

## Trails within One Hour of Madison WI



**Blue Mounds State Park:** Has about 24 miles of trail really hilly, a mix of single track and wide-open trails and yes you can run the bike trails.  
4350 Mounds Park Rd, Blue Mounds, WI 53517

**Lake Kegonsa State Park:** Has about 4 miles of trail not too hilly, a mix of single track and wide-open trail.  
2405 Door Creek Rd, Stoughton, WI 53589

**Devil's Lake State Park:** Has about 15 miles of trail and the Ice Age Trail runs through the park for extra mileage, really hilly and a mix of single track and wide-open trails.  
S5975 Park Rd, Baraboo, WI 53913

**Yellowstone Lake State Park:** Has about 8 miles of trail a little hilly, a mix of single track and wide-open trails.  
8495 N Lake Rd, Blanchardville, WI 53516

**Governor Nelson State Park:** Has about 4 miles of trail a little hilly, mostly wide-open trails.  
5140 Co Hwy M, Waunakee, WI 53597

**Governor Dodge State Park:** Has about 40 miles of trail, definitely hilly with a good mix of single track and wide-open trails.  
4175 WI-23, Dodgeville, WI 53533

**Kettle Moraine State Forest Lapham Peak:** Has about 15 miles of trail and Ice Age Trail runs through the park, it is definitely hilly, with a mix of single track and wide-open trails.  
W329 N846, County Rd C, Delafield, WI 53018

**Donald County Park:** Has about 9 miles of trail definitely hilly, a mix of single track and wide-open trails.  
1945 WI-92 Trunk, Mt Horeb, WI 53572

**Indian Lake County Park:** Has about 6 miles of trail definitely hilly, a mix of single track and wide-open trails.  
8183 WI-19, Cross Plains, WI 53528

**Lake Farm County Park:** Has about 3 miles of trail not too hilly, a mix of single track and wide-open trails. If you want, you can also park at McDaniel Park and run the boardwalk to the trails that would add 2 more miles to it.  
4401 Libby Rd, Madison, WI 53711

**McCarthy County Park:** Has about 3 miles of trail, a little hilly and wide-open trail.  
4841 Co Hwy TT, Cottage Grove, WI 53527

**Cherokee Marsh Conservation Park:** has about 3 miles of trail, not too hilly and wide-open trails.  
6098 N Sherman Ave, Madison, WI 53704

**Pheasant Branch Conservancy:** Has about 4 miles of trails a little hilly, mostly wide-open trails.  
3819-3829 Pheasant Branch Rd, Middleton, WI 53562

**University of Wisconsin - Madison Arboretum:** Has about 7 miles of trails and is not too hilly, with a mix of single track and wide-open trails.  
1207 Seminole Hwy, Madison, WI 53711

**Ice Age Reserve Wildlife Area / Gretchen's Gorge is the nickname:** Has about 7 miles of trail, definitely hilly, a mix of single track and wide-open trail.  
8027 Old Sauk Pass Rd, Cross Plains, WI 53528

**Ice Age Montrose and Brooklyn segments:** Is about 12 miles out and back definitely hilly pretty much all single-track trails.  
6688 Frenchtown Rd, Belleville, WI 53508

**Ice Age Trail Junction Area:** About 4 miles out and back one way and about 4 miles out and back the other way a little hilly, a mix of single track and wide-open trails.  
7701 McKee Rd, Verona, WI 53593

**Ice Age Lodi Marsh:** It is about 10 miles out and back definitely hilly, pretty much all single-track trails.  
WI-113, Lodi, WI 53555

**Ice Age Gibraltar Rock:** It is about 9 miles out and back really hilly, all single-track trails. If that parking lot is not open, you can start at the South Ferry Terminal Lake Wisconsin Parking lot.  
W12350 Co Rd V, Lodi, WI 53555

**Ice age Cross Plains and Table Bluff Segments:** The Cross Plains is about 4 miles out and back all single track and hilly, the Table Bluff is about 5 miles out and back all single track and hilly. They are about 1.5 miles of road between them if you wanted to connect them.  
Ice Age National Scenic Trail, Cross Plains, WI 53528  
8837 Scheele Rd, Cross Plains, WI 53528

**Nordic Skiing and Hiking Trails / John Hiking-Biking Trails:** If you combine the two trails' systems you can get about 20 to 30 miles of trail that also links up to the Ice Age Trail. Definitely hilly with a mix of single track and wide-open trails.  
N9084 Co Rd H, Whitewater, WI 53190

**Glacial Drumlin Trail:** It is 52 miles from point to point starting in Cottage Grove and ending in Waukesha, flat and wide-open trail.

**Badger State Trail:** It is 40 miles from point to point starting in Fitchburg and ending at the Wisconsin and Illinois border, flat and wide-open trail. If you start at the Oregon parking lot and go left it is all trail if you go right, it is 6 miles of pavement. It also links up to the Ice Age Montrose segment.  
Badger State Trail, Oregon, WI 53575

**Military Ridge State Trail:** It is 40 miles from point to point, it starts in Dodgeville and ends in Verona. It is flat and wide-open trail with a little asphalt stretch.