

## **Trails within 1 hour of Madison**

### **Fleet Feet Madison & Sun Prairie**

**Blue Mounds State Park:** Has about 24 miles of trail really hilly, a mix of single track and wide-open trails and yes you can run the bike trails. And trail links to Brigham Park.

*4350 Mounds Park Rd, Blue Mounds, WI 53517*

**Lake Kegonsa State Park:** Has about 4 miles of trail not too hilly, a mix of single track and wide-open trail.

*2405 Door Creek Rd, Stoughton, WI 53589*

**Devil's Lake State Park:** Has about 15 miles of trail and the Ice Age Trail runs through the park for extra mileage, really hilly and a mix of single track and wide-open trails.

*S5975 Park Rd, Baraboo, WI 53913*

**Yellowstone Lake State Park:** Has about 10 miles of trail hilly, a mix of single track and wide-open trails.

*8495 N Lake Rd, Blanchardville, WI 53516*

**Governor Nelson State Park:** Has about 4 miles of trail a little hilly, mostly wide-open trails.

*5140 Co Hwy M, Waunakee, WI 53597*

**Governor Dodge State Park:** Has about 40 miles of trail, definitely hilly with a good mix of single track and wide-open trails.

*4175 WI-23, Dodgeville, WI 53533*

**New Glarus Woods State Park:** Has about 5 miles of trail, hilly, a mix of woods and grassy trails

*W5446 County Highway Nn, New Glarus, WI 53574*

**Natural Bridge State Park:** Has about 3 miles of trail with a mix of single track and open trails and moderately hilly.

*E7792 Co Rd PF, North Freedom, WI 53951*

**Kettle Moraine State Forest Lapham Peak:** Has about 15 miles of trail and Ice Age Trail runs through the park, it is definitely hilly, with a mix of single track and wide-open trails.

*W329 N846, County Rd C, Delafield, WI 53018*

**Donald County Park:** Has about 9 miles of trail definitely hilly, a mix of single track and wide-open trails.

*1945 WI-92 Trunk, Mt Horeb, WI 53572*

**Indian Lake County Park:** Has about 8 miles of trail definitely hilly, a mix of single track and wide-open trails.

*8183 WI-19, Cross Plains, WI 53528*

**Lake Farm County Park:** Has about 3 miles of trail not too hilly, a mix of single track and wide-open trails. If you want, you can also park at McDaniel Park and run the boardwalk to the trails that would add 2 more miles to it.

*4401 Libby Rd, Madison, WI 53711*

**McCarthy County Park:** Has about 3 miles of trail, a little hilly and wide-open trail.

*4841 Co Hwy TT, Cottage Grove, WI 53527*

**Silverwood County Park:** Has about 5 miles of trail, a little hilly and a good mix of trail.

*771 Silver Ln, Edgerton, WI 53534*

**Morton Forest:** Has about 3 miles of trail with a mix of single track and open trails and moderately hilly.

*5169 Reeve Rd, Mazomanie, WI 53560*

**Olson Woods State Natural Area:** Has about 3 to 4 miles of trail with a mix of single track and open trails.

*1680 Fritz Rd, Verona, WI 53593*

**Elver Park:** Has about 4 miles of trail hilly, with a mix of single - track, wide open and woods

*1250 McKenna Blvd, Madison, WI 53719*

**Pleasant Valley Conservancy:** Has about 3 miles of trail with a mix of single track and open trails and not too hilly.

*4609 Pleasant Valley Rd, Black Earth, WI 53515*

**Rocky Run Oak Savanna Trail:** It has about 9 miles of out and back trails mix of single track and open trails and moderately hilly.

*Highway 22 Phillips Rd, Pardeeville, WI 53954*

**Rowan Creek Trail:** Has about 3 miles of trail with a mix of single track and open trails and not that hilly.

*W Mill St, Poynette, WI 53955*

**Picnic Point:** Has about 3 to 4 miles of trail mix of single track and wide open with some hills.

*2000 University Bay Dr, Madison, WI 53705*

**Cherokee Marsh Conservation Park:** has about 3 miles of trail, not too hilly and wide-open trails. And at the South Loop it is about 3 miles of not too hilly trails.

