

Thanks for pre-registering online for [2016 Sweetheart Run](#) on Saturday February 13, 2016.

Please take a moment to read this email as it contains important race information.

Race location: Fleet Feet Blue Dome, 2<sup>nd</sup> and Frankfort Avenue in downtown Tulsa (418 E. 2<sup>nd</sup> Street)

Packets can be picked up beginning Wednesday, February 10, 2016 at 10 am at all three stores. Pick up at the store your indicated when you registered. Packets can be picked up as follows:

Blue Dome	2/10/16 10 am to 7pm, 2/11/16 10:00 am to 7:00 pm, 2/12/16 10:00 am to 7:00 pm
KingsPointe Village	2/10/16 10 am to 7:30pm, 2/11/16 10:00 am to 7:30 pm, 2/12/16 10:00 am to 7:00 pm
Broken Arrow (Dallas and Main)	2/10/16 10 am to 7pm, 2/11/16 10:00 am to 7:00 pm, 2/12/16 10:00 am to 7:00 pm

Packets can also be picked up on race day beginning at 7:00 am. Packets will be located in the tent in the back parking lot of Fleet Feet Blue Dome (2<sup>nd</sup> and Frankfort)

**Finisher Medals:**

The 5km medals are actually heart shaped medallions, while the 10km medals are traditional medals with a neck ribbon. The two medals interlock – so if you do both the 5k and 10k you can insert the 5k medallion into the 10k medal to form a new DOUBLER medal.

**Timing:**

For the timed races (5 km and 10 km) your bib is affixed with a timing tag on the back. Just wear your bib on the front OUTSIDE of your clothing. IMPORTANT: If you are in the DOUBLE, you will wear the same race number/timing tag for both races! Do not remove the race number between races.

Wear your race number on the front of your body! This is very important as our second back-up timing method requires us to see your race number. Do not cover your race number and do not wear it on your back!

The Fun Run is not timed.

**Race Start Times:**

5 KM: 7:45 am  
10 KM: 8:30 am  
1 KM Fun Run & Walk: 8:35am

Click here to view the course map: [http://files.www.fleetfeettulsa.com/races/sweetheart-race-2016/certified\\_course\\_maps.pdf](http://files.www.fleetfeettulsa.com/races/sweetheart-race-2016/certified_course_maps.pdf)

If you are in the 10k, please stay clear of the FINISH LINE as you line up for the start of your race. The FINISH LINE will be active as the 5 km will be underway. If you are a DOUBLER and will finish the 5 km in more than 45 minutes, once you finish the 5km proceed to the start line to begin the 10 km. Note the 10 km will start 45 minutes after the 5km starts.

**Parking:** There is free parking on the street near the store and in the old KOTV parking lot near 4<sup>th</sup> and Frankfort. The large parking lot across the street to the north of Fleet Feet Blue Dome is a pay lot for \$5. Lots near McNellie's north of 1st Street are free to park in. This is a large race with nearly 2000 participants. So arrive early to find a parking spot.

**Post-Race Details:**

**Beverages:** Enjoy post-race beverages by showing your race number (please bring your ID if you wish to have an adult beverage in order to receive an over 21 wristband). Beer provided by Marshall's Brewing!

**Food:** We will be cooking pancakes, as is the tradition for the Sweetheart Run! The pancake breakfast will be in the back parking lot.

**Entertainment:** Enjoy music played by our DJ in the back parking lot after the race.

**Awards:** Overall awards (1st place male and 1st place female in 5km and 10km) will be announced from the DJ booth in the back parking lot at 10:15 am. Age group awards for the 5km and the 10km will be available for pickup at the awards tent in the back parking lot once results are final for each race.

**Race Results:** Printed listings of age group winners will be posted in the back parking lot. During the race results will be posted online; see the scan-able signs that will be posted in and around Fleet Feet Blue Dome in order to access results with your smart phone.

**SALE:** Special Sweetheart Run Sale and Specials! We will have several great sales and specials at Fleet Feet Blue Dome on Saturday, including some deep discounted items. Stapped to your race number is a special offer as well. A large race style expo will be set up in the 52 Fitness space next to Fleet Feet Blue Dome – lots of great deals on shoes, apparel and accessories.

Thanks again for registering! Engage with us on Facebook and watch our website for any race related announcement.

Post-race results will be posted online to our website and Facebook, and follow us on Facebook to see race photos and video! Our photos are always free for you to download and use. A link to the photo album for the event will be provided after the race on both our Facebook page and our website ([www.fleetfeettulsa.com](http://www.fleetfeettulsa.com))