

2016 Cinco de Mayo Run

Tulsa Area Schools Information Sheet

1. Race Date Friday, May 6th, 2016
2. Race Distance Fun Run – One Mile
Road Race – 5 km (3.1 miles)
3. Race Times One Mile Fun Run – 6:30 pm
5 km – 7:00 pm
4. Start Location – Veterans Park, downtown Tulsa. Start and Finish lines are on north edge of Veterans Park near Main Street and 18th.
5. Finish Location – on Veterans Park Drive, just east of Boulder Ave.
6. Entry Fees for Youth Age 12 and Under
 - a. One Mile Fun Run
 - a. Without T-Shirt Free
 - b. With T-Shirt \$12.00
 - b. 5 KM Run
 - a. Without T-Shirt \$12.00
 - b. With T-Shirt \$20.00
7. Youth medium and youth large T-shirts are available –circle YM or YL on entry form. Adult sizes are also available – S, M, L, XL, and XXL
8. A race entry form must be completed and signed by a parent or guardian for every entrant, even those who will run for free. A race entry form is included in this packet. Please feel free to make as many copies as necessary.
9. Indicate school name on entry form in space provided. If parents or friends of students participate with student, they should also indicate the school name on their entry form. A total school participation (based on entries) will be provided to each school after the event. We will award prize money to the top three schools based on entries as follows:
 - a. 1st Place \$500
 - b. 2nd Place \$350
 - c. 3rd Place \$150

10. We prefer that completed entry forms be filled out online, or turned in as a group by each school's coordinator to Barb DeVries c/o Fleet Feet Sports Tulsa, located in KingsPointe Village at 61st and Yale in Tulsa. Please return entry forms to Fleet Feet by Friday, April 29th, 2016.
11. **Online registration is available and preferred. Please direct your students/teachers/parents to register online at:**

<http://www.fleetfeettulsa.com/races/cinco-de-mayo>

**The free student age 12 and under option can be completed online!
No credit card is necessary to complete this option and no charge to the entrant will be made for this special category.**
12. Race numbers need to be pinned to the front of each participants clothing.
13. Only the 5 km run will be timed using the D-tag timing device. Remove the D-Tag from the back of the race bib and attach to shoe. Instructions are printed on the tag.
14. The Fun Run will not be timed/scored, but all finishers will receive a finisher's medal.
15. No strollers, dogs, rollerbladers, skate boards, bicycles allowed on course. Only runners and walkers.
16. More race info is available at <http://www.fleetfeettulsa.com/races/cinco-de-mayo>
17. Questions – contact Barb DeVries at Fleet Feet 918-492-3338 or email at barb@fleetfeettulsa.com and please copy tim@fleetfeettulsa.com



2016 Cinco de Mayo 5k Run/Walk Friday Evening, May 6th 2016

Details:

The 2016 race will start and finish near the north end of Veterans Park in Tulsa, located at 18th and Boulder Avenue. Plenty of free parking is available to the north of the park in surface lots. Handicapped parking will be available in the lot near Spirit Bank on the north end of the park. Registration will be in the parking lot on the north end of the park by 18th and Main Street. The race starts and finishes at Veterans Park near 18th and Main in downtown Tulsa. The course runs through downtown.

The 5km run is electronically timed with D-TAG. DO NOT bend or remove timing device from bib.

Start Times:

One Mile Fun Run (not timed) 6:30 pm

5 km Run (timed) 7:00 pm

T-Shirts and Awards:

All entrants will receive a short-sleeve 100% cotton race t-shirt and medal. Medals will also be given to all the Fun Run Finishers

- Overall Male and Female - 5 KM
- Standard age groups (first three finishers) - 5 KM
- Walkers (first three finishers) - 5 KM
- Clydesdale and filly (first three finishers) - 5 KM

Medals for all Finishers— all races!

Proceeds:

Proceeds from the event will benefit Public and Private Schools through our school challenge program, which awards local elementary schools based on participation.

Registration:

5 KM RUN:

- \$35.00 Age 13 and Over
- \$20.00 Age 12 and Under, w/SHIRT
- \$12.00 Age 12 and Under, NO SHIRT

ONE MILE FUN RUN:

- \$20.00 Age 13 and Over
- \$12.00 Age 12 and Under, w/SHIRT
- FREE Age 12 and Under, NO SHIRT

Questions:

Contact Fleet Feet by calling 918-492-3338.
Fleet Feet Sports Blue Dome
418 E. 2nd Street
Tulsa, OK 74120



Friday, May 6th, 2016 School Name (School Challenge Only) _____

2016 Cinco de Mayo Run Entry Form - Please Print Entry Information Below:

Event (check one): 5 km Run 5 km Racewalker (not judged) One Mile Fun Run

Official use only:

Weight (5 km only) _____ (Clydesdales >170 lbs, Athena >145 lbs, results age graded)

Name _____ Age on Race Day _____ DOB _____ Gender _____

Address _____ City _____ State _____ Zip _____

Phone _____ T-shirt size (circle one) YS YM YL S M L XL XXL

Email Address _____

Waiver: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that although police protection will be provided there will be a possibility of traffic on the course. I assume the risk of running in traffic. I also assume any and all other risks associated with running this event including but not limited to falls, contact with other participants, the effects of the weather, including high heat and/or humidity and the conditions of the roads, all risks being known and appreciated by me. Furthermore, I agree to yield to all emergency vehicles. I am also fully aware that baby strollers and wheels of any kind (except competitive wheelchairs) animals and head phones are strictly prohibited and I agree not to have them on the course. Furthermore I agree not to go back into the course after finishing. Knowing these facts and in consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive and release and discharge any and all race sponsors, race officials, volunteers, local and state police including any and all of their agents, employees, assigns, or anyone acting for or on their behalf from any and all claims or liability for death, personal injury, or property damage of any kind or nature whatsoever arising out of, or in the course of my participating in this event whether same be caused by negligence or fault. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. The undersigned further grants permission to sponsors and/or agents authorized by them to use any photos, video tapes, motion pictures, or any other record of this event for any purpose. **Minors accepted only with parent or guardian's signature.** No refunds. No makeup rain date. Lost Timing Chip will be charged to participant. Shirt size not guaranteed.

Signed _____ (waiver must be signed to participate)