



RUN & WALK AGAINST HUNGER 2019

NOV 28



**MICHAEL DAVID
FAMILY FOUNDATION**

EMERGENCY
FOOD BANK
Nutrition • Education • Health

Banner Island Ballpark
404 West Fremont Street
Race Day Registration | 6:30 am - 8:25 am
Kids 1/4 Mile Run | 8:00 am
5K Run/Walk & 10K Run | 8:30 am

5K Run/Walk & 10K Run
\$40 Aug. - Oct. 31 | \$45 Nov. 1 - Race Day
Kids 1/4 Mile Run (9 years & under)
\$15 Aug. - Oct. 31
\$20 Nov. 1 - Race Day

Join us for the 15th Annual Run & Walk Against Hunger! A Thanksgiving Morning tradition benefiting the Emergency Food Bank Stockton/San Joaquin

The 2019 Run & Walk Against Hunger, an annual event for the whole family features a 5K run/walk, 10K run only, and a Kids 1/4 mile run.

The flat, fast out and back course starts in front of Banner Island Ballpark and takes participants through Stockton's scenic Weber Point and Waterfront area. Walkers have their own scenic course along the Waterfront. Strollers and wheelchairs are welcome, but please, line up behind the runners to help avoid any possible collisions.

Participants will receive an official 2019 Run & Walk Against Hunger shirt (size not guaranteed if registered after 10/31) with the option of upgrading to a technical shirt for an additional \$10.

Take advantage of discounted fees during Early Bird registration starting in August and ending October 31st. Fees increase November 1st. Register online, by mail, at Fleet Feet Stockton November 25-27 or on race day.

Online Registration available at www.itsyourrace.com (service fees apply)
 Early packet pick up: Fleet Feet Stockton (277 Lincoln Center), Nov 25-27 from 10am until 6pm. **Bring 3 non-perishable food items and receive 15% off your entire day's purchase at Fleet Feet Stockton!** Donations go to the Emergency Food Bank.

Mail-In Registration Deadlines: To receive Early Bird pricing, forms must be postmarked no later than **Oct. 31**
 Tech shirt upgrades must be received by **Oct. 31**. All other mail-in forms must be received by **Nov. 18**

One form per person - Please complete ALL questions & print clearly. Questions? call 209.464.7369 or email RAWAH@stocktonfoodbank.org
 Mail completed form(s) and payment to: Emergency Food Bank, 7 West Scotts Avenue Stockton, CA 95203

LAST NAME _____ FIRST NAME _____ AGE (ON 11/28/19) _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

EMAIL _____ PHONE () _____

GENDER M F LONG-SLEEVED COTTON SHIRT SIZE Youth S Youth M Adult S Adult M Adult L Adult XL Adult XXL (add \$5)

Choose event and total fees:

_____ 5K Run/Walk	\$40 \$45 starting Nov. 1.....	\$ _____
_____ 10K Run	\$40 \$45 starting Nov. 1.....	\$ _____
_____ Kids 1/4 Run (9 & under only):	\$15 \$20 starting Nov. 1.....	\$ _____

Optional Items:

_____ Adult XXL long-sleeved cotton shirt - add \$5	\$ _____
_____ Upgrade to Tech Shirt (available in S-XL only): add \$10	\$ _____
(Tech shirt upgrade entry forms must be received at the Food Bank by 10/31/19. Tech Shirts run small - NO EXCHANGES OR REFUNDS)	
_____ Additional donation to the Emergency Food Bank (make checks payable to Emergency Food Bank or EFB).....	\$ _____

Waiver: In consideration of this entry application, I hereby, intending to be legally bound for myself, my heirs, executors and administrators, waive and release any and all rights and claims or damages I may accrue against the persons or organizations affiliated with this event (including the Emergency Food Bank Stockton/San Joaquin, Fleet Feet Sports Stockton, On Your Mark Events, Stockton Ports, City of Stockton and any and all sponsors) for any and all injuries that may be suffered by me at or en route to or from the event I attest that I am physically fit and sufficiently trained for this event. Attendance at the event is consent to be recorded/photographed. As part of the waiver, I acknowledge that I have read and understand all of the above.

Signature of Participant (or parent/legal guardian if participant is under 18 years of age)

Date _____

Official Use Only

BIB #