*6098 N Sherman Ave, Madison, WI 53704*

**Pheasant Branch Conservancy:** Has about 4 miles of trails a little hilly, mostly wide-open trails.

*3819-3829 Pheasant Branch Rd, Middleton, WI 53562*

**Rockport Park:** Has about 4.5 miles of some hilly single track trails.

*2801 Rockport Rd, Janesville, WI 53548*

**Gibbs Lake Park:** Has about 4 miles, a mix of wide open and woodsy.

*9103 W Gibbs Lake Rd, Edgerton, WI 53534*

**University of Wisconsin - Madison Arboretum:** Has about 7 miles of trails and is not too hilly, with a mix of single track and wide-open trails.

*1207 Seminole Hwy, Madison, WI 53711*

**Black Hawk Unit Trailhead:** Has about 11 miles of hilly trails, mix of single track and wide open.

*7078 WI-78, Mazomanie, WI 53560*

**Baxtore's Hollow Trail:** It is a 6.7 miles out and back single track and moderately hilly

*Stones Pocket Rd, North Freedom, WI 53951*

**Cross Plains State Park and Ice Age Cross Plains segment:** Has about 10 miles of trail, definitely hilly, a mix of single track and wide-open trail.

*8027 Old Sauk Pass Rd, Cross Plains, WI 53528*

**Ice Age Cross Plains off Stagecoach road:** Has about 4 miles of trail out and back, a mix of open trail and single track with some hills.

*Stagecoach Rd, Cross Plains, WI 53528*

**Ice Age Montrose and Brooklyn segments:** Is about 12 miles out and back definitely hilly, pretty much all single-track trails.

*6688 Frenchtown Rd, Belleville, WI 53508*

**Ice Age Trail Junction Area Madison / Verona:** About 4 miles out and back one way and about 4 miles out and back the other way a little hilly, a mix of single track and wide-open trails.

*7701 McKee Rd, Verona, WI 53593*

**Ice Age Verona Segment:** If you start at M and take the trail south and cross PB it is all single track and about 5 miles out and back with a little loop.

*1000 Solar Ct, Verona, WI 53593*

**Ice Age Lodi Marsh:** It is about 10 miles out and back, definitely hilly, pretty much all single-track trails.

*WI-113, Lodi, WI 53555*

**Ice Age Gibraltar Rock:** It is about 9 miles out and back really hilly, all single-track trails. If the parking lot is not open, you can start at the South Ferry Terminal Lake Wisconsin Parking lot.

*W12350 Co Rd V, Lodi, WI 53555*

**Ice Age Arbor Ridge and Devil's Staircase:** Has about 4.5 miles of trail with some hills and a creek crossing, mostly single track and woodsy.

*2762 N Co Rd E #2600, Janesville, WI 53548*

**Ice age Cross Plains and Table Bluff Segments:** The Cross Plains is about 4 miles out and back all single track and hilly, the Table Bluff is about 5 miles out and back all single track and hilly. There are about 1.5 miles of road between them if you wanted to connect them.

*Ice Age National Scenic Trail, Cross Plains, WI 53528*

*8837 Scheele Rd, Cross Plains, WI 53528*

**Ice Age Southern Kettle Unit:** It is about 32 miles of connecting trails from point to point, definitely hilly.

**Nordic Skiing and Hiking Trails / John Hiking-Biking Trails:** If you combine the two trails' systems you can get about 20 to 30 miles of trail that also links up to the Ice Age Trail. Definitely hilly with a mix of single track and wide-open trails.

*N9084 Co Rd H, Whitewater, WI 53190*

**Parfrey's Glen State Natural Area:** This Segment links into Devil's Lake ice age loop and is mostly single track and definitely hilly.

*1377 County Rd DL, Merrimac, WI 53561*

**Ice Age Merrimac Segment:** Is a 7 mile from point to point that is single track, hilly and leads into the Devil's Lake ice age loop.

*Ice Age National Scenic Trail, S7162 Marsh Rd, Merrimac, WI 53561*

**Glacial Drumlin Trail:** It is 52 miles from point to point starting in Cottage Grove and ending in Waukesha, flat and wide-open trail.

**Badger State Trail:** It is 40 miles from point to point starting in Fitchburg and ending at the Wisconsin and Illinois border, flat and wide-open trail. If you start at the Oregon parking lot and go left it is all trail if you go right, it is 6 miles of pavement. It also links up to the Ice Age Montrose segment.

**Military Ridge State Trail:** It is 40 miles from point to point, it starts in Dodgeville and ends in Verona. It is a flat and wide-open trail with a little asphalt stretch.

**Sugar River Trail:** The Sugar River State Trail follows an abandoned railroad line in south central Wisconsin for 24 miles from New Glarus to Brodhead.