	
Katelyn Sipes	1:02:01	8	0:30:41	11	1:45:00	9	0:42:52	13	24	16	0:28:23	22	0:21:37	21	0:07:58	13	0:02:19	1:00:47	0:46:25	113	12	
Julie Good	0:59:54	5	0:35:57	18	2:08:12	15	0:48:43	20	61	7	0:33:02	17	1:05:17	14	0:09:07	18	0:03:28	1:02:02	0:40:32	114	13	
J.K. Curry	1:27:00	24	0:37:57	19	1:58:11	11	0:51:39	23	44	11	0:27:00	9	1:05:00	13	0:08:54	16	0:03:15	1:00:46	0:40:37	126	14	
Taylor Coggins	1:20:04	22	0:39:28	21	2:59:42	22	0:45:54	18	83	1	0:28:43	22	0:49:49	10	0:09:21	19	0:03:42	1:08:19	0:45:23	135	15	
Joseph Miller	0:53:50	29	0:25:12	30	1:30:31	26	0:37:09	29	34	13	0:24:33	5	0:30:07	3	0:05:42	2	0:00:03	0:41:19	0:41:00	137	16	
Sharon Keller	1:18:00	21	0:40:51	24	2:40:33	20	0:48:38	19	61	8	0:27:00	9	2:02:24	18	0:10:17	20	0:04:38	1:17:04	0:48:20	139	17	
Kathleen Perry	1:12:53	16	0:39:39	22	2:39:28	19	1:04:04	26	8	21	0:27:06	11	0:53:44	11	0:08:08	14	0:02:29	0:58:00	0:42:36	140	18	
Carly Kemmis	1:16:41	20	0:38:45	20	2:22:46	16	0:58:39	24	22	17	0:32:16	15	1:27:13	17	0:08:58	17	0:03:19	1:12:01	0:51:27	146	19	
Katherine Johnson	1:15:32	19	0:41:39	25	3:36:00	25	0:51:14	22	57	9	0:33:57	18	2:10:00	19	0:12:12	22	0:06:33	1:37:00	0:56:23	159	20	
Amanda Emert	1:55:00	27	0:55:49	29	3:09:10	23	0:51:14	21	40	12	0:33:57	19	2:44:24	20	0:12:05	21	0:06:26	1:35:20	0:55:27	172	21	
Andrew Wild	0:55:22	29	0:26:11	30	1:29:37	26	0:34:46	7	NT	NT	0:23:18	2	0:36:07	21	0:06:33	6	0:00:54	0:45:29	0:39:54	inc		
Ashley Jackson	1:10:33	13	0:32:26	12	2:03:22	26	0:42:08	29	30	22	NT	NT	0:42:20	21	NT	NT	NT	NT	NT	inc		
Adam Key	0:54:07	29	0:28:36	30	1:58:50	26	0:40:29	11	74	2	0:24:39	7	NT	NT	NT	NT	NT	NT	NT	inc		
Adam Carlson	NT	NT	NT	NT	NT	NT	0:31:10	2	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	inc		
Chris Loignon	0:48:06	2	0:23:57	2	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	inc		
Christa Spear	1:11:38	15	0:41:56	27	2:23:39	18	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	inc		
Emily Taylor	NT	NT	0:28:43	6	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	inc		
Jade Costen	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	inc		
Jefficks	NT	NT	NT	NT	NT	NT	0:33:36	5	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	inc		
Jennifer Pierce	1:15:08	18	0:49:24	28	3:14:28	24	1:02:36	25	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	inc		
John Hausman	NT	NT	0:41:39	26	2:22:48	17	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	inc		
John Toivier Reel	1:20:23	23	0:33:48	15	1:43:41	7	0:39:35	10	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	inc		
Mary Comer	1:37:28	26	0:40:17	23	2:46:56	21	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	inc		
Melissa Evans	1:09:00	12	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	inc		
Meredith Walch	NT	NT	0:32:43	13	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	inc		
Mitzi Wood	1:13:39	17	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	inc		
Ned Erickson	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	inc		
Rebecca Francis	NT	NT	NT	NT	NT	NT	1:26:39	27	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	inc		
Sarah Horton	1:05:00	11	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	inc		
Tena Winnicki	NT	NT	NT	NT	NT	NT	1:26:39	28	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	inc		
Emily Davis	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	inc		
Will Cooper	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	inc		
Joel Noped	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	inc		

LD Score

4/15/20 29 4/15/20 30 4/22/20 26 4/29/20 29 5/6/20 22 5/13/20 22 5/20/20 21 5/27/20 23

\*\*Once a challenge is locked down, anyone completing the challenge from that time gets last place